# ANTIBIOTICS SURVEILLANCE PROGRAM: SURVEY ON THE RESISTANCE PATTERNS OF MICROORGANISMS TO ANTIBIOTICS IN NOSOCOMIAL INFECTIONS



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Department of Pharmacy Practice KMCH COLLEGE OF PHARMACY KOVAI ESTATE, KALAPATTI ROAD, COIMBATORE-641 048.



**Dr. A. Rajasekaran, M.Pharm., Ph.D** Principal, KMCH College of Pharmacy, Kovai Estate, Kalappatti Road, Coimbatore - 641 048. (T.N)

#### **CERTIFICATE**

This is to certify that the dissertation work entitled "ANTIBIOTICS SURVEILLANCE **PROGRAM:** SURVEY ON THE RESISTANCE PATTERNS OF MICROORGANISMS TO **ANTIBIOTICS** IN NOSOCOMIAL INFECTIONS" submitted by Mr. Sheril K.C, is a bonafide work carried out by the candidate under the guidance of Mr. K. Chandrasekaran M. Pharm., and submitted to the Tamil Nadu Dr. M.G.R. Medical University, Chennai, in partial fulfillment for the Degree of Master of Pharmacy in Pharmacy Practice at the Department of Pharmacy Practice, KMCH College of Pharmacy, Coimbatore, during the academic year 2010-2012.

> Dr. A. Rajasekaran, M.Pharm., Ph.D Principal

K Chandrasekaran, M. Pharm., Asst. Professor & Clinical Pharmacist, Department of Pharmacy Practice, KMCH College of Pharmacy Coimbatore.

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> K Chandrasekaran, M. Pharm., Assistant Professor & Clinical Pharmacist.

#### **DECLARATION**

I do hereby declare that the dissertation work entitled "ANTIBIOTICS SURVEILLANCE PROGRAM: SURVEY ON THE RESISTANCE PATTERNS OF MICROORGANISMS TO **ANTIBIOTICS** IN NOSOCOMIAL INFECTIONS" submitted to the Tamil Nadu Dr. M.G.R. Medical University, Chennai, in partial fulfillment for the Degree of Master of Pharmacy in Pharmacy Practice, was done by me under the guidance of Mr. K. Chandrasekaran, M.Pharm., at the Department of Pharmacy Practice, KMCH College of Pharmacy, Coimbatore, during the academic year 2010-2012.

SHERIL KC

#### **EVALUATION CERTIFICATE**

This is to certify that the dissertation work entitled "ANTIBIOTICS SURVEILLANCE PROGRAM: SURVEY ON THE RESISTANCE PATTERNS MICROORGANISMS TO **ANTIBIOTICS** OF IN NOSOCOMIAL INFECTIONS" submitted by Mr. Sheril K.C, Reg. No: 26107290 to the Tamil Nadu Dr. M.G.R. Medical University, Chennai in partial fulfillment for the Degree of Master of Pharmacy in Pharmacy Practice is a bonafide work carried out by the candidate at the Department of Pharmacy Practice, KMCH College of Pharmacy, Coimbatore and was evaluated by us during the academic year 2010-2012.

**Examination Center:** KMCH College of Pharmacy, Coimbatore.

Date:

**Internal Examiner** 

**External Examiner** 

**Convener of Examinations** 



# DEDICATED TO MY DAD

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### **LIST OF ABBREVIATIONS**

AMR	-	Antimicrobial Resistance	
BSI	-	Blood Stream Infections	
BW	-	Birth Weight	
CAP	-	Community Acquired Pneumonia	
CAUTIs	-	Catheter Associated Urinary Tract Infections	
CDC	-	Center for Disease Control and Prevention	
EARSS	-	European Antimicrobial Resistance Surveillance	
		System	
HAI	-	Hospital Acquired Infections	
HCAP	-	Health Care Associated Pneumonia	
ICU	-	Intensive Care Unit	
MDR-TB	-	Multi Drug Resistant Tuberculosis	
MLST	-	Multi Locus Sequence Typing	
MRSA	-	Methicillin Resistant Staphylococcus Aureus	
NDM-1	-	New Delhi Metallo beta lactamase	
NICU	-	Neonatal Intensive Care Unit	
NIs	-	Nosocomial Infections	
NNIS	-	National Nosocomial Infection Surveillance	
PABA	-	Para Amino Benzoic Acid	
PBP	-	Penicillin Binding Protien	

pBSI	-	Primary Blood Stream Infection
PDR	-	Potentially Drug Resistance
PFGE	-	Pulsed Field Gel Electrophoresis
RICU	-	Respiratory Intensive Care Unit
SICU	-	Surgical Intensive Care Unit
SOFA	-	Sepsis Related Organ Failure Assessment
SSTI	-	Skin and Soft Tissue Infections
TBSAB	-	Total Body Surface Area Burn
VRE	-	Vancomycin Resistant Enterococci
WHO	-	World Health Organization
XDR-TB	-	Extensively Drug Resistant Tuberculosis

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#### **INTRODUCTION**

The emergence of resistance to antimicrobial agents is a global public health problem, particularly in pathogens causing nosocomial infections. Antimicrobial resistance results in increased illness, deaths, and health-care costs. The distribution of pathogens causing nosocomial infections, especially antimicrobial-resistant pathogens, changes with time and varies among hospitals and among different locations in the same hospital.<sup>1</sup>

The increasing number of immunocompromised patients and increased use of indwelling devices, as well as widespread use of antimicrobial agents in hospital settings, particularly in intensive care units (ICUs), contributes to antimicrobial resistance among pathogens causing nosocomial infections.

#### **ANTIMICROBIAL RESISTANCE (AMR):**

AMR is the expression of the ability of microbes to resist the actions of naturally occurring or synthetically produced compounds inimical to their survival. In a clinical context, AMR refers to a reduction in clinical efficacy so that either the benefits for the individual of treatment with an antimicrobial drug or the benefits to general public health are compromised. (WHO)<sup>2</sup>

#### CAUSE:

- Inadequate national commitment to a comprehensive and coordinated response, ill defined accountability and insufficient engagement of communities;
- Weak or absent surveillance and monitoring systems;

- Inadequate systems to ensure quality and uninterrupted supply of medicines
- Inappropriate and irrational use of medicines, including in animal husbandry:
- Poor infection prevention and control practices;
- Depleted arsenals of diagnostics, medicines and vaccines as well as insufficient research and development on new products.<sup>3</sup>

An important cause of increasing antibiotic resistance is the selection of resistant bacterial strains by mutation and transfer of mobile resistance genes as a result of excessive antibiotic prescribing by hospital doctors. Increasing antibiotic resistance also caused by transmission of resistant bacteria within hospitals by cross colonization of patients via the hands of health care staff and subsequent spread between hospitals by transfer of colonized patients.

The use of antimicrobial agents is a powerful selective force that promotes the emergence of resistant strains. Thereby, the growth of antimicrobial resistance led a signal to reduce unnecessary antibiotic use and to improve treatment protocols to maximize the lifespan of these drugs. To reduce antimicrobial resistance, multiple and often conflicting recommendations have been made, which includes reduction of all antimicrobial classes, increased use of prophylactic antimicrobials to reduce colonization, rotation of different antibiotic classes in a temporal sequence, and simultaneous use of different antimicrobials for different patients.

Strategies to control antibiotic resistance in hospitals include multidisciplinary cooperation in implementing local policies on use of antibiotics and infection control measures, timely detection and reporting of the antibiotic resistant strains, improved surveillance, and aggressive control of transmission of epidemic resistant bacteria.

#### **MECHANISM:**

The four main mechanisms by which microorganisms exhibit resistance to antimicrobials are:

- 1. Drug inactivation or modification: for example, enzymatic deactivation of *penicillin* G in some penicillin-resistant bacteria through the production of  $\beta$ -lactamases
- 2. Alteration of target site: for example, alteration of PBP—the binding target site of penicillins in MRSA and other penicillin-resistant bacteria
- 3. Alteration of metabolic pathway: for example, some sulfonamide-resistant bacteria do not require para-aminobenzoic acid (PABA), an important precursor for the synthesis of folic acid and nucleic acids in bacteria inhibited by sulfonamides, instead, like mammalian cells, they turn to using preformed folic acid.
- 4. Reduced drug accumulation: by decreasing drug permeability and/or increasing active efflux (pumping out) of the drugs across the cell surface.<sup>4</sup>

#### SOME FACTS ABOUT AMR:

About 440000 new cases of multidrug-resistant tuberculosis (MDR-TB) emerge annually, causing at least 150000 deaths. Extensively drug-resistant tuberculosis (XDR-TB) has been reported in 64 countries.

Resistance to earlier generation antimalarial medicines such as chloroquine and sulfadoxine-pyrimethamine is widespread in most malaria-endemic countries. Falciparum malaria parasites resistant to artemisinins are emerging in South-East Asia; infections show delayed clearance after the start of treatment (indicating resistance).

A high percentage of hospital-acquired infections are caused by highly resistant bacteria such as methicillin-resistant *Staphylococcus aureus* (MRSA) and vancomycin-resistant enterococci.

New resistance mechanisms, such as the beta-lactamase NDM-1, have emerged among several gram-negative bacilli. This can render powerful antibiotics, which are often the last defense against multi-resistant strains of bacteria, ineffective.<sup>5</sup>

"Antimicrobial Resistance" chosen as World health day (April 7<sup>th</sup>) 2011 theme by WHO<sup>6</sup>

The three key, inter-related elements of the Strategy to control AMR are:

- *Surveillance:* to monitor "how we are doing" and provide the data on resistant organisms, illness due to them and antimicrobial usage necessary to inform action;
- *Prudent antimicrobial use*: to reduce the pressure for resistance by reducing unnecessary and inappropriate exposure of micro-organisms to antimicrobial agents in clinical practice, veterinary practice, animal husbandry, agriculture and horticulture.

• *Infection control:* to reduce the spread of infection in general (and thus some of the need for antimicrobial agents) and of antimicrobial resistant micro-organisms in particular.

#### **NOSOCOMIAL INFECTIONS:**

An infection acquired in hospital by a patient who was admitted for a reason other than that infection. An infection occurring in a patient in a hospital or other health care facility in whom the infection was not present or incubating at the time of admission. This includes infections acquired in the hospital but appearing after discharge, and also occupational infections among staff of the facility.

Nosocomial infections are one of the occupational biohazards that affect the health of individuals with or without predisposing factors. These are the infections acquired during hospital stay, which are found in 5 to15% (two million cases are estimated annually) of hospitalized patients and can lead to complication in 25to 33% of those admitted in ICU.

The increasing incidence of hospital acquired infections caused by antibiotic resistant pathogens has led to an increase in morbidity and mortality. Studies conducted in hospitals in Delhi and Mumbai report figures as high as 30%. Even in most advanced countries like US, as per Centre for Disease Control estimate hospital admission due to infections acquired from hospital stays is about 4.5%. Resistance results from the interplay of microorganisms, patients and the hospital environment including antibiotic use and infection control practices. According to the data published by the US Centers for Disease Control and Prevention (CDC) as part of their national nosocomial infection surveillance (NNIS) System, well over half of all intensive care unit isolates from documented infections are caused by methicillin-resistant *S. aureus*. The type, as well as severity, of *S. aureus* infections and its response to antibiotic treatment are dictated by the specific suite of virulence and antibiotic resistance associated genes carried by the strain of the *S. aureus* causing the infection.

#### **NOSOCOMIAL INFECTION SITES:**



#### **ROLE OF HOSPITAL PHARMACIST IN INFECTION CONTROL:**

The hospital pharmacist is responsible for:

- Obtaining, storing and distributing pharmaceutical preparations using practices which limit potential transmission of infectious agents to patients
- Dispensing anti-infectious drugs and maintaining relevant records (potency, incompatibility, conditions of storage and deterioration)

- Obtaining and storing vaccines or sera, and making them available as appropriate
- Maintaining records of antibiotics distributed to the medical departments
- Providing the Antimicrobial Use Committee and Infection Control Committee with summary reports and trends of antimicrobial use
- Having available the following information on disinfectants, antiseptics and other anti-infectious agents:
  - Active properties in relation to concentration, temperature, length of action, antibiotic spectrum
  - Toxic properties including sensitization or irritation of the skin and mucosa
  - Substances that are incompatible with antibiotics or reduce their potency
  - Physical conditions which unfavourably affect potency during storage: temperature, light, humidity
  - Harmful effects on materials.

The hospital pharmacist may also participate in the hospital sterilization and disinfection practices through:

• Participation in development of guidelines for antiseptics, disinfectants, and products used for washing and disinfecting the hands

- Participation in guideline development for reuse of equipment and patient materials
- Participation in quality control of techniques used to sterilize equipment in the hospital including selection of sterilization equipment (type of appliances) and monitoring.<sup>7</sup>

#### SURVEILLANCE:

The systematic, ongoing collection, collation, analysis, interpretation and dissemination of data for public health action.

#### AMR SURVELLIANCE:



#### AMR SURVEILLANCE NEEDED TO:

- Detect resistant strains of public health importance
- Support prompt notification and investigation of outbreaks
- Inform clinical treatment decisions
- Guide policy recommendations
- Monitor efficacy of interventions and infection control measures

#### **NEED FOR THE STUDY:**

- Hospital-acquired infections result in significant morbidity and mortality, and contribute to escalating health care costs.
- The emergence of resistance to antimicrobial agents, despite the availability of newer antibiotics, has become an increasing problem throughout the world, particularly in pathogens causing nosocomial infections.
- For practicing physicians, clinical microbiologists and public health officials, knowledge of local antimicrobial resistance patterns is essential for the development of empirical and pathogen-specific therapy. The distribution of pathogens causing nosocomial infections changes with time and varies among hospitals.

# Review of Literature

#### **REVIEW OF LITERATURE:**

M. Merchant et al., done a prospective study about the incidence of hospitalacquired pneumonia in consecutive admissions to an 1800 bed hospital in Bombay; 991 of them to general medical wards and 895 to a 17bed medical intensive care unit (ICU). The average bed occupancy in general ward was two nurses for 56 patients, and in the ICU three nurses for 17 beds. They found One hundred and sixty eight patients developed nosocomial pneumonia: 18 (1.8%) in general wards and 150 (16.7%) in the ICU. Common isolates included Pseudomonas spp (44"/0) and Klebsiella spp (34%). The most frequently used antibiotics were cefotaxime (34%), amikacin (25%), gentamicin (23%) and ofloxacin (13%). Crude mortality in general ward patients was 88.9 vs 14.6% in patients without pneumonia. The corresponding figures for ICU patients were 67.4 vs 37.1%; 40% of the crude mortality in ICU patients with pneumonia was attributable to the infection. Infected patients stayed an additional 5.8 days in the ICU and 6.7 days in the general ward. Costs of additional stay and antibiotics accounted for 18.6% of the ICU budget. They concluded that the incidence of nosocomial pneumonia was lower than expected, despite occupancy exceeding bed capacity, low nurse:patient ratios, and extensive reuse of disposable respiratory therapy equipment. Nevertheless, nosocomial pneumonia imposes a significant financial burden on the already scarce resources available for intensive care in developing countries like India.<sup>8</sup>

**H. Markogiannakis et al.,** evaluated the clinical and microbiological characteristics of the patients who developed an infection in surgical intensive care unit (SICU) of a university hospital in Greece. They done a prospective study of all patients who sustained an ICU-acquired infection from 2002 to 2004. Among 683

consecutive SICU patients, 123 (18.0%) developed 241 infections (48.3 infections per 1000 patient-days). The mean age of patients was 66.7 \_ 3.8 years, the mean APACHE II score (acute physiology and chronic health evaluation) on SICU admission was 18.2 \_ 2.4, and the mean SOFA score (sepsis-related organ failure assessment) at the onset of infection was 8.8 \_ 2. Of the study patients, 51.2% were women. Infections were: bloodstream (36.1%), ventilator-associated pneumonia (VAP; 25.3%, 20.3/1000 ventilator-days), surgical site (18.7%), central venous catheter (10.4%, 7.1/1000 central venous catheter-days), and urinary tract infection (9.5%, 4.6/1000 urinary catheter-days). The most frequent microorganisms found were: Acinetobacter baumannii (20.3%), Pseudomonas aeruginosa (15.7%), Candida albicans (13.2%), Enterococcus faecalis (10.4%), Klebsiella pneumoniae (9.2%), Enterococcus faecium (7.9%), and Staphylococcus aureus (6.7%). High resistance to the majority of antibiotics was identified. The complication and mortality rates were 58.5% and 39.0%, respectively. Multivariate analysis identified APACHE II score on admission (odds ratio (OR) 4.63, 95% confidence interval (CI) 2.69-5.26, p = 0.01), peritonitis (OR 1.85, 95% CI 1.03—3.25, p = 0.03), acute pancreatitis (OR 2.27, 95% CI 1.05—3.75, p = 0.02), previous aminoglycoside use (OR 2.84, 95% CI 1.06—5.14, p = 0.03), and mechanical ventilation (OR 3.26, 95% CI: 2.43—6.15, p = 0.01) as risk factors for infection development. Age (OR 1.16, 95% CI 1.01-1.33, p = 0.03), APACHE II score on admission (OR 2.53, 95% CI 1.77—3.41, p = 0.02), SOFA score at the onset of infection (OR 2.88, 95% CI 1.85—4.02, p = 0.02), and VAP (OR 1.32, 95% CI 1.04—1.85, p = 0.03) were associated with mortality. They concluded that the Infections are an important problem in SICUs due to high incidence, multi-drug resistance, complications, and mortality rate.<sup>9</sup>

R. Gadepalli et al., analysed risk factors for nosocomial meticillin-resistant Staphylococcus aureus (MRSA) skin and soft tissue infections (SSTIs) in three Indian hospitals. They also determined antimicrobial resistance patterns and genotypic characteristics of MRSA isolates using pulsed-field gel electrophoresis (PFGE), multilocus sequence typing (MLST) and staphylococcal cassette chromosome (SCCmec) typing. Medical records of 709 patients admitted to three tertiary hospitals with nosocomial S. aureus SSTIs were clinically evaluated. Antimicrobial susceptibility testing of patient isolates was performed in accordance with Clinical and Laboratory Standards Institute guidelines, with meticillin and mupirocin resistance confirmed by multiplex polymerase chain reaction. PFGE analysis of 220 MRSA isolates was performed, followed by MLST and SCCmec typing of a selected number of isolates. MRSA was associated with 41%, 31% and 7.5% of infections at the three hospitals, respectively. Multiple logistic regression analysis identified longer duration of hospitalisation [odds ratio (OR): 1.78; OR: 2.83 for \_20 days], intra-hospital transfer (OR: 1.91), non-infectious skin conditions (3.64), osteomyelitis (2.9), neurological disorders (2.22), aminoglycoside therapy (1.74) and clindamycin therapy (4.73) as independent predictors for MRSA SSTIs. MRSA isolates from all three hospitals were multidrug resistant, with fifteen clones (IeXV) recognised. A majority of the strains possessed type III cassette. The common sequence type (ST) 239 was considered the signature MLST sequence for PFGE clone III. This major MRSA clone III was closely related to the UK EMRSA-1 and was significantly more resistant to antibiotics. Dissemination of multidrug-resistant MRSA clones warrants continuous tracking of resistant genotypes in the Indian subcontinent.<sup>10</sup>

**Talaat et al.,** measured the incidence rate of catheter-associated urinary tract infections (CAUTIs), identified risk factors associated with acquiring the infections;

and identified the etiologic and antibiotic resistant patterns associated with CAUTIs in the intensive care units (ICUs) of a large University Hospital in Alexandria, Egypt. They done a prospective active surveillance of CAUTIs in 4 ICUs during a 13-month period from January 1, 2007 through January 31, 2008 in Alexandria University Hospital using the standard Centers for Disease Control National Nosocomial Infection Surveillance (NNIS) case definitions. Rates were expressed as the number of infections per 1000 catheter days. 757 patients were monitored after ICU admission, with either existing indwelling urinary catheters (239), or got catheters inserted after ICU admission (518), for a total duration of 16301 patient days, and 10260 patient catheter days. A total of 161 episodes of infection were diagnosed, for an overall rate of 15.7 CAUTIs per 1000 catheter days. Important risk factors associated with acquiring CAUTI were female gender (Relative risk (RR), 1.7; 95% confidence interval (CI); 1.7-4.3), and previous catheterization within the same hospital admission (RR, 1.6; 95% CI; 1.3-1.96). Patients admitted to the chest unit, patients =40 years, patients with prolonged duration of catheterization, prolonged hospital and ICU stay had a significantly higher risk of acquiring CAUTIs. Out of 195 patients who had their urine cultured, 188 pathogens were identified for 161 infected patients; 96 (51%) were Candida, 63 (33.5%) gram negatives, 29 (15.4%) gram positives. The prevalence of ESBL producers among K. pneumonia and E. coli isolates was 56% (14/25) and 78.6% (11/14), respectively. They concluded that the infection control policies and procedures, CAUTI rates remain a significant problem in Alexandria University hospital. Using the identified risk factors, tailored intervention strategies are now being implemented to reduce the rates of CAUTIs in these 4 ICUs.<sup>11</sup>

**R. Agarwal et al.,** done a prospective, observational clinical study to determine the epidemiology, risk factors and outcome of infections in a Respiratory

Intensive Care Unit (RICU) of a tertiary care institute in northern India. They included 201 patients (1285 patient days) admitted to RICU over a period of one-and-a-half years. A total of 77 infections were identified in 67 patients (33.5%). The infections included pneumonia (23%), sepsis of unknown origin (10.5%), bacteremia (7.5%), urinary tract infections (1.5%), catheter related blood stream infections (1%) and Clostridium difficile colitis (1%). The most commonly identified organisms were the Acinetobacter species (34.8%), Pseudomonas aeruginosa (23.9%) and Escherichia coli (15.2%). The median length of stay in patients with and without infection was 13 days (interquartile range, IQR, 28) and 4 days (interquartile range, IQR, 3), respectively (p < 0.0001). Multivariate analysis showed the following risk factors for ICU acquired infection: the admitting diagnosis of infection (odds ratio [OR] 3.3; 95% confidence intervals [CI] 1.06e10.1), length of stay in the RICU (OR, 1.2; 95% confidence intervals [CI] 1.1e1.33); renal failure (OR, 4.7; 95% CI, 1.52e14.41) and institution of parenteral nutrition (OR, 16.9; 95% CI, 1.07e 269.03). Multivariate analysis showed the following risk factors for death in ICU: APACHE II scores (OR, 1.06; 95% CI, 1.01e1.11), and endotracheal intubation (OR, 5.07; 95% CI, 1.24e20.65). APACHE II scores (OR, 1.06; 95% CI, 1.01e1.11), and endotracheal intubation (OR, 5.07; 95% CI, 1.24e20.65). This study clearly documents a high prevalence rate of infections in the ICU, and the data suggest that occurrence of infections was associated with a prolonged ICU stay but had no significant effect on the final outcome.<sup>12</sup>

**N. Taneja et al.,** done a prospective study in a burn unit of a tertiary care referral centre in North India. Patients with 20–70% TBSAB were enrolled. Seventy-one patients developed 59 hospital-acquired infections (HAI); the infection density being 36.2 infections per 1000 patient days. Invasive wound infections were the commonest (33), followed by blood stream infections (22), urinary tract infections (3)

and pneumonia (1). Infection contributed to 75% of observed mortality. On logistic regression analysis, infected patients were more likely to die as well as stay longer in the hospital as compared to non-infected patients. Infected patients also had more central venous lines inserted. The mortality was related to percent TBSAB. Thirteen out of 18 patients who had TBSAB more than 60% died as compared to 5 out of 31 with TBSAB less than 40%. *Staphylococcus aureus, Pseudomonas aeruginosa* and *hemolytic streptococci* (BHS) were the most frequent organisms causing hospital acquired infection. Except for BHS all other organisms were highly drug resistant. Better compliance with hand washing and barrier nursing techniques, stricter control over disinfection and sterilization practices and usage of broad spectrum antibiotics, and reduction of the environmental contamination with *S. aureus* are required to reduce the HAI rates.<sup>13</sup>

**S. Reunes et al.**, done a single-center retrospective (1992–2007), pairwisematched (1:1-ratio) cohort study To determine risk factors for nosocomial bloodstream infection (BSI) and associated mortality in geriatric patients in geriatric and internal medicine wards at a university hospital. In this study geriatric patients with nosocomial BSI were matched with controls without BSI on year of admission and length of hospitalization before onset of BSI. Demographic, microbiological, and clinical data are collected. In this study One-hundred forty-two BSI occurred in 129 patients. Predominant microorganisms were Escherichia coli (23.2%), coagulase negative Staphylococci (19.4%), Pseudomonas aeruginosa (8.4%), Staphylococcus aureus (7.1%), Klebsiella pneumoniae (5.8%) and Candida spp. (5.8%). Matching was successful for 109 cases. Compared to matched control subjects, cases were more frequently female, suffered more frequently from arthrosis, angina pectoris and pressure ulcers, had worse Activities of Daily Living-scores, had more often an intravenous or bladder catheter, and were more often bedridden. Logistic regression demonstrated presence of an intravenous catheter (odds ratio [OR] 7.5, 95% confidence interval [CI] 2.5–22.9) and being bedridden (OR 2.9, 95% CI 1.6–5.3) as independent risk factors for BSI. In univariate analysis nosocomial BSI was associated with increased mortality (22.0% vs. 11.0%; P=0.029). After adjustment for confounding covariates, however, nosocomial BSI was not associated with mortality (hazard ratio 1.3, 95% CI 0.6–2.6). Being bedridden and increasing age were independent risk factors for death. They concluded that the Intravenous catheters and being bedridden are the main risk factors for nosocomial BSI. Although associated with higher mortality, this infectious complication seems not to be an independent risk factor for death in geriatric patients.<sup>14</sup>

**Couto et al.,** reported on nosocomial infections (NIs), causative organisms, and antimicrobial susceptibility patterns in neonates who were admitted to neonatal intensive care units (NICUs), and assess the performance of birth weight (BW) as a variable for riskstratified NI rate reporting. They done a prospective, 10-year follow-up, open cohort study that involved six Brazilian NICUs was conducted. The NI incidence rates were calculated using different denominators. In this study Six thousand two hundred forty-three newborns and 450 NICU-months of data were analysed. This included 3603 NIs that occurred in 2286 newborns over 121,008 patient-days. The most frequent NIs were primary bloodstream infection (pBSI; 45.9%), conjunctivitis (12.1%), skin infections (9.6%), and pneumonia (6.8%). Only the pBSI (but not pneumonia or central venous catheter–related pBSI) rate distribution differed significantly with varying BW. Gram-negative rods (mainly Klebsiella sp. And Escherichia coli) were responsible for 51.6% episodes of pBSI. Gram-positive organisms (mainly coagulase-positive staphylococci) accounted for 37.4%. Candida

sp. was the fourth isolated organism. A high resistance to third-generation cephalosporins was recorded in K pneumoniae and E coli isolates. They concluded that the burden of NI, and identifies the major focus for future NI control and prevention programs. Except for pBSI, BW had a poor performance as a variable for risk-stratified NI rate reporting.<sup>15</sup>

Jung et al., conducted a retrospective, observational study of 527 patients with HCAP or CAP who were hospitalized at Severance Hospital in South Korea between January and December 2008 to determine the differences between HCAP and CAP in terms of clinical features, pathogens, and outcomes, and to clarify approaches for initial antibiotic management. Of these patients, 231 (43.8%) had HCAP, and 296 (56.2%) had CAP. Potentially drug-resistant (PDR) bacteria were more frequently isolated in HCAP than CAP (12.6% vs. 4.7%; P = 0.001), especially in the low-risk group of the PSI classes (41.2% vs. 13.9%; P = 0.027). In-hospital mortality was higher for HCAP than CAP patients (28.1% vs. 10.8%, P < 0.001), especially in the low-risk group of PSI classes (16.4% vs. 3.1%; P = 0.001). Moreover, tube feeding and prior hospitalization with antibiotic treatment within 90 days of pneumonia onset were significant risk factors for PDR pathogens, with odds ratios of 14.94 (95% CI 4.62-48.31; P < 0.001) and 2.68 (95% CI 1.32-5.46; P = 0.007), respectively. They concluded that the HCAP patients with different backgrounds, various pathogens and antibiotic resistance of should be considered, and careful selection of patients requiring broad-spectrum antibiotics is important when physicians start initial antibiotic treatments.<sup>16</sup>

**Oteo et al.,** reported the antibiotic susceptibility results of invasive Staphylococcus aureus in Spain by using European Antimicrobial Resistance Surveillance System (EARSS) during the period of 2000-2002. The increasing prevalence of antibiotic resistance was a cause of serious concern, requiring an international approach to its management. In Europe, antimicrobial resistance of invasive pathogens has been monitored since 1998 by the European Antimicrobial Resistance Surveillance System (EARSS). The purpose of EARSS is to document variations in antimicrobial resistance over time and space to provide the basis for, and assess the effectiveness of, prevention programmes and policy decisions. They concluded that antibiotic multiresistance *S. aureus* was frequent in invasive *S. aureus* in Spain, with phenotypes changing over time. However, resistance was not uniform and varied according to several parameters, such as hospital size, patient age and hospital department. Therefore, properly designed and conducted surveillance systems will continue to be essential in providing safe and effective empirical therapies. Moreover, results obtained from these surveillance systems must be used to implement prevention programmes and policy decisions to prevent emergence and spread of antimicrobial resistance.<sup>17</sup>

**Rahbar et al.,** discussed the rate of nosocomial infection and the organisms involved as well as the antibiotic resistance in patients with bacteraemia. This study was helpful to track nosocomial bloodstream infections and emerging trends in antibiotic resistance. Study also reviewed that gram-positive cocci, including coagulase-negative *staphylococci*, *Staphylococcus aureus*, *Streptococcus pneumonia* were the most common causes of nosocomial bacteraemia and accounted for 42.3% of isolates. Gram-negative bacilli were responsible for another 42.3% of isolates; *Pseudomonas aeruginosa* was the predominant isolate. Patterns of drug resistance varied according to species of bacteria but were generally quite high.<sup>18</sup>

**Mizuta et al.,** evaluated the utility of a novel combination antibiogram to determine the optimal combination of antimicrobial agents for empirical therapy of *Pseudomonas aeruginosa* infection. Infections due to antibiotic-resistant bacteria are associated with increased morbidity and mortality. Administration of inadequate empirical antibiotic therapy has been frequently associated with increased mortality. A common cause of inadequate therapy is infection with an antibiotic-resistant pathogen. One potential option is to use empirical dual antimicrobial therapy, with the hope that at least one of the selected agents will be active against the infecting pathogen. Dual therapy is commonly used when infection due to *Pseudomonas aeruginosa* is suspected. In the current best-case scenario, one would consult the local antibiogram to determine the two agents to which *P. aeruginosa* is most often susceptible. They also suggested that the combination antibiogram allowed modest fine-tuning of choices for dual antibiotic therapy, selections based on the two antibiograms did not differ substantively. Drug combinations with the broadest coverage were consistently composed of an amino glycoside and a  $\beta$ -lactam.<sup>19</sup>

Vatopoulos et al., described that an electronic network for the surveillance of antimicrobial resistance in bacterial nosocomial isolates in Greece during the period of January-December 1996. The results illustrated the positive impact of a national or international surveillance network in preventing and confronting antimicrobialresistant bacterial diseases. Again this study demonstrated the potential of the electronic network for studying the patterns and trends in the epidemiology of antimicrobial resistance in the various participating hospitals. This would contribute to identification of the main factors for the emergence of resistance, as well as the priorities for further investigating the genetic and molecular mechanisms responsible, and thus for the development of a strategy to confront this major public health problem.<sup>20</sup>

**Smith et al.,** investigated the patients with infections due to *Staphylococcus aureus*, with intermediate glycopeptides resistance. *Staphylococcus aureus* was one of the most common causes of nosocomial and community- acquired infection. Since the emergence of Methicillin-resistant *S. aureus*, the glycopeptide Vancomycin has been the only uniformly effective treatment for *staphylococcal* infections. After performing the study, they concluded that the emergence of *S. aureus* with intermediate glycopeptide resistance threatens to return us to the era before the development of antibiotics. To prevent further emergence of *S. aureus* strains with intermediate glycopeptide resistance and the emergence of *S. aureus* with full Vancomycin resistance, the use of Vancomycin must be optimized, laboratory methods for the detection of resistant pathogens must be enhanced, and infection-control precautions must be strictly followed for infected or colonized patients.<sup>21</sup>

Karlowsky et al., evaluated the continued effectiveness of available antipseudomonal antimicrobial agents in United States. The potential for antimicrobial resistance was an important concern for clinicians treating patients with confirmed or suspected *P. aeruginosa* infections. Empirical therapy for a patient with a serious infection for which the suspected etiologic agent is *P. aeruginosa* generally consists of an antipseudomonal β-lactam (e.g., Carbapenem, Ceftazidime, Cefepime, Piperacillin, Piperacillin-Tazobactum) as monotherapy or the combination or of an antipseudomonal ß-lactam with an Aminoglycoside or a Fluoroquinolone (e.g., Ciprofloxacin or Levofloxacin). Their result showed that the susceptibility of clinical Piperacillin-Tazobactam, Ceftazidime, isolates of *P*. aeruginosa to and

Fluoroquinolones (Ciprofloxacin and Levofloxacin) remained stable. Isolates of *P. aeruginosa* with multidrug resistance phenotypes were slowly becoming increasingly prevalent at the expense of a decrease in the prevalence of isolates with single-drug resistance phenotypes. New antimicrobial agents with activity against *P. aeruginosa* will not be available in the near future, ongoing surveillance of the activities of currently available agents were critical.<sup>22</sup>

Klevens et al., presented the incidence rates and estimated number of invasive MRSA infections and in-hospital deaths among patients with MRSA in the United States in 2005. The standardized incidence rate of invasive MRSA was 31.8%. Incidence rates were highest among persons 65 years and older, blacks and males. There were 1598 in-hospital deaths among patients with MRSA infection during the surveillance period. In 2005, the standardized mortality rate was 6.3%. They also concluded invasive MRSA infection affects that certain populations disproportionately. It was a major public health problem primarily related to health care but no longer confined to intensive care units, acute care hospitals, or any health care institution.<sup>23</sup>

**Troillet et al.,** evaluated potential risk factor for the detection of Imipenemresistant *Pseudomonas aeruginosa* in clinical specimens from hospitalized patients. Imipenem, a broad-spectrum ß-lactam antibiotic and the first Carbapenem approved for clinical use, in an important drug for treatment of *Pseudomonas aeruginosa* infections. It offers the advantage of being more stable to most ß-lactamases secreted by *P. aeruginosa* than any other antipseudomonal ß-lactam drugs, including the thirdgeneration Cephalosporins. They concluded that, treatment with Imipenem was the major risk factor for the clinical detection of Imipenem-resistant *P. aeruginosa* in
hospitalized patients. No other risk factor related to the hospital environment was identified. The use of other β-lactam antibiotics, including third-generation Cephalosporins, did not predict resistance to Imipenem, even though Imipenem-resistant *P. aeruginosa* isolates were more likely to be resistant to other common antipseudomonal drugs than were Imipenem-susceptible isolates.<sup>24</sup>

**Obritsch et al.**, demonstrated the significant increases in resistance to single antipseudomonal agents, multidrug resistance, and dual resistance to commonly prescribed combination therapies among P. aeruginosa isolates during the 10-year period from 1993 to 2002 by using the intensive care unit surveillance study database. Nosocomial infections caused by Pseudomonas aeruginosa in critically ill patients were often difficult to treat due to resistance to multiple antimicrobials. The selection of appropriate antimicrobial therapy requires active surveillance of emerging resistance trends and continuing education among the health care providers and institution involved. They also suggested that susceptibility of antipseudomonal agents against ICU isolates decreased while multidrug resistance and dual resistance rates increased from 1993 to 2002. Significant reduction in susceptibilities of P. aeruginosa isolates may compromise the ability to choose efficacious empirical regimens for treatment of this formidable pathogen in critically ill patients. This study also provided valuable information related to emerging trends in resistance, and dual resistance rates which were vital to clinicians in the selection of reliable empirical therapy for P. aeruginosa infections in ICU.<sup>25</sup>

Aubert et al., analyzed the effect of reducing prescription of fluoroquinolones in an intensive care unit (ICU) upon bacterial resistance, particularly as regards *Pseudomonas aeruginosa.*, administration of fluoroquinolones was kept to a minimum. There was a 75.8% restriction in prescriptions of fluoroquinolones. There was no significant change in bacterial ecology between the periods preceding (12 months) and following (12 months) restriction. There was a significant recovery of sensitivity of *P. aeruginosa* to ciprofloxacin with a decrease in resistant strains from 71.3% in the prerestriction period to 52.4% in the post-restriction period. Regarding clinical data, no significant differences were noted between the pre-restriction and the post-restriction periods, except for the number of cases of ventilator associated pneumonia with *P. aeruginosa* resistant to ciprofloxacin. This study also demonstrated the possibility of introducing rotation of antibiotics in an ICU.<sup>26</sup>

Hanberger et al., evaluated the incidence of decreased antibiotic susceptibility among aerobic gram-negative bacilli isolated from patients in ICUs in 5 European countries (Belgium, France, Portugal, Spain, and Sweden) by using determination of minimum inhibitory concentration. More than 20% of patients admitted to European intensive care unit (ICUs) develop an ICU acquired infection. The results showed that the most frequently isolated organisms were Enterobacteriaceae, followed by Pseudomonas aeruginosa. The main sources were respiratory tract, urine, blood, abdomen, and skin and soft tissue. Decreased antibiotic susceptibility across all species and drugs was highest in Portuguese ICUs followed by French, Spanish, Belgian, and Swedish ICUs. The highest incidence of resistance was seen in all countries among P. aeruginosa (up to 37% resistant to Ciprofloxacin in Portuguese ICUs and 46% resistant to Gentamicin in French ICUs), Enterobacter species, Acinetobacter species, and Stenotrophomonas maltophilia, and in Portugal and France among *Klebsiella* species. The high incidence of reduced antibiotic susceptibility among gram-negative bacteria in these ICUs suggested that more effective strategies were needed to control the selection and spread of resistant organisms. So they

suggested that hospitals should have an active program for online antibiotic resistance surveillance of common drugs, using quantitatively accurate minimum inhibitory concentration methods, to constantly evaluate antibiotic administration and pharmacy formulary options.<sup>27</sup>

**Bantar et al.,** presented that laboratory-based data underestimate the frequency of several major resistant organisms in patients with hospital-acquired infection. Increasing bacterial resistance was a worrisome problem, especially in the nosocomial setting. Variation in the frequency of these resistant bacteria was monitored by several surveillance systems worldwide. These systems make use of a network of laboratory-generated antibiograms that were constructed on the basis of the cumulative antimicrobial susceptibility data from each hospital. Antibiograms were currently used to estimate the impact of changes in antibiotic usage and to determine infection control strategies and antibiotic usage policies. Furthermore, within the nosocomial setting, antibiograms were often taken into account to define a rational selection of the empirical antimicrobial therapy for treating patients with hospital-acquired infections. Clinical validation of the individual susceptibility reports, performed by a multidisciplinary team prior to data entering, seems to be a suitable strategy to get more reliable data to guide the rational selection of antimicrobial empirical therapy in patients with hospital-acquired infections.<sup>28</sup>

**Carmeli et al.,** analysed relative risks for emergence of resistant *Pseudomonas aeruginosa* in patients, associated with four antipseudomonal agents like Ciprofloxacin, Ceftazidime, Imipenem, and Piperacillin. *Pseudomonas aeruginosa* was a leading cause of nosocomial infections. The risk of emergence of antibiotic resistance may vary with different antibiotic treatments. *P.aeruginosa* 

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showed a particular propensity for the development of resistance. The emergence of resistance in *P.aeruginosa* also limits future therapeutic choices and is associated with increased rates of mortality and morbidity and higher costs. Knowledge about the relative risks of emergence of resistance with different antibiotics could be useful in helping to guide therapeutic choices. Result showed that out of 271 patients, resistance emerged in 28 patients. There were evident differences among antibiotics in the likelihood that their use would allow emergence of resistance in *P.aeruginosa*. Ceftazidime was associated with the lowest risk, and Imipenem had the highest risk.<sup>29</sup>

Lautenbach et al., illustrated risk factors for infection with Imipenemresistant *Pseudomonas aeruginosa* and also determined the impact of Imipenem resistance on clinical and economic outcomes among patients infected with *P. aeruginosa*. Imipenem remains among the most reliable agents for treating *P. aeruginosa* infection, decisions regarding antibiotic therapy have become increasingly complicated in recent years because of the emergence of significant antibiotic resistance in these pathogens. They concluded that the prevalence of Imipenem resistance among *P. aeruginosa* isolates has increased significantly over the past 10 years and that Fluoroquinolone use was strongly associated with Imipenem-resistant *P. aeruginosa* infection. Infection with Imipenem-resistant *P. aeruginosa* was significantly associated with increased mortality rate, duration of hospitalization, and hospital costs. They demonstrated the urgency of addressing the continued emergence of Imipenem-resistant *P. aeruginosa* strains and further suggested that increased use of other antibiotics (ie, Fluoroquinolones) may be important in explaining current trends of resistance to Carbapenems.<sup>30</sup> Melinda et al., assessed national rates of antimicrobial resistance among gram negative aerobic isolates recovered from ICU patients and compare these rates to antimicrobial use. Susceptibility data derived from national surveillance can be a barometer of emerging resistance problems. The results showed that high incidence of reduced antibiotic susceptibility among gram-negative bacteria. They also documented the increasing incidence of Ciprofloxacin resistance among gram-negative bacilli that has occurred coincident with increased use of fluoroquinolones. Fluoroquinolones that are not affected by currently circulating resistance mechanisms need to be developed to conserve this class of agents. In the meantime, ongoing surveillance and more judicious use of Fluoroquinolone antibiotics will be necessary to limit this downward trend in susceptibility.<sup>31</sup>

**Gasink et al.,** evaluated risk factors for infection or colonization with Aztreonam-resistant *Pseudomonas aeruginosa* and examined the impact of this organism on mortality. They concluded that Aztreonam resistance in *P. aeruginosa* was an important problem that has been largely ignored. Infection with an Aztreonam-resistant strain of *P. aeruginosa* did not appear to have a significant impact on mortality, the loss of effective therapeutic agents to treat *P. aeruginosa* was of great concern, and increases in the prevalence of Aztreonam-resistant *P. aeruginosa* further limit the available antipseudomonal armamentarium. Efforts should be made to preserve the utility of Aztreonam by curbing unwarranted use of Fluoroquinolones and agents active against anaerobes. Their study also provided additional evidence that restriction of Fluoroquinolone use was critically important in the fight against the emergence of antimicrobial resistance.<sup>32</sup>

**Chamot et al.,** studied the rates of survival among patients who received either monotherapy or combination therapy for *Pseudomonas aeruginosa* bacteremia.

In this study they found the hazard of death from the date of receipt of the antibiogram to day thirty was higher for both inadequate empirical therapy and adequate empirical monotherapy than for adequate empirical combination therapy. Compared to adequate definitive combination therapy, the risk of death at thirty days was also higher with inadequate definitive therapy but not with adequate definitive monotherapy. They concluded that clinicians who expect *Pseudomonas aeruginosa* bacteremia initiate empirical therapy with two antipseudomonal agents. In the case of confirmed *Pseudomonas aeruginosa* bacteremia, this combination therapy could be altered to monotherapy on the basis of the specific susceptibility pattern of the initial isolate.<sup>33</sup>

# Aím & Objectíves

#### AIM AND OBJECTIVES

#### AIM

The primary aim of the study is to evaluate the resistance patterns of microorganisms to various antibiotics in Nosocomial infections undertaking a surveillance study by using antibiogram reports.

### **OBJECTIVES**

- To conduct a surveillance study on antibiotic resistance in patients with Nosocomial infections using antibiogram reports.
- To determine the sensitivity patterns of microorganisms to the antibiotics prescribed during the study period.
- To determine the resistance patterns of microorganisms to the antibiotics prescribed during the study period.
- To monitor the extent of compliance of antibiotics prescribed with the results of antibiograms.
- To understand the present prescribing patterns of antibiotics in nosocomial infections in the hospital.
- To aid in optimum drug therapy by promoting rational use of antibiotics.



# PLAN OF STUDY

PHASES	STEPS	ACTIVITY	TIME PERIOD	
	STEP I	Identification of target areas for possible study	July '11	
PHASE I	STEP II	Literature survey	July'11	
	STEP III	Define criteria and standards	Aug '11	
	STEP IV	Designing of data entry form	Aug '11	
PHASE II	STEP V	Collection of patient's lists with antibiogram report	Sep '11 - Jan '12	
PHASE III	STEP VI	Collection of prospective data from patients	Sep '11 - Jan '12	
PHASE IV	STEP VII	Analysis of Data	Jan '12	



#### **METHODOLOGY**

The study was conducted in Kovai Medical Center and Hospital; a modernized 657 bedded multidisciplinary advanced super specialty hospital at Coimbatore. It is one of the largest hospitals in Coimbatore which excels in diverse specialized fields like Nephrology, Neurology, Cardiology, Pulmonology, Orthopedics, Oncology, Dermatology, Gynecology, Endocrinology, Pediatrics, General medicine, General surgery, ENT, Dentistry, Gastroenterology and Physical medicine and rehabilitation.

### **Study Design:**

The study was designed to determine the susceptibility of isolates of microorganisms to antibiotics. The details of the bacterial strains isolated from any specimens of patients suffering from nosocomial infections were collected and studied. The study is a Prospective observational study.

### **Study Site:**

The study was conducted at the Department of Microbiology in Kovai Medical Center and Hospital, a super specialty hospital in Coimbatore.

#### **Study Period:**

The study was conducted over a period of seven months from July 2011 to January 2012.

### **Study Population:**

A total of 25 subjects were included in the study.

### **Study Criteria:**

### **Inclusion Criteria**

- ✓ Patients with positive cultures after 48 hours of hospitalization.
- $\checkmark$  Patients for whom antibiotic sensitivity testing was performed.

### **Exclusion Criteria**

- $\checkmark$  Out patients
- ✓ Patients receiving antibiotics without obtaining antibiogram report.
- Patients who present with positive culture at the time of hospitalization.

### **Study Protocol:**

#### \* Topic Selection

Current levels of antibiotic resistance have reached critical levels with many epidemic clones of multiply resistant organisms such as *Staphylococcus aureus*, *Pseudomonas aeruginosa*, *Escherichia coli* and *Klebsiella species* causing increased morbidity and mortality, particularly amongst the elderly and immunocompromised. Urgent action is needed locally, nationally and internationally to contain this epidemic. Resistance surveillance is well established as an essential cornerstone of any attempts to understand and control resistance. Hence this study focuses on antibiotic surveillance program to assess the extent of the problem.

#### ✤ Literature Review

An extensive literature survey was done on, antimicrobial usage, antimicrobial resistance, challenges of antimicrobial resistance, strategies to minimize the spread of antimicrobial resistance, importance of antibiogram surveillance method etc. The literatures supporting the study were gathered from various journals like Clinical Infectious Diseases, British medical journal, Journal of antimicrobial chemotherapy etc. The articles from the journals were mainly collected with the help of SCIENCE DIRECT, IOWA DRUG INFORMATION SYSTEMS (IDIS), MEDLINE and from other Internet sources. Informations were also gathered from documents published by WHO.

### Development of patient data entry form

A well-designed data entry form was used for collecting data for this study. Data collected included patient details, antibiotics prescribed and other drugs prescribed. For every subject in this study patient name, inpatient number, date of admission, age, sex, ward of admission and length of stay in the hospital were recorded. Details of antibiotic therapy such as name of the antibiotics, dose, route of administration, frequency of administration and duration of therapy and antibiogram report were recorded.

#### **Consent from Ethics Committee:**

The authorization for conducting this study in the hospital was obtained

from the Chairman and approved by Ethics committee Kovai Medical Center and Hospital, Coimbatore on 17<sup>th</sup> September 2011.

### \* Prospective Study

In this phase of study the details of patients for whom antibiotic susceptibility testing was done for nosocomial infections were collected prospectively from the microbiology laboratory and patient files were obtained directly from the wards thereby obtaining antibiogram report and other patient's details for a period of seven months from July 2011 to January 2012.

# Results & Discussion

#### **RESULTS AND DISCUSSION**

The study was carried out at Kovai Medical Center and Hospital over a period of seven months from July 2011 to January 2012. A prospective observational study in which data pertaining to the time period between July 2011 to January 2012 were collected.

During the entire study period, a total of 69 patients antibiogram report were collected. Of these, 25 patients were identified as Nosocomial infections. The data of 25 patients were collected as part of the prospective study. The results of the study are as follows:

Evaluation of the demographic data of the subjects revealed that among the 25 patients included in this study, 64% (n=16) were male while 36% (n=9) were female. Nosocomial infections was more common among men than among women.<sup>34</sup> This gender disparity in Nosocomial infections could be also due to patients those who were admitted in ICUs, mainly from road-traffic accidents and men were more prone to this. [Tab 1, Fig 1]

Age group analysis of the patients showed that, the most prominent age group were '61-70' years and '31-40' years each comprising of 32% (n=8) and 20% (n=5) respectively. Our data showed that majority of Nosocomial infection cases were among patients over 60 years old. This might be due to decrease in the immunity in this age group.<sup>35</sup> [Tab 2, Fig 2]

The study showed that the most important department generating the highest number of positive cultures were neurolosurgery department with 36%

(n=9) followed by Orthopedics 20% (n=5). Among these departments, most of the patients were admitted in ICUs only, and those who were critically ill or immunocompromised requiring mechanical support and indwelling devices.<sup>35</sup> [Tab 3, Fig3]

Nosocomial infections contribute to extra hospital days and causing extra charges per hospitalization.<sup>36</sup> Our study also showed that from a total of 25 cases, most of the patients 24% (n=6) were admitted for more than 30 days followed by 16% (n=4) were 6-10 days. So these longer hospital stay could be a major reason for the emergence of organisms resistant to the antibiotic therapy. [Tab 4, Fig 4]

The monitoring of the antibiotic therapy among the patients those who were admitted during the entire study period showed that most of the patients received one antibiotic as per their treatment schedule i.e 52% (n=13) followed by 40% (n=10) patients were on more than one antibiotics. The usage of multiple antibiotics in the hospital settings could thus be a major reason for the increase in antibiotic resistance. [Tab 5, Fig 5]

The most commonly prescribed antibiotics during the entire study period were Amoxicillin/ Clavulanic acid which was accounted by 21.88% prescriptions, followed by Cefoperazone/ Sulbactam (15.63%), Colistinmethate sodium (15.63%) and Amikacin (12.5%) etc. [Tab 6, Fig 6]

Out of the 25 cases identified, gram-negative organisms were highly prevalent of 96% (n=24) than gram-positive organisms of 4% (n=1). However many studies revealed that gram-positive organisms have over taken gram-negative species in terms of prevalence.<sup>35,38,39,34</sup> The culture reports also specified

the microorganisms isolated from each specimen. This data indicated the prevalence of *Klebsiella species* and *Escherichia coli* to be the highest over all other organisms during the entire study period. Isolates of *Klebsiella species* were found to be 72% (n=18) of all specimens while *Escherichia coli* isolates were found to be 20% (n=5) specimens. Followed by *Staphylococcus* and *Pseudomonas species* accounted by 4% (n=1) each. [Tab 7, Fig 7]

The antibiotic therapy given to each individual was reviewed against the corresponding antibiogram report and the following observations were made. Of the 25 cases, 24% (n=6) of subjects the antibiotics given empirically were found to be sensitive to the microorganism according to the antibiogram. In 48% (n=12) of the patients, the antibiotics given empirically were changed according to the antibiogram report. In 28% (n=7) of the patients, the antibiogram reports did not translate into any changes in the choice of antibiotics given. These inadequate administration of antimicrobial treatment may contribute antimicrobial resistance which would be an important determinant of patient outcome.<sup>37</sup> [Tab 8, Fig 8]

Antibiotic susceptibility testing was done on these isolates to determine the susceptibility of the isolate to an array of antibiotics which would determine the extent of resistance or sensitivity of the organism to each antibiotic. The following antibiotics were included the study for susceptibility testing according to the antibiogram reports.

Colistinmethate sodium, Tigecycline, Amoxicillin/ Clavulanic acid, Piperacillin/ Tazobactum, Cefoperazone/ Sulbactum, Ceftriaxone, Cefotaxime, Cefepime, Ciprofloxacin, Ofloxacin, Levofloxacin, Moxifloxacin, Amikacin, Doxycycline, Imipenem, Ertapenem, Meropenem, Vancomycin, Linezolid. Of the 18 isolates of *Klebsiella species*, 100% (n=18) resistance were found in Amoxicillin/Clavulanic acid, Ceftriaxone, Cefotaxime, Cefepime, Ciprofloxacin, Ofloxacin, Levofloxacin, Moxifloxacin, Doxycycline while 94.12% (n=16) in Cefoperazone/Sulbactum, 93.75% (n=15) in Piperacillin/Tazobactum, 72.22% (n=13) in Amikacin, Ertapenem, Meropenem. Similarly 100% sensitivity were found in Colistinmethate sodium and Tigecycline followed by 33.33% (n=6) in Imipenem, followed by 27.78 (n=5) in Meropenem and Ertapenem each.[Tab 9, Fig 9: A-B]

A study by **Anastasia et al.** concluded that the existence and prolonged or inadequate use in the critically ill patients with multi drug resistant gram negative pathogens may lead to the emergence of colistimethate sodium resistance. The latter events urge for the development of new antimicrobials against multi resistant gram negative pathogens, the prudent use of colistimthate sodium and the strict implementation of hand hygene rules.<sup>40</sup>

All the 5 isolates of *Escherichia coli*, 100% (n=5) resistant to Amoxicillin/Clavulanic acid, Ceftriaxone, Cefotaxime, Ciprofloxacin, Ofloxacin, Levofloxacin, Moxifloxacin, Doxycycline, Vancomycin, Linezolid while 80% (n=4) resistant to Piperaciline/Tazobactum, Cefoperazone, Cefepime, Amikacin, Ertapenem and Meropenem, 60% (n=3) for Imipenem. At the same time 100% sensitivity were found in Colistinmethate sodium and Tigecycline followed by 40% (n=2) in Imipenem. [Tab 9, Fig 9: C-D]

The results of the study shows that the isolated *E. coli* exhibited multiple resistance to a number of commonly used antimicrobials. Similar observations have also been recorded in another study by **Adejuwon et al.**<sup>41</sup>

A total of 25 patients, 4% (n=1) were identified as the isolates of *Staphylococcus aureus*. Of these, 100% resistance was found in Amoxicillin/Clavulanic acid, Piperacillin/Tazobactum, Cefoperazone/Sulbactum, Ceftriaxone, Cefotaxime and Cefepime. Similarly 100% of sensitivity was also found in Tigecycline, Doxycycline, Vancomycin. These observed results of Vancomycin also similar in the study carried out by Oteo et al.<sup>17</sup> [Tab 9, Fig 9: E]

A total of 25 patients, 4% (n=1) were identified as the isolates of *Pseudomonas* species. Among this 100% were found to be resistant to Amoxicillin/ Clavulanic acid, Piperacillin/Tazobactum, Cefoperazone, Ceftriaxone, Cefotaxime, Cefepime, Ciprofloxacine, Ofloxacin, Moxifloxacin and Doxycycline. At the same time 100% of sensitivity was also found in Colistinmethate sodium, Amikacin, Imipenem, Meropenem. The observed sensitivity to Imipenem is in contrast to the results given by Hanberger et al.<sup>27</sup> [Tab 9, Fig 9: F-G]

# Tables & Graphs

# **GENDER DISTRIBUTION**

Gender	Number of Patients (n=25)		
Male	16 (64%)		
Female	9 (36%)		

# FIGURE: 1

# **GENDER DISTRIBUTION**

■Male ■Female



# AGE DISTRIBUTION

Age in Years	Number of Patients (n=25)
<1	1 (4%)
1-10	0 (0%)
11-20	0 (0%)
21-30	2 (8%)
31-40	5 (20%)
41-50	3 (12%)
51-60	2 (8%)
61-70	8 (32%)
71-80	3 (12%)
81-90	1 (4%)
91-100	0 (0%)

## FIGURE: 2



# **AGE DISTRIBUTION**

# **DISTRIBUTION OF PATIENTS WITH DEPARTMENTS**

Department	Number of Patients (n=25)
Paediatrics	1 (4%)
Neuro surgery	9 (36%)
Orthopedics	5 (20%)
General Surgery	3 (12%)
Nephrology	2 (8%)
Pulmonology	2 (8%)
Others	3 (12%)



# DISTRIBUTION OF PATIENTS WITH DEPARTMENTS



No of Patients (%)

# **DURATION OF STAY IN HOSPITAL**

Duration of Stay in Hospital	Number of Patients (n=25)
1-5	4 (16%)
6-10	4 (16%)
11-15	3 (12%)
16-20	3 (12%)
21-25	3 (12%)
26-30	2 (8%)
>31	6 (24%)





# **DURATION OF STAY IN HOSPITAL**

# NUMBER OF ANTIBIOTICS PRESCRIBED PER PATIENT

Number of Antibiotics	Number of Patients (n=25)
One	13 (52%)
Two	6 (24%)
Three	4 (16%)
Greater than Three	2 (8%)

# FIGURE: 5

# NUMBER OF ANTIBIOTICS PRESCRIBED PER PATIENT



Number of Antibiotics

# **COMMONLY USED ANTIBIOTICS**

<b>Commonly Used Antibiotics</b>	Number of Patients (n=25)
Amoxicillin/Clavulanic acid	7 (21.85%)
Cefoperazone/Sulbactum	5 (15.63%)
Amikacin	4 (12.5%)
Linezolid	2 (6.25%)
Moxifloxacin	2 (6.25%)
Tigecycline	1 (3.13%)
Colistimethate sodium	5 (15.63%)
Cefepime/Tazobactum	2 (6.25%)
Imipenem	2 (6.25%)
Piperacillin/Tazobactum	2 (6.25%)

### FIGURE: 6

# **COMMONLY USED ANTIBIOTICS**



# DISTRIBUTION OF MICROORGANISM

Microorganism Isolated	Number of Patients (n=25)
Escherichia coli	5 (20%)
Klebsiella species	18 (72%)
Staphylococcus aureus	1 (4%)
Pseudomonas species	1 (4%)



# FIGURE: 7

# DISTRIBUTION OF MICROORGANISM ISOLATED

Number of Patients (%)

### MODE OF TREATMENT BASED ON ANTIBIOGRAM REPORT

Mode of Treatment	Number of Patients (%) (n=25)	
Patients Empirically Started on	6 (24%)	
Sensitive Antibiotics	0 (2470)	
Antibiotics Changed According to	12 (480/)	
Antibiogram	12 (48%)	
Antibiotics Not Changed According	7 (280/)	
to Antibiogram	7 (28%)	

# FIGURE: 8

# MODE OF TREATMENT BASED ON ANTIBIOGRAM REPORT



Mode of Treatment

### SENSITIVITY PATTERN OF INDIVIDUAL ANTIBIOTIC TO VARIOUS MICROORGANISMS

Antibiotics	Klebsiella species		Escherichia coli		Staphylococcus aureus (n=1)		Pseudomonas species (n=1)	
	( <b>n=18</b> )		(n=5)					
	S	R	S	R	S	R	S	R
Colistimethate sodium	15 (100%)	-	3 (100%)	-	-	-	1 (100%)	-
Tigecycline	14 (100%)	-	3 (100%)	-	1 (100%)	-	-	-
Amoxicillin/ Clavulanic acid	-	18 (100)	-	5 (100%)	-	1 (100%)	-	1 (100%)
Piperacillin/ Tazobactum	1 (6.25%)	15 (93.75%)	1 (20%)	4 (80%)	-	1 (100%)	-	1 (100%)
Cefoprazone/ Sulbactum	1 (5.88%)	16 (94.12)	1 (20%)	4 (80%)	-	1 (100%)	-	1 (100%)
Ceftriaxone	-	18 (100%)	-	5 (100%)	-	1 (100%)	-	1 (100%)

	Klebsiella species		Escherichia coli		Staphylococcus aureus		Pseudomonas species	
Antibiotics	( <b>n=18</b> )		(n=5)		( <b>n=1</b> )		( <b>n=1</b> )	
	S	R	S	R	S	R	S	R
Cefotaxime	-	18 (100%)	-	5 (100%)	-	1 (100%)	-	1 (100%)
Cefepime	-	18 (100%)	1 (20%)	4 (80%)	-	1 (100%)	-	1 (100%)
Ciprofloxacin	-	18 (100%)	-	5 (100%)	-	-	-	1 (100%)
Ofloxacin	-	18 (100%)	-	5 (100%)	-	-	-	1 (100%)
Levofloxacin	-	18 (100%)	-	5 (100%)	-	-	-	-
Moxifloxacin	-	18 (100%)	-	5 (100%)	-	-	-	1 (100%)

	Klebsiella species		Escherichia coli		Staphylococcus aureus (n=1)		Pseudomonas species (n=1)	
Antibiotics	( <b>n=18</b> )		( <b>n</b> =5)					
	S	R	S	R	S	R	S	R
Amikacin	5	13	1	4	-	-	1	-
	(27.78%)	(72.22%)	(20%)	(80%)			(100%)	
Dovyovelin	_	18		5	1	_	_	1
Doxycyclin	-	(100%)	-	(100%)	(100%)	-	-	(100%)
T	6	12	2	3			1	_
Imperent	(33.33%)	(66.67%)	(40%)	(60%)	-	-	(100%)	-
Frtananam	5	13	1	4	-	_	_	_
Entapenem	(27.78%)	(72.22%)	(20%)	(80%)		-		
Morononom	5	13	1	4	_		1	_
Meropenem	(27.78%)	(72.22%)	(20%)	(80%)	-	-	(100%)	-
Vancomycin	_	_	_	5	1	_	_	_
v ancomychi	-	-	-	(100%)	(100%)	-	-	-
Linezolid	-	-	-	5 (100%)	-	-	-	-

#### FIGURE: 9-A



## SENSITIVITY PATTERNS OF ANTIBIOTICS AGAINST **KLEBSIELLA SPECIES**

FIGURE: 9-B



27.7

Etapenen

27.7

Meropenem

SENSITIVITY PATTERNS OF ANTIBIOTICS

Antibiotics

Dowertine

0

Imipenem

27.78

Amikacin

0

Sensitivity Patterns (%)

30 20 10

0

0

Levoloxacin Notifloxacin

Resistant

### FIGURE: 9-C



### FIGURE: 9-D





Antibiotics

### FIGURE: 9-E



FIGURE: 9-F

SENSITIVITY PATTERNS OF ANTIBIOTICS AGAINST PSEUDOMONAS SPECIES


# FIGURE: 9-G





#### SUMMARY AND CONCLUSION

A total of 25 in-patients, included in the study between July 2011 to January 2012 and for whom antibiotic sensitivity testing was performed against various microorganisms isolated from their specimens mainly urine and blood, were reviewed during the entire study period. Nosocomial was more common among men than among women in this study. A high percentage of patients aged between '61-70' in this study population showed that patients over 60 years old are more prone to nosocomial infections.

The culture reports revealed that gram-negative organisms like *Klebsiella species, eshcerichia coli, pseudomonas species* were the predominant organisms causing HAI followed by *staphylococcus aureus*, a gram-positive organism. A total of 25 specimens containing 4 various microorganisms, underwent susceptibility testing against various antibiotics, among this 19 antimicrobials were included in this study.

Combination of  $\beta$ -lactam antibiotics with  $\beta$ -lactamase inhibitors are now very commonly used in the treatment of various infections. It is usual for the physicians to use these combinations as empirical therapy. Among this group, Piperacillin/ Tazobactum and Cefoperazone/ Sulbactum were showed higher sensitivity than Amoxicillin/ Clavulanic acid against various microorganisms in this study. The result also showed that Piperacillin/ Tazobactum and Cefperazone/Sulbactum had essential sensitivity towards *Klebsiella species* and *Escherichia coli*.

During the entire study, Polymyxin antibiotics showed sensitivity to all microorganisms. Cephalosporins showed low sensitivity towards gram negative microorganisms. But Flouroquinolones showed fully resistant patterns in *Klebsiella species, E. coli, S. aureus* and *Pseudomonas*.

Amino glycoside (Amikacin) and Tetracyclin antibiotics are shown fairly good sensitivity towards all the gram-positive and gram-negative organisms involved in this study. Carbapenems like Imipenem and Ertapenem showed appreciable activity against gram-negative organisms in the entire study. Glycopeptide antibiotics such as Vancomycin and Teicoplanin showed appreciable sensitivity towards gram-positive organisms. However, since the sample size was inadequate, so the result could not be consider as accurate.

Furthermore, our data suggest that the most effective antimicrobials remain for gram-positive organism such as *Staphylococcus aureus* in this study is Doxycyclin followed by Vancomycin and for gram-negative species such as *Klebsiella species, Escherichia coli, Pseudomonas aeruginosa* is Carbapenams followed by Piperacillin/Tazobactum.

The study emphasizes that, clinically significant Nosocomial infection is a serious consequence of a wide variety of initially localized infections, including those of the urinary tract, respiratory tract, surgical sites and indwelling devices such as central lines. Treatment is often urgent and may have to be undertaken without definitive identification of the organisms involved and their antimicrobial susceptibilities. These inadequate empirical therapy of nosocomial infections is associated with adverse outcomes, including increased mortality. Antimicrobial resistance is a common reason for these inadequate therapy. In this situation,

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knowledge of the most likely causative organisms and their expected resistance patterns can increase the probability of selecting an effective antimicrobial for empirical treatment. Timely surveillance studies can contribute reliable information to this knowledge base at national or regional level, although knowledge of local variations, at the level of individual hospital units etc.

Appropriate surveillance is also essential to monitor resistance trends and help to identify the factors that may be driving them. These surveillance systems make use of a network of laboratory-generated antibiograms that are constructed on the basis of the cumulative antimicrobial susceptibility data from each hospital. Antibiograms are currently used to estimate the impact of changes in antibiotic usage and to determine infection control strategies and antibiotic usage policies. Furthermore, antibiograms are often taken into account to define a rational selection of an empirical antimicrobial therapy for treating patients with hospitalacquired infections.

This study conveys that the major reason for antibiotic resistance is the inappropriate use of antibiotics due to lack of uniform policies and disregard for hospital infection control practices. So it is the time to think, plan and formulate a strong antibiotic policy to address this present scenario. Hence in the near future itself antibiotic prescribing guidelines have to be prepared and implemented for Nososcomial infections. Otherwise, empirical therapies will be ineffective which will in turn lead to widespread abuse of broad spectrum antibiotics which will ultimately result in further increase of resistance.



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From,

Sheril kc, II<sup>nd</sup> year MPharm, Department of Pharmacy Practice, KMCH College of Pharmacy. Coimbatore.

To,

The Trustee Madam, Kovai Medical Center Research & Educational Trust, Kovai Medical Center & Hospital, Avinashi Road, Coimbatore- 641014.

Through:

The Principal, KMCH College of Pharmacy, Coimbatore- 641048.

10 Tusters Forwadest to ()

Respected Madam,

Sub: Requesting Permission for doing M.Pharm Project work 2011-2012-Reg.

I wish to do my MPharm project work entitled "ANTIBIOTICS SURVEILLANCE PROGRAM: SURVEY ON THE RESISTANCE PATTERNS OF MICROORGANISMS TO ANTIBIOTICS IN NOSOCOMIAL INFECTIONS" as a partial fulfillment of Master of Pharmacy Degree in Tamilnadu Dr. M.G.R medical university under the guidance of Mr.K Chandrasekaran, M.Pharm. Here with I enclosed the detailed study protocol for your perusal. I am requesting you to grant permission to carry out the project work in our hospital.

Thanking You,

Date:  $\sqrt[3]{6}$  [1] Place: Coimbatore

Guide Name: K. C HANDRASE KARAN. D. PHARD.

Guide Signature:



Yours faithfully

Com Ellical,





# KMCH ETHICS COMMITTEE KOVAI MEDICAL CENTER AND HOSPITAL LIMITED

Post Box No. 3209, Avanashi Road, Coimbatore - 641 014. INDIA © : (0422) 4323800 Fax : Fox : (0422) 4270805

Ref: EC/AP/154/09/2011 19.09.2011

To

Mr. Sheril KC, M.Pharm II Year, KMCH College of Pharmacy, Coimbatore - 641 014

Dear Mr. Sheril KC,

The proposal entitled "ANTIBIOTICS SURVEILLANCE PROGRAM: SURVEY ON THE RESISTANCE PATTERNS OF MICROORGANISMS TO ANTIBIOTICS IN NOSOCOMIAL INFECTIONS" was reviewed by the Ethics Committee in its meeting held on 17.09.2011 and permission is granted to you to carryout the study at Kovai Medical Center and Hospital Ltd, Coimbatore, India.

Thanking you,

Yours faithfully,

Dr. P. R. Muthuswamy Chairman, Ethics Committee

Dr. P. R. MUTHUSWAMY, MA. MEA. FDPM(IIM-A)Ph.D., Chairman Ethics Committee Kovai Medical Center and Hospital Avanashi Road, COIMBATORE-641 014.

# DATA ENTRY FORM

-	SI.No.
Date of Admission	IP Number
PATIENT DETAILS	3
Patient Name	
Age Se	x Wt Ht Ward
Admitting Doctor	
Specialty	

## PAST MEDICAL HISTORY

## PAST MEDICATION HISTORY

ALLERGIES

# **REASON FOR ADMISSION**

# TYPE OF SURGICAL PROCEDURE DONE, IF ANY

#### ANY INVASIVE DEVICES

Culture & Sensitivity Testing	YES	NO		
Type of Specimen used				
Gram's Stain Report	YES	NO		

Bacteria isolated

## ANTIBIOGRAM REPORT

Name of the Antibiotics	Sensitive	Moderately sensitive	Resistant	Choice of Antibiotics

## DIAGNOSIS

## PATIENT'S CO MORBIDITIES

# ANTIBIOTIC PRESCRIBED EMPIRICALLY

Brand Name	Generic Name	Strength	Frequency	Route

#### ANTIBIOTIC PRESCRIBED AFTER ANTIBIOGRAM REPORT

Brand Name	Generic Name	Strength	Frequency	Route

#### CONCURRENT MEDICATIONS PRESCRIBED

Brand Name	Generic Name	Strength	Frequency	Route

#### **DRUG INTERACTIONS**

Interacting Medications		Clinical Effects

## **ADVERS DRUG REACTIONS**

#### **ANTIBIOTICS IN DISCHARGE**

Brand Name	Generic Name	Strength	Frequency	Route

## AVERAGE LENGTH OF STAY IN THE HOSPITAL

Number of days Antibiotics given	Number of days on IV	Number of days on Oral	Date of change from IV to Oral

# COST OF ANTIBIOTIC THERAPY

## CLINICAL PHARMACIST'S INTERVENTION