

## ABSTRACT

**Introduction:** The study was conducted to determine the Effects Of *Eclipta Alba* And *Emblica officinalis* On Hair Growth In Individuals With Hair Loss.

**Objective:** The intended research work aims at assessing the Effects Of *Eclipta Alba* And *Emblica officinalis* On Hair Growth In Individuals With Hair Loss.

**Study Design:** A Single Group Pre Post Study

Method: A total of 41 study subjects belonging within the age group of 15-30 years, participated in the study. The intervention group participants will be given *eclipta alba* ground into paste to apply externally and *amla* juice as oral intake. weekly twice for 3 months

After the period of 3 months hair density and thickness will be measured using hair densitometer and digital micrometer.

**Result:** The study showed significant improvement in the density and thickness of scalp hair parameters of the study participants. The hair growth observed to be significantly improved with *Eclipta alba* and *Emblica officinalis* .

**Conclusion:** The practice of herbology and nutrition mediated *Eclipta alba* and *Emblica officinalis* facilitates in improving the hair growth and preventing hair fall significantly.

**Keywords:** male pattern hair loss, female pattern hair loss, hair fall, *Eclipta alba* , *Emblica officinalis*.