

A DISSERTATION ON
“A COMPARATIVE STUDY BETWEEN BISAP SCORE AND
APACHE IIScore IN ASSESSING THE SEVERITY OF
ACUTE PANCREATITIS BASED ON THE REVISED
ATLANTA CLASSIFICATION”

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In partial fulfillment of the regulations for the award of the

DEGREE OF M.S (GENERAL SURGERY)
BRANCH-I



DEPARTMENT OF GENERAL SURGERY
STANLEY MEDICAL COLLEGE AND HOSPITAL
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MAY 2020

CERTIFICATE BY THE INSTITUTION

This is to certify that dissertation “**A COMPARATIVE STUDY BETWEEN BISAPSCORE AND APACHE II SCORE IN ASSESSING THE SEVERITY OF ACUTE PANCREATITIS BASED ON THE REVISED ATLANTA CLASSIFICATION**” is a bonafide record of work done by **Dr.V.NEDUNCHEZHIAN** in the Department of General Surgery, Stanley Medical College, Chennai, during his Post Graduate Course from MAY 2017- MAY 2020. This is submitted in partial fulfillment for the award of **M.S. DEGREE EXAMINATION- BRANCH I (GENERAL SURGERY)** to be held in May 2020 under the **Tamilnadu DR.M.G.R. Medical University, Chennai.**

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This is to certify that this dissertation entitled "**A COMPARATIVE STUDY BETWEEN BISAP SCORE AND APACHE II SCORE IN ASSESSING THE SEVERITY OF ACUTE PANCREATITIS BASED ON THE REVISED ATLANTA CLASSIFICATION**" is the bonafide work done by the candidate **Dr. V. NEDUNCHEZHIAN** Post Graduate Student (MAY 2017 to MAY 2020) in the Department of General Surgery, Stanley Medical College, Chennai-1, with registration number **221711060** under my guidance and supervision for the award of **M.S. Degree** Examination, Branch-I (**GENERAL SURGERY**) to be held in May 2020 under the Tamilnadu DR.M.G.R. Medical University, Chennai.

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DECLARATION

I **Dr. V. NEDUNCHEZHIAN**, solemnly declare that this dissertation entitled “**A COMPARATIVE STUDY BETWEEN BISAP SCORE AND APACHE II SCORE IN ASSESSING THE SEVERITY OF ACUTE PANCREATITIS BASED ON THE REVISED ATLANTA CLASSIFICATION**”, is a bonafide work done by me in the department of general surgery, Govt. Stanley Medical College and Hospital, Chennai under the supervision of **Prof. Dr. T. SIVAKUMAR M.S.**, This dissertation is submitted to the Tamilnadu Dr. M.G.R. Medical university, Chennai in partial fulfillment of the university regulations for the award of M.S, Degree (General Surgery), Branch – I Examination to be held in May 2020.

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ABBREVIATIONS

BISAP	–	Bedside Index for Severity in Acute Pancreatitis
APACHE II	–	Acute Physiological Age and Chronic Health Evaluation
AP	–	Acute Pancreatitis
MAP	–	Mild Acute Pancreatitis
SAP	–	Severe Acute Pancreatitis
MODS	–	Multi Organ Dysfunction Syndrome
ARF	–	Acute Renal Failure
RF	–	Respiratory Failure

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INTRODUCTION

Acute pancreatitis is the most common gastrointestinal disease for which patients are acutely hospitalized. Around 80% of patients with acute pancreatitis have a mild disease course where symptoms usually resolve within 1 week. Approximately 20% of patients develop severe acute pancreatitis with organ failure and/or necrotizing pancreatitis. Necrotizing pancreatitis is defined by pancreatic parenchymal necrosis and/or peripancreatic fat necrosis. Those patients are at risk for a persistent systemic inflammatory response syndrome and/or (multiple) organ failure. Sterile pancreatic necrosis and sterile peripancreatic collections can usually be treated successfully with conservative measures. However, 30% of patients develop secondary infection of necrosis, most often 3 to 4 weeks after the onset of disease. When secondary infection of necrosis occurs, morbidity and mortality increase dramatically. Overall mortality in severe pancreatitis is high (15% to 30%) compared with mild pancreatitis (0% to 1%).

AIMS AND OBJECTIVES OF THE STUDY

- To Evaluate the Efficacy of BISAP score and APACHE II score to Assessing the Severity and Mortality in Acute Pancreatitis based on the Revised Atlanta Classification.
- Stratification of the patients with Acute Pancreatitis according to their scores at the time of hospitalization.
- Thereby to Predict the Appropriate Point for Early and Timely Intervention.

MATERIALS AND METHODS

STUDY SETTING

Department of General Surgery, Govt. Stanley Medical College and Hospital, Chennai. The study was conducted after obtaining the Institutional Ethical Committee Approval.

DURATION

- 12 MONTHS

STUDY DESIGN

- Comparative Analytical Study

SAMPLE SIZE 100

PATIENT SELECTION

First 100 Patients Attending the Surgical Emergency Ward with Clinical features of Acute Pancreatitis are Admitted and Evaluated as per the designed proforma. Data pertinent to the scoring systems will be recorded within 24 hours of admission to the Hospital.

METHODS:

WRITTEN INFORMED CONSENT WILL BE OBTAINED FROM ALL SUBJECTS BEFORE ENROLMENT IN THE STUDY.

INCLUSION CRITERIA

- Age more than 20 years including both sexes.
- Serum amylase/serum lipase equal to or more than 3 times the upper limit of normal
- Radiological evidence of presence of acute pancreatitis.

EXCLUSION CRITERIA

- Age less than 20 years
- Chronic pancreatitis
- Hereditary pancreatitis.
- Patient with comorbidities like COPD, RENAL IMPAIRMENT AND IMMUNOSUPPRESSIVE STATE, etc.
- Traumatic pancreatitis associated with other visceral Injuries.

STATISTICAL ANALYSIS

1) For Each of 100 patients included in the study. APACHE II and BISAP scores were calculated by using the APACHE II prognostic system in the manner described by KNAUS et al and the cardinal health database system for BISAP scoring and Recorded within 24 hours of admission to the hospital.

2) Patients were classified to have Mild or Severe Acute Pancreatitis according to the Revised Atlanta classification guidelines.

3) APACHE II score of more than or equal to 9 and BISAP score more than or equal to 3 are expected to predict the severe acute pancreatitis.

4) Patients were observed prospectively until discharge or death.

REVIEW OF LITERATURE

HISTORY OF PANCREAS

The pancreas was generally ignored, both as an organ and as a seat of disease.

The pancreas was first discovered by Herophilus, a Greek anatomist cum surgeon, born in 336 BC on the Asiatic side of the Bosphorus in Chalcedon.

The word pancreas first mentioned in the writings of Eristratos. Rufus, an anatomist gave the name “pancreas”. The word meant “all flesh”.

Galen, Physician of Rome and the Roman Emperor, taught that the pancreas serves as a cushion to protect the large vessels lying behind it.

In March 2, 1642, Johan George Wirsung, discovered the pancreatic duct at San Fracisco Monastery in Padua, Italy. But it was named by his colleague as “the duct of wirsung”. Where as papilla, the enlargement of that duct at its junction with the Common Bile Duct which projects into the Duodenum, were first described by vater in 1720. Santorini described accessory duct in 1734, that bears his name.

In 1869, Paul Langerhans, a student of the famous Berlin institute of pathology, headed by eminent professor Rudolph Virchow, who describe the islets of pancreas that was subsequently known as the “Islets of Langerhans”, an endocrine system which lies with in the pancreas.

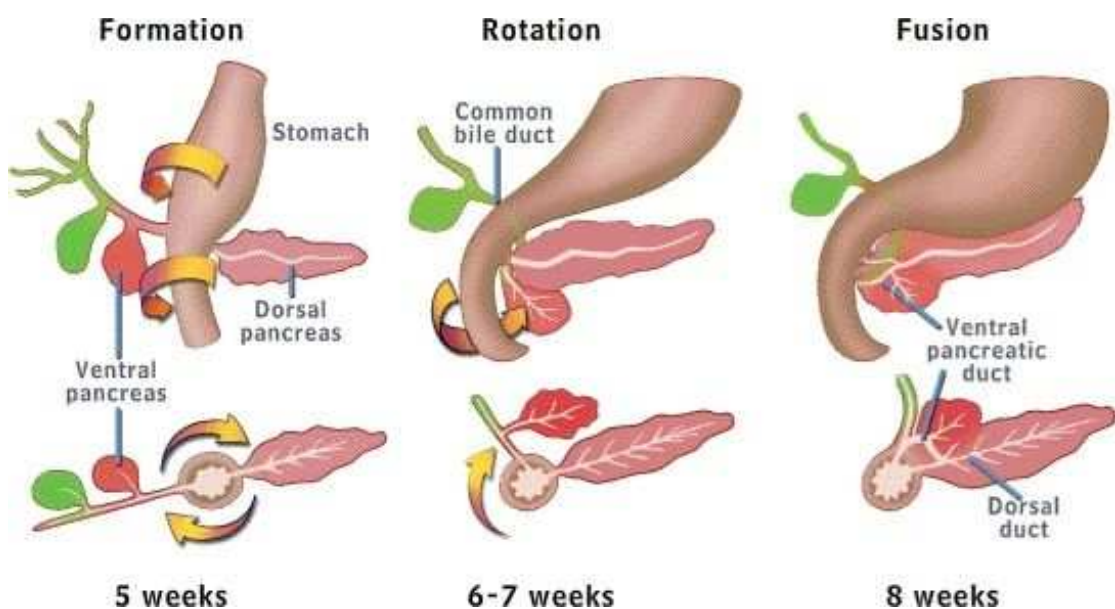
Since 1898, many surgeons undertook various steps for the resection of tumour of ampulla and Head of pancreas. Allen O. Whipple (1881-1963), son of American missionaries in Persia, was recognized as the “ Father of Pancreatic Surgery” for his successful single stage pancreatic head tumours.

In 1992, at the Atlanta Symposium, the clinically oriented classification system was established for Acute Pancreatitis.

EMBRYOLOGY

The pancreas develops from two separate growths(buds) of tissue, both of which arise from the distal foregut and develop within the mesenteries. The small ventral pancreatic bud branches from the hepatic diverticulum in the ventral mesentery and therefore shares a duct drainage system with the liver. The larger dorsal pancreatic bud forms in the dorsal mesentery. Rotation of the foregut to the right causes the ventral pancreatic bud and bile duct to rotate to the original dorsal aspect (now on the left hand side) of the gut tube, where it joins and fuses with the dorsal bud.

The ventral bud forms the pancreatic head and uncinate process whereas the dorsal bud forms the pancreatic neck, body and tail. The main pancreatic duct, which joins the common bile duct to drain into the second part of the duodenum via the major duodenal papilla, is formed by a union of the duct systems of the ventral bud and the distal part of the dorsal bud. The accessory pancreatic duct, which drains via the minor duodenal papilla, is formed from the duct system in the proximal part of the dorsal bud. Pancreatic tissue can be located in numerous ectopic positions including within the stomach, duodenum or jejunum, or in an ileal diverticulum. Malformation of the ventral pancreatic bud, possibly as a result of its bifurcation, can lead to an annular pancreas where pancreatic tissue surrounds, and therefore obstructs, the second part of the duodenum.



DEVELOPEMENT OF PANCREAS

GROSS ANATOMY

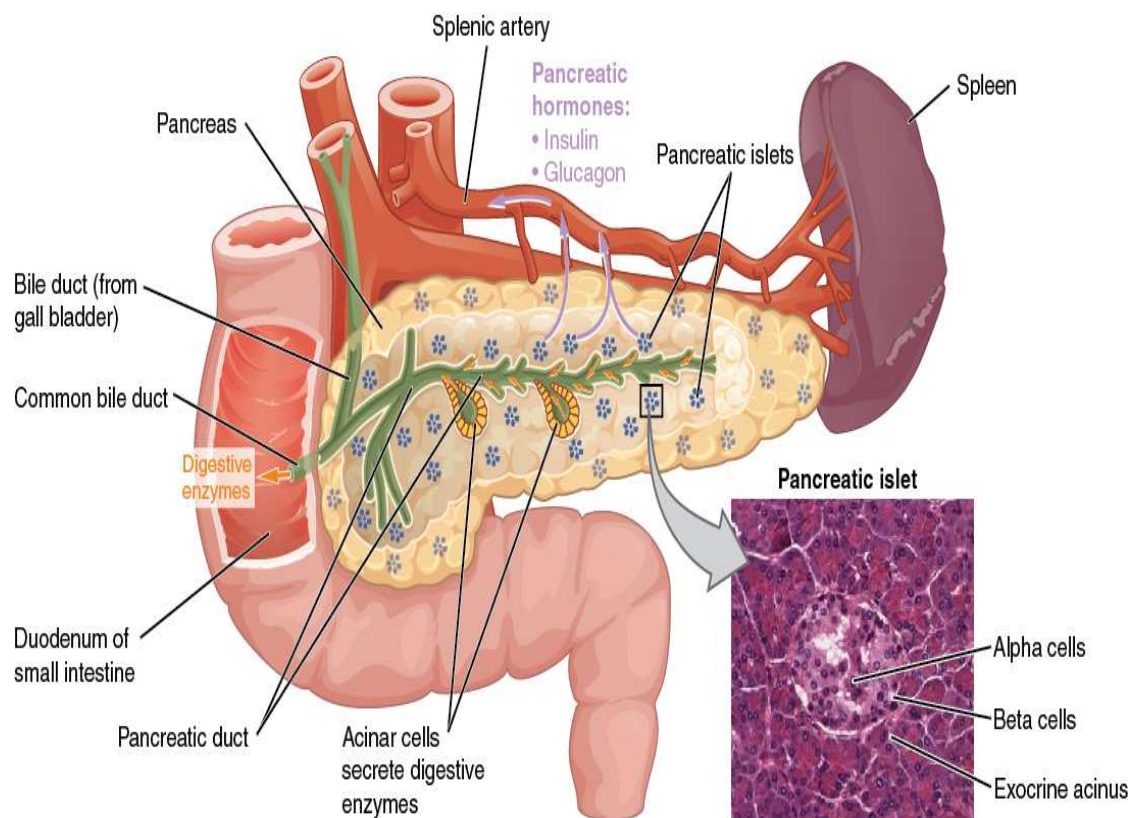
The pancreas is both an endocrine and an exocrine gland. It is about 15 cm long and weighs about 80 g. It possesses a head with an uncinete process, a neck, a body and a tail, and lies obliquely across the posterior abdominal wall, crossing the 1st lumbar vertebra and the aorta and inferior vena cava. The head, the expanded right extremity of the gland, bears inferiorly the **uncinate process**. The body, triangular in section, has anterior, inferior and posterior surfaces; the tail is the narrow left extremity and lies in the lienorenal ligament.

RELATIONS

The head lies within the curve of the duodenum. Anteriorly it is covered, from above downwards, by the pylorus, the transverse colon and the small intestine; posteriorly it lies on the inferior vena cava, the right renal vessels and the bile duct. The **uncinate process** lies on the left renal vein and the aorta and is crossed by the superior mesenteric vessels. The **neck** overlies the portal vein and is behind the pylorus and the gastroduodenal artery. Above the **body** is the coeliac artery, and the common hepatic and splenic arteries run along its superior border. Anteriorly lie the stomach and lesser sac. Inferiorly its surface is covered by the peritoneum of the greater sac and it is related to coils of small intestine. The transverse mesocolon is attached by its mesentery to its anterior surface.

The body, from right to left, lies on the aorta and superior mesenteric artery, the left crus of the diaphragm, the left renal vessels and the left kidney, and the splenic vein runs behind it throughout its length, being joined by the inferior mesenteric vein.

The **pancreatic duct** traverses the length of the gland to the head of the pancreas, where it joins the bile duct in the ampulla before opening into the second part of the duodenum. An accessory duct drains the uncinate process and usually drains into the ampulla, but it may open separately into the duodenum about 3 cm proximal to the main duct.



ANATOMY OF PANCREAS

BLOOD SUPPLY

This is from the splenic and superior and inferior pancreaticoduodenal arteries. The veins drain to the splenic vein and, via the pancreaticoduodenal veins, to the superior mesenteric vein.

NERVE SUPPLY

This is from the thoracic splanchnic nerves and the vagus via the coeliac plexus. Pain fibres, whose cell bodies are located in the 6th to 10th thoracic segments, are conveyed with the sympathetic nerves. Pancreatic pain is commonly referred to the back.

LYMPHATIC DRAINAGE

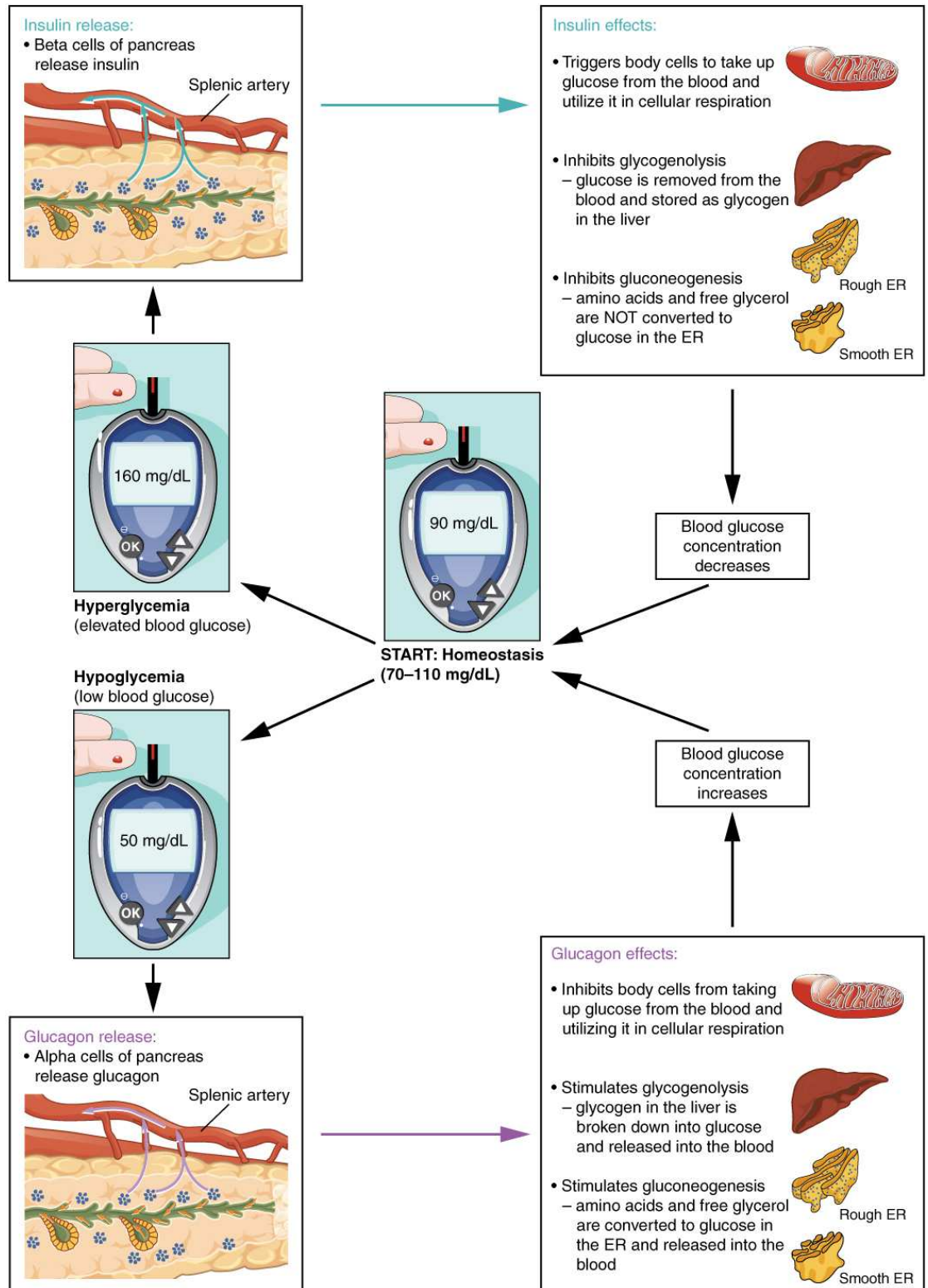
This is via suprapancreatic nodes to the preaortic coeliac nodes.

PHYSIOLOGY

Despite the disparate functions of the endocrine and exocrine parts of the pancreas, the two different components coordinate to regulate and respond to food digestion by secreting different hormones and digestive enzymes, with a regulatory feedback system in place. Pancreas mediates body's energy metabolism through islet cells of Langerhans.

Regulation based on the actions of Insulin and Glucagon. Insulin Raises the protein synthesis and reduces the lipolysis and glycogenolysis. Especially after a meal or in a hyperglycemic state. Glucagon, on the other hand, is viewed as the hormone of energy release. Which raises the blood glucose by gluconeogenesis, glycogenolysis and lipolysis. Thus counteracts the effects of insulin. β cells secrete insulin when glucose is ingested enterally compared to the parenteral route, indicating that a feed-forward mechanism in the digestive tract is activated, anticipating the rise in blood glucose through *incretins*. glucose-dependent insulinotropic peptide, also known as gastric inhibitory peptide (GIP), and glucagon-like peptide-1 (GLP-1).

Both are secreted by endocrine cells located in the small intestinal epithelium when the concentration of glucose increases which stimulate the β cells to secrete more insulin. Hence, the great interest in the pharmaceutical industry to develop incretin-based therapies to treat diabetes, In addition to GLP-1's inhibitory effect on glucagon secretion and the ability to increase food transit time in the stomach. Humoral inhibitors include somatostatin, amylin, leptin, and pancreastatin. Insulin secretion stimulated by vagus nerve and sympathetic system inhibits it. Other substances like vasoactive intestinal peptide, substance P and neurotensin stimulated by pancreas.

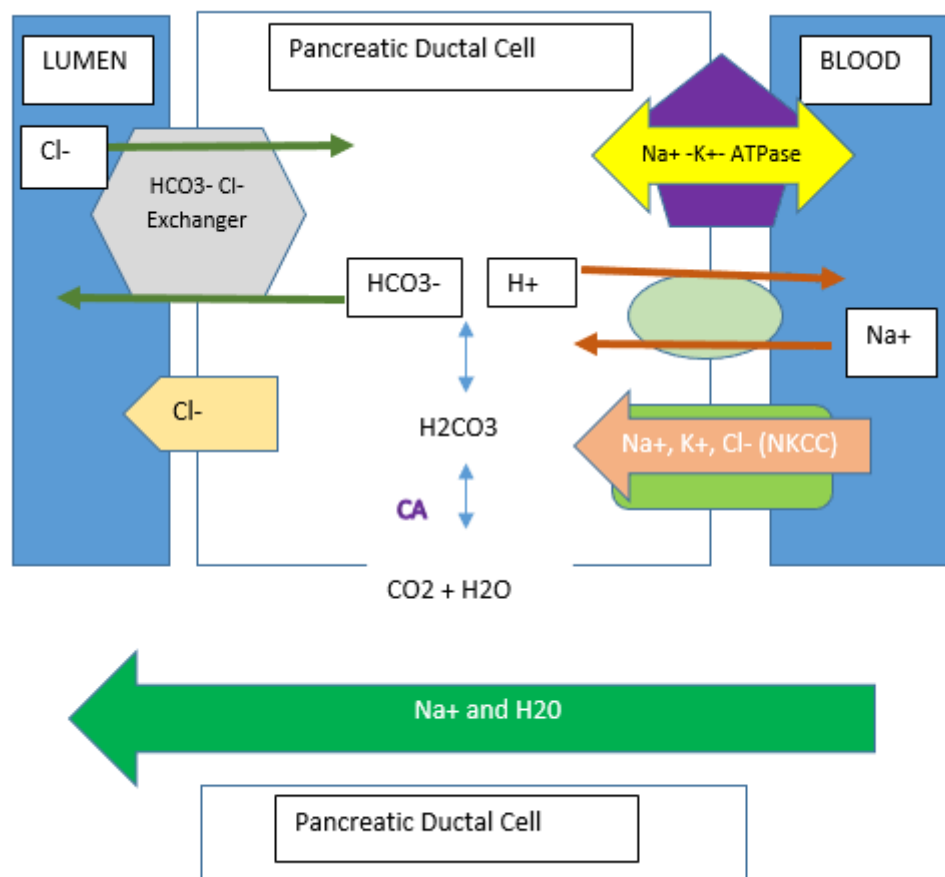


ENDOCRINE PANCREATIC SECRETION AND FUNCTIONS

Exocrine secretion function mediated by cholecystokinin and parasympathetic vagal discharge. The exocrine function is traditionally divided into three phases: (1) the cephalic phase, which is triggered by the sight and smell of food, comprises 10% to 20% of pancreatic excretion; (2) the gastric phase, which is triggered by food entering the stomach and gastric distention, comprises 15% to 20% of enzyme excretion; and (3) the intestinal phase, which is triggered by acidification of the duodenum and proximal jejunum, comprises 60% to 70% of meal-stimulated pancreatic excretion. The exocrine portion of the pancreas is comprised of a ductal tree along with a mass of acinar cells. Acidification and entry of fatty acids along with bile salts in the duodenum stimulate secretin and VIP, in turn leading to the release of a bicarbonate-rich fluid from ductal cells. Vagal stimulation and the entry of either peptides or fatty acids into the duodenum cause release of CCK and acetylcholine, producing the secretion of a digestive enzyme-rich fluid from the acinar cells.

Currently, the most widely accepted model of bicarbonate secretion from the ductal cells involves the diffusion of carbon dioxide into the cell from the circulation, where it is hydrated by carbonic anhydrase to form H_2CO_3 . H_2CO_3 dissociates into H^+ and HCO_3^- . The bicarbonate is transported into the ductal space by a chloride/bicarbonate exchanger. Secretin binds to receptors on the basolateral membrane, activating adenylate cyclase to produce cyclic adenosine monophosphate (cAMP).

cAMP in turn activates the cystic fibrosis transmembrane regulator (CFTR) on the luminal cell surface, allowing for the passage of chloride into the ductal space. The passage of bicarbonate and chloride across the ductal cell membrane generates an ionic and osmotic gradient causing sodium and water to follow. Defects in CFTR lead to both acute and chronic pancreatitis through ductal and glandular obstruction secondary to the inability to hydrate the ductal molecules in the lumen.



EXOCRINE PANCREATIC SECRETION

The lack of chloride ions flowing into the lumen prevents the formation of an ionic and osmotic gradient. Therefore, sodium and water do not cross into the lumen, producing a low volume, thickened secretion and subsequent blockage. Pancreatitis is rarely a complication in individuals with mutations of both CFTR alleles because this results in rapid destruction of the pancreas beginning in utero. Patients experience the loss of acinar cells, which are a necessary nidus for pancreatitis, leading to pancreatic insufficiency. Along with bicarbonate secretion, the second arm of pancreatic exocrine function involves the release of digestive enzymes from the acinar cells. Digestive enzymes are synthesized in their inactive form within acinar cells and are packaged into zymogen granules. The granules migrate to the cell surface and fuse to the cell membrane releasing their contents in response to vagal stimulation, peptides, and fatty acids. Some enzymes, including amylase, lipase, RNase, and DNase are synthesized in their active forms, but most (trypsinogen, chymotrypsinogen, procarboxypeptidase and proelastase) are inactive upon release. The intestinal brush border enzyme, enteropeptidase, cleaves trypsinogen to its active form, trypsin. Trypsin cleaves and activates the remaining digestive enzymes. More than 40 mutations in cationic trypsinogen (*PRSS1*), the gene that encodes trypsin, have been uncovered.

The mutations often cause the premature activation of trypsinogen to trypsin, producing a condition characterized by recurrent episodes of pancreatitis ultimately leading to pancreatic insufficiency.

Serum amylase is increased 2.5 times higher than normal level in acute pancreatitis within 6hrs. Major drawback in serum amylase level analysis is less specificity to diagnose acute pancreatitis. The amylase-to-creatinine ratio (ACR) may be useful in differentiating acute pancreatitis from other conditions which produce raised amylase level.

Serum lipase level is more specific in diagnosing pancreatic tissue damage because lipase is only produced in the pancreas. Lipase raised in alcoholic pancreatitis and the amylase level increased in gallstone pancreatitis, hence the lipase-to-amylase ratio has been useful to distinguish between these two.

Hormones	Islet Cell	Functions
Insulin	β (beta cell)	Decreased gluconeogenesis, glycogenolysis, fatty acid breakdown, and ketogenesis
		Increased glycogenesis, protein synthesis
Glucagon	α (alpha cell)	Opposite effects of insulin; increased hepatic glycogenolysis and gluconeogenesis
Somatostatin	γ (delta cell)	Inhibits GI secretion
		Inhibits secretion and action of all GI endocrine peptides
		Inhibits cell growth
Pancreatic polypeptide	PP (PP cell)	Inhibits pancreatic exocrine secretion and secretion of insulin
		Facilitates hepatic effect of insulin
Amylin (IAPP)	β (beta cell)	Counterregulates insulin secretion and function
Pancreastatin	β (beta cell)	Decreases insulin and somatostatin release
		Increases glucagon release
		Decreases pancreatic exocrine secretion
Ghrelin	ϵ (epsilon cell)	Decreases insulin release and insulin action

IAPP = islet amyloid polypeptide.

ACUTE PANCREATITIS

Definition:

Acute pancreatitis is “an inflammatory disease, associated with little or no fibrosis of the pancreas”. There are several initiating factors, which include gallstones, alcohol, trauma, and infections, and, rarely hereditary.

Etiology of acute pancreatitis:

There are so many different factors have been implicated in the causation of this disease. On the basis of worldwide data, the most common cause are gallstones, account for about 45 percent of cases. Alcoholism is the second common cause, in about 35 percent of cases. The disease occurs at higher rate in young men and older women. Females are more prone to have gall stone pancreatitis and males are more prone to have alcohol induced pancreatitis.

CAUSES OF ACUTE PANCREATITIS:

Alcohol

Biliary tract disease

Obstructive causes:

- Choledocholithiasis
- Ampullary carcinoma or pancreatic malignancy

- Papillary obstruction by worms/foreign bodies
- Pancreas divisum with minor duct obstruction
- Choledochoceles
- Duodenal diverticula at periampullary region
- Spasm sphincter of Oddi

Toxins or drugs:

- *Toxins*:- ethanol/methanol, scorpion sting, organophosphorous compounds
- *Drugs*:- **Definite cause**
- 5-Aminosalicylate (ASA)
- 6-Mercaptopurine (6-MP)
- Azathioprine
- Cytosine arabinoside (cytarabine)
- Didanosine
- Diuretic agents
- Estrogens, etc.

Probable Cause

- Acetaminophen
- α -Methyl-DOPA
- L-Asparaginase
- Isoniazid (INH)
- Phenformin, etc.

Trauma:

- External / surgical traumatic injury to the abdomen.
- Iatrogenic injury- postoperative trauma, post ERCP, post endoscopic sphincterotomy and manometry of sphincter of Oddi

Metabolic abnormalities:

- Hypercalcemia
- Hypertriglyceridemia **Inherited conditions**

Infection:

- Parasitic:- ascariasis, Clonorchis sinensis
- Viral:- mumps, rubella, hepatitis A, B, non-A, non-B, coxsackie B, echovirus, adenovirus, CMV, varicella, EBV, HIV.
- Bacterial:- mycoplasma pneumoniae, Campylobacter jejuni, Myco.tuberculosis, MAC, legionella pneumophila, leptospiral infection

Vascular causes:

- Hypo perfusion causing ischemia (e.g., after major cardiac vascular surgery)
- Athero-embolism
- Vasculitis-SLE, PAN, malignant hypertension
- **Miscellaneous causes:**
 - Peptic ulcer penetration
 - Cystic fibrosis
 - Crohn's disease
 - Reye's syndrome
 - Hypothermia

Idiopathic causes

The two major causes of acute pancreatitis are biliary calculi, which occur in 45-50% of patients, and alcohol abuse, which accounts for 35% of cases. Gallstone pancreatitis is thought to be triggered by the passage of gallstones down the common bile duct. If the biliary and pancreatic ducts join to share a common channel before ending at the ampulla, then obstruction of this passage may lead to reflux of bile or activated pancreatic enzymes into the pancreatic duct. Patients who have small gallstones and a wide cystic duct may be at a high risk of passing stones.

The proposed mechanisms for alcoholic pancreatitis include the effects of diet, malnutrition, direct toxicity of alcohol, concomitant tobacco smoking, hypersecretion, duct obstruction or reflux, and hyperlipidemia. The remaining cases may be due to rare causes or be idiopathic.

Among patients who undergo ERCP, 1–3% develop pancreatitis, probably as a consequence of duct disruption and enzyme extravasation. Patients with sphincter of Oddi dysfunction or a history of recurrent pancreatitis, and those who undergo sphincterotomy or balloon dilatation of the sphincter, carry a higher risk of developing post-ERCP pancreatitis.

Patients who have undergone upper abdominal or cardiothoracic surgery may develop acute pancreatitis in the postoperative phase, as may those who have suffered blunt abdominal trauma.

Hereditary pancreatitis is a rare familial condition associated with mutations of the cationic trypsinogen gene. Patients have a tendency to suffer acute pancreatitis while in their teens, progress to chronic pancreatitis in the next two decades and have a high risk (possibly up to 40%) of developing pancreatic cancer by the age of 70 years. Occasionally, tumours at the ampulla of Vater may cause acute pancreatitis.

It is important to check the serum calcium level, a fasting lipid profile, autoimmune markers and viral titres in patients with so called idiopathic acute pancreatitis.

It is equally important to take a detailed drug history and remember the association of corticosteroids, azathioprine, asparaginase and valproic acid with acute pancreatitis. Statins (taken over a long time) and gliptins have been linked with pancreatitis, but the evidence is slim. It is essential to exclude tiny gallstones. A careful search for the etiology must be made in all cases, and no more than 20% of cases should fall into the idiopathic category.

PATHOPHYSIOLOGY

Acute pancreatitis occurs in varying degrees of severity, the determinants of which are multifactorial. It is generally believed that acute pancreatitis is triggered by digestive enzymes which got activated inside acinar cells. This was thought to be counteracted by endogenously secreted pancreatic enzyme inhibitor. The ultimate severity depends upon the event that subsequently occurs following the acinar cell injury. The events are activation and recruitment of inflammatory cell and mediates the inflammation. Large amounts of liberated digestive enzymes however overwhelm the system as a whole.

There are three reasons for this theory:

- (a) The pancreas is digestible by the activated enzymes of the duodenum.
- (b) Activated digestive enzymes are present within the pancreas in severe pancreatitis
- (c) The Pancreatitis histology is suggestive of a coagulative necrosis.

However, the mechanism(s) of erroneous activation are not fully understood.

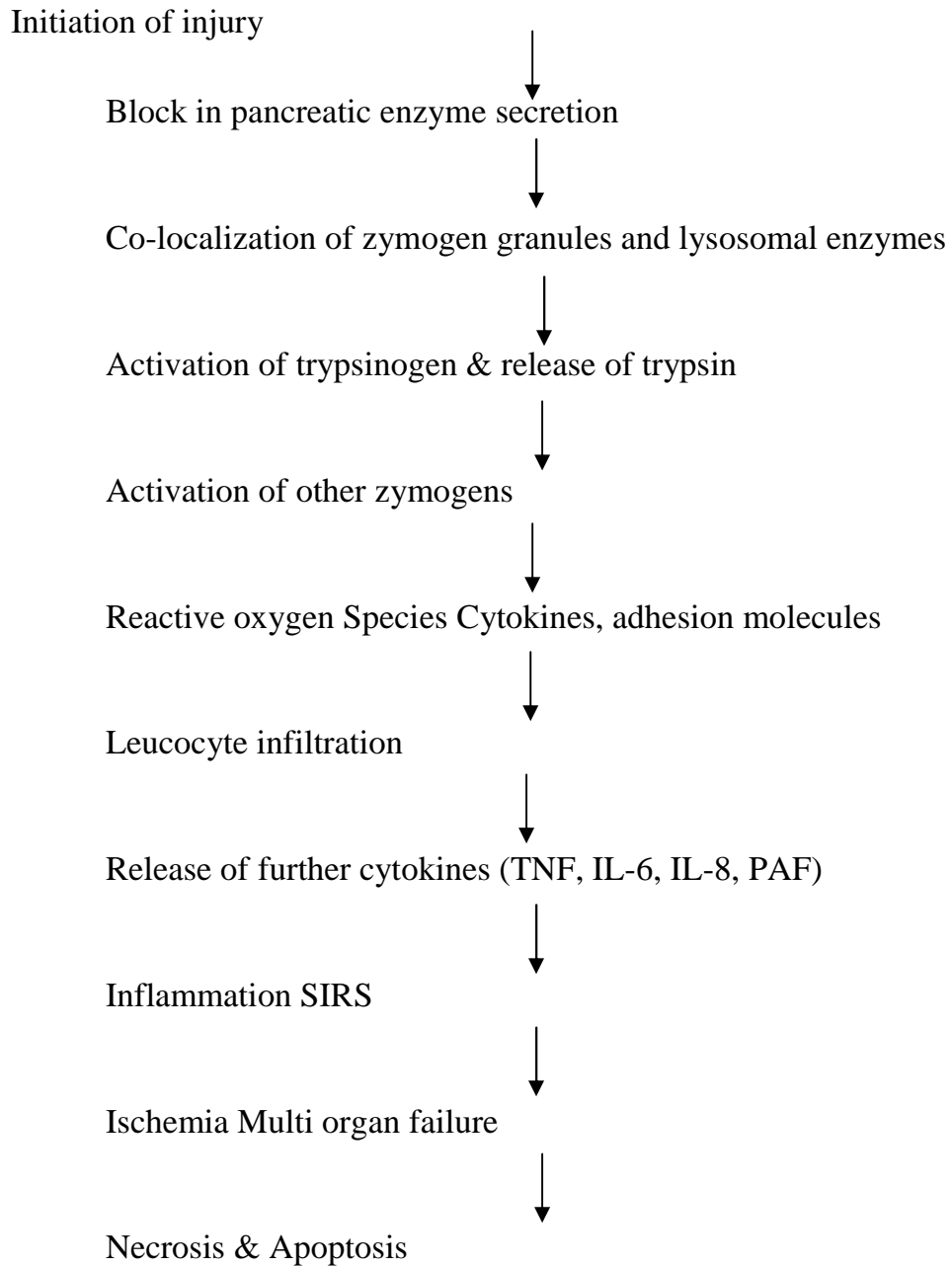
According to “*colocalization hypothesis*” digestive enzymes are confined within cytoplasmic vacuoles that also contain the lysosomal hydrolase Cathepsin B, which activates trypsinogen. Recent studies suggest that cathepsin B activity inhibition by highly specific inhibitor,

CA-74me, protects against intracellular activation of trypsinogen and hence pancreatitis.

These findings suggest that the trypsinogen is activated because it erroneously colocalises in cytoplasmic vacuoles with cathepsin B.

Recent studies suggest that trypsin, once activated inside the colocalized vacuoles (appears similar to autophagic vacuoles), mediates the permeability of these organelles and release of their contents into the cytosol. Cathepsin B is

one of the enzymes released into the cytosol during pancreatitis. Which causes apoptotic cell death by permeabilizing mitochondrial membranes, which allows cytochrome C to be released into the cytosol and the apoptotic death of the acinar cells.



Schematic representation of the mechanisms of pathogenesis of acute pancreatitis.

CLINICAL PRESENTATION:

The clinical presentation, diagnosis, and management of an acute attack of pancreatitis are similar regardless of whether that attack is acute or chronic pancreatitis. The acute pancreatitis can mimic like acute abdomen and should never be excluded in differential diagnosis. Abdominal pain, nausea, and vomiting are the predominant symptoms. Each episode begins with severe pain, following a substantial amount of meal. The cardinal symptom is usually epigastric pain, but can occur anywhere in the abdomen or lower chest. The pain was described as "knifing" or "boring through" to the back, while leaning forward the pain might be relieved (*Mohmadian prayer position*). Pain starts 12-48 hours after a bout of alcohol or after a large meal in case of gall stone pancreatitis. Pain became generalized once peritonitis has been set in.

Peritoneal dialysis, post-operative situations, legionnaire's disease are well known for the occurrence of uncommon painless pancreatitis. If patient develops generalized paralytic ileus abdominal distension and vomiting can occur. The vomiting may lead to gastro esophageal tears (i.e., Mallory-Weiss syndrome) and upper gastrointestinal bleeding. Vomiting is more intense in necrotizing pancreatitis than in edematous pancreatitis. Although vomiting and retching may be relieved by passage of a nasogastric tube, the pain usually persists even after gastric decompression.

Fever is an important sign. Fever in the first week is due to acute inflammation mediated by cytokines. Fever in the second or third week is

due to infected pancreatic necrosis. Fever in gall-stone induced pancreatitis, may be due to cholangitis and mandates prompt biliary decompression.

PHYSICAL FINDINGS:

On examination, the patient may be tachypneic, hypotensive, and hyperthermic, and have tachycardia. The temperature was minimally raised in uncomplicated pancreatitis. Mild guarding might be present over the epigastric and left hypochondrial region. The bowel sounds may be decreased or absent. There is usually no palpable swelling or masses. The abdomen may have minimal ascites and left sided pleural effusion. With increasing severity, there are sequestrations of fluid in the retroperitoneum that leads to life threatening intravascular fluid loss. This leads to hemoconcentration. There might be bleeding into the retro peritoneum or peritoneal cavity which might be dissect into the soft tissues and appears as a bluish discoloration around the umbilicus (Cullen's sign) or in the flanks (Grey Turner's sign) and the inguinal region (Fox's sign).

The severe intravascular fluid loss may lead to acute renal shutdown with elevated BUN and creatinine levels. And also there may be hyperglycemia, hypoalbuminemia, and hypocalcemia that are sufficient enough to produce tetany in few cases.

DIAGNOSIS:

The clinical diagnosis is one of exclusion and diagnosis may be difficult despite the plenty of investigation that are available.

SERUM PANCREATIC ENZYMES:

Serum pancreatic enzyme estimation is the gold standard for diagnosis. The reason is pancreatic acinar cells synthesize, store, and secrete a large amount of digestive enzymes (e.g., amylase, lipase, trypsinogen, and elastase), the levels of which are elevated in the serum of most patients. Because of the ease of measurement, serum amylase levels are measured most often. Serum amylase concentration will increase immediately reaches the peak value within several hours after the onset of disease and remains elevated for 3 to 5 days before returns back to normal. There was no significant correlation between the magnitude of serum amylase rise and severity of pancreatitis. But, there are many nonpancreatic causes of hyperamylasemia (e.g., biliary tract disease, intestinal obstruction, mesenteric ischaemia, acute appendicitis, mumps, parotitis, impaired amylase excretion etc.), that make the interpretation of this marker difficult.

In contrast, a patient with acute pancreatitis may have a normal serum amylase level, which could be due to several reasons like patients with Hyperlipidemia; values might appear to be normal because of interference by lipids with chemical determination of serum amylase. The urinary amylase clearance from the circulation increases during pancreatitis; therefore, the urinary amylase levels might be more sensitive than serum levels. For these reasons, it is recommended to measure the urinary amylase concentrations, which usually remain elevated for several days after serum amylase levels have returned back to normal. In patients with severe pancreatitis associated with significant necrotic damage, the pancreas may not release large amounts of enzymes into the circulation. It is important to recognize that, in patients with severe pancreatitis, frequent measurement of serum enzymes is not needed. Patients with alcoholic pancreatitis, in general, have a smaller increase in serum amylase levels. Because hyperamylasemia can be observed in many extra pancreatic diseases, measuring pancreatic-specific amylase (p-amylase) rather than total amylase, which also includes salivary amylase, makes the diagnosis more specific (88 to 93%).

The serum lipase estimation has been found to have high sensitivity and specificity in the diagnosis as there are no other sources of lipase. Total amylase is having a sensitivity of 84%, the serum P- amylase has 95% and lipase has 93%. Specificities for amylase, P-amylase and lipase respectively are 88%, 93% and 96%, respectively. Thus P-amylase is the enzyme with the higher diagnostic value. The rise of lipase: amylase has been found to

differentiate alcoholic from nonalcoholic pancreatitis. The serum (SGPT) alanine aminotransferase level rise of three or more times above the base-line value has great specificity in diagnosing gallstone pancreatitis. Immunologic assay like serum trypsinogen or immune lipase are generally less specific than the lipase assay. The increased urinary level of activation peptides released during either trypsinogen, procarboxypeptidase, or phospholipase activation, may aid in predicting the severity of an attack. Leucocyte migration and activation has considered as major determining factor of local & systemic complications. Although methemalbumin levels sometimes rise during attacks of severe pancreatitis, and methemalbuminemia is indicative of a poor prognosis, methemalbumin levels are usually not measured. Circulating levels of several inflammatory mediators and acute phase reactants (e.g., IL-1, 6, TNF-alpha, and CRP) also increase during pancreatitis, and the magnitude of those increases can be used to predict the severity of an attack. C-reactive protein is readily available in all centers and values > 120mg/L, after 72 hours are closely related to necrotizing pancreatitis.

IMAGING:

In general, the plain chest and abdominal radiographs can be useful in the management by identifying other causes for the patient's symptoms (e.g., pneumonia, perforated hollow viscous, mechanical bowel obstruction).

Plain abdominal X-ray findings are either generalized or local ileus (known as sentinel loop), colon "cut-off" sign or "renal halo" sign. A chest

radiograph may show left pleural effusion, elevated left hemi diaphragm or basal atelectasis.

ULTRASONOGRAPHY:

Abdominal ultrasound (US) examination is the gold standard for confirmation of gallstones pancreatitis. It is also helpful to detect extra pancreatic ductal dilations & pancreatic edema, swelling, free peritoneal fluid and peripancreatic acute fluid collections (PFCs). It may not be sensitive in about 20% of cases, due to bowel gas interference with the imaging.

CT SCAN:

The contrast-enhanced computed tomography (CECT), has become gold standard for

- Diagnosis
- Assessing the severity
- Detection of complications of acute pancreatitis.

The Balthazar scoring system and other similar grading systems have incorporated various CT findings such as inflammation and fluid collections in & around the pancreas to correlate radiographic appearance with

morbidity and mortality. Early CT scans often fail to detect evolving necrosis, which become well demarcated by 2 to 3 days after the onset of symptoms. The CT scans are not useful in diagnosing necrosis or predicting the severity within the 24 hours of onset of illness. The sensitivity for identifying pancreatic necrosis using contrast-enhanced CT scan approaches 100%, 4 days from diagnosis. CT scans also been useful in the early diagnosis of infected pancreatic necrosis and image guided aspiration of necrosis, when patient not improving clinically or who experience clinical decline. In the patient with moderate renal impairment or allergy to intravenous contrast material, magnetic resonance imaging (MRI) may be useful. MRI has been found to have sensitivity and specificity similar to contrast-enhanced CT for detecting severe acute pancreatitis. ERCP should be done in patients with acute pancreatitis, whose clinical course fails to improve despite full intensive care support, and in whom ampullary or common bile duct stone impaction is suspected, based on ultrasonography, or clinical/biochemical signs of cholangitis. It may also be helpful in patients with recurrent attacks of acute pancreatitis, without any obvious cause. It is useful in correcting potentially correctable lesions such as CBD stones with impaction, pancreas divisum, ampullary stenosis, pancreatic duct stenosis etc.

FACTORS DETERMINING THE SEVERITY OF PANCREATITIS:

The severity of acute pancreatitis varies significantly. Some may have mild form of the disease that is self-limiting, while others suffer a more severe and sometimes lethal attack. Severity in acute pancreatitis is multifactorial which is important to detect the cause as early as possible to decrease the morbidity and mortality associated with the disease.

#Severity of Acute Pancreatitis as Defined in the Revised Atlanta

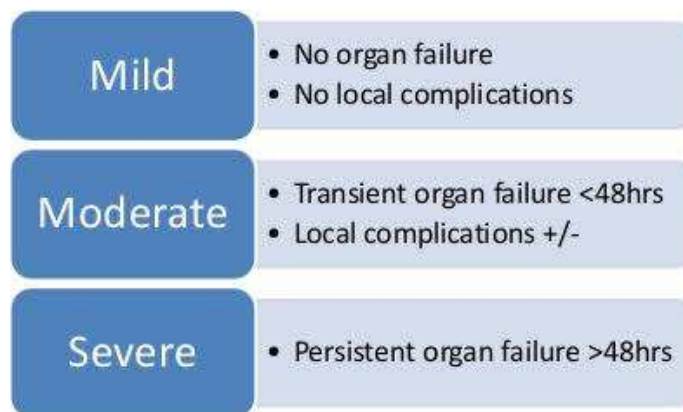
Classification

REVISED ATLANTA CLASSIFICATION

Complications	Mild	Moderate	Severe
Local complications	No	Yes	Yes
Systemic complications	No		
Transient organ failure	-	Yes	Yes
Persistent organ failure	-	No	Yes
Exacerbation of preexisting comorbidity	-	Yes	Yes

Local complications: acute peripancreatic fluid collection, pseudocyst formation, pancreatic necrosis and pleural effusion.

Classification of acute pancreatitis – Revised ATLANTA criteria 2012



* **Local complications** : acute peripancreatic fluid collection, pancreatic pseudo cyst, acute necrotic collection, pleural effusion

* **Organ failure** : failure of 3 main organs, respiratory, cardiac, renal and other organ systems (hepatic, hematological, Neurological)

Scoring Systems in Acute Pancreatitis

Cutoff for Predicted Severe Acute Pancreatitis

- APACHE II ≥ 8 in first 24 h*
- BISAP ≥ 3 in first 24 h
- Modified Glasgow (or Imrie) ≥ 3 in first 48 h
- Ranson ≥ 3 in first 48 h
- Urea at admission >60 mmol/L

- C-reactive protein >150 U/L in first 72 h

*After onset of symptoms.

APACHE, Acute physiology and chronic health evaluation; *BISAP*, bedside index for severity in acute pancreatitis

TREATMENT:

There are two phases in evolution of an acute attack of pancreatitis. Both phases are overlapping on each other. The initial phase, which lasts for 1 to 2 weeks, involves an acute inflammatory and autodigestive process that takes place within and around the pancreas. It may have systemic effects as well. The second phase, that may last for weeks or months, is primarily characterized by the development of local complications that are, themselves, the results of necrosis, infection and pancreatic duct rupture. Immediate management in pancreatitis patients is early diagnosis, assessing the severity, treating the major symptoms, and halting the disease progression. The treatment for acute pancreatitis is largely supportive. Since 15-30 % patients develop severe pancreatitis, so each and every patient should be treated aggressively. The main aim of the treatment is 'allowing rest to the gland' by oral feed and fluids restriction. The goal of initial management consists of adequate fluid replacement, correction of electrolyte imbalance, nutritional support and prevention of local & systemic complications.

Early management of severe acute pancreatitis.

- Admission to HDU/ICU
- Analgesia
- Aggressive fluid rehydration
- Supplemental oxygen
- Invasive monitoring of vital signs, central venous pressure, urine output, blood gases
- Frequent monitoring of haematological and biochemical parameters (including liver and renal function, clotting, serum calcium, blood glucose)
- Nasogastric drainage (only initially)
- Antibiotics if cholangitis suspected; prophylactic antibiotics can be considered
- CT scan essential if organ failure, clinical deterioration or signs of sepsis develop
- ERCP within 72 hours for severe gallstone pancreatitis or signs of cholangitis
- Supportive therapy for organ failure if it develops (inotropes, ventilatory support, haemofiltration, etc.)
- If nutritional support is required, consider enteral (nasogastric) feeding
- CT, computed tomography; ERCP, endoscopic retrograde cholangiopancreatography; HDU, high-dependency unit; ICU, intensive care unit.

MANAGEMENT OF PAIN

Good analgesics should be given to these patients as the pain can be very severe in intensity. Most patients require narcotic analgesics. Meperidine is preferred as morphine induces spasm of the sphincter of Oddi, which can, at least theoretically, worsen biliary pancreatitis.

FLUID AND ELECTROLYTE MANAGEMENT

Aggressive fluid resuscitation is important to replenish extravascular, or "third space," fluid losses, which may be considerable. The fluid resuscitation is of utmost importance to prevent systemic complications, mainly acute renal insufficiency, that may occur with hypovolemia. Transudation of the fluid from intravascular space into the areas of inflammation (i.e., peripancreatic, retroperitoneum and into the pulmonary parenchyma and soft tissues elsewhere in the body) is the principle cause of hypovolemia. Furthermore, studies have shown that inadequate resuscitation may add upon as a significant risk that leads to further pancreatic injury.

Banks and colleagues have showed that while aggressive fluid resuscitation might not prevent the progression to develop pancreatic necrosis. The degree and intensity of monitoring depends upon the disease severity. During the first several days of a severe attack, circulating levels of

many proinflammatory factors, including cytokines and chemokines, are elevated. This so-called “*cytokine storm*”, in many cases, triggers the systemic immune response syndrome, and as a result, the hemodynamic parameters of these patients may resemble those of sepsis associated with other disease states. Heart rate, cardiac output, and cardiac index usually rise, and total peripheral resistance falls. Hypoxemia can also occur as a result of the combined effects of increased intrapulmonary shunting and a pancreatitis-associated lung injury that closely resembles that seen in other forms of ARDS. Fluid management, though critical, may be difficult when hypovolemia is combined with respiratory failure of ARDS. Measurement of central filling pressures, using a Swan-Ganz or central venous pressure catheter, can be helpful in guiding fluid management, particularly when hypovolemia is combined with lung injury.

NASOGASTRIC DECOMPRESSION

The nausea and vomiting of pancreatitis can result in significant fluid as well as electrolyte losses and retching can lead to gastro-esophageal mucosal tears and result in upper gastrointestinal bleeding (i.e., the Mallory-Weiss syndrome).

For symptomatic relief and to increase patient comfort, nasogastric decompression may be needed, although the institution of nasogastric drainage does not shown to alter the eventual outcome of an attack.

PROPHYLACTIC ANTIBIOTICS

Infection is a serious complication of acute pancreatitis and is the most common cause of death. It is mostly caused by the enteric bacteria and was seen commonly in necrotizing pancreatitis. Local infection were common with larger amounts of pancreatic necrosis, and this increases in incidence as time progresses for at least the first 3 weeks in the course of the disease. Aerobic and anaerobic gastrointestinal floras are the primary organisms involved, and infections may be either mono or polymicrobial in nature. The predominant microbes seen were *E.coli* (35%), *Kleb.pneumoniae* (25%), *Streptococcus* (25%), *Staphylococcus* (15%), and *Pseudomonas* (10%). The association of high mortality with pancreatic infection has been the rationale behind the use of prophylactic antibiotics widely in patients with pancreatic necrosis. In severe pancreatitis, beneficial effects have been observed with regimens that included imipenem alone, imipenem with cilastatin, metronidazole and third-generation cephalosporin (cefuroxime). Because *Candida* species are common inhabitants of the upper GI tract, *Candida* sepsis and secondary fungal infection of pancreatic necrosis is a risk in severe disease, and many surgeons advocate empirical therapy with fluconazole in severe acute pancreatitis. The duration of treatment has not defined clearly.

A treatment course of 1 week to 4 weeks has been recommended commonly, but many of them limit the treatment to 2 weeks. According to the current UK guidelines (Johnson 2005), the duration of antibiotic prophylaxis is 1 to 2 weeks.

NUTRITIONAL SUPPORT

Classically speaking, the enteral feeding should be limited, thereby pancreatic stimulation and further pancreatic injury by the release of proteolytic enzymes can be avoided. Recent data, suggests that such strict limitations of enteral nutrition may have been unnecessary. Most of the severe acute pancreatitis patients found to have prolonged course of illness with hypercatabolic state and ileus that have led to a generous use of parenteral nutrition in them.

The points favoring enteral nutrition are

- It might be feasible, safe, and desirable in severe pancreatitis.
- It has the advantage of avoiding the high cost of total parenteral nutrition (TPN) as well as its associated catheter-related complications.
- The use of enteral nutrition may support intestinal mucosal integrity by avoiding the alteration in intestinal permeability & barrier function as seen with use of TPN.

COMPLICATIONS OF ACUTE PANCREATITIS.

Systemic

(More common in the first week)

Cardiovascular

- Shock
- Arrhythmias

Pulmonary

- ARDS

Renal failure

Haematological

- DIC

Metabolic

- Hypocalcaemia
- Hyperglycaemia
- Hyperlipidaemia

Gastrointestinal

- Ileus

Local

(Usually develop after the first week)

Acute fluid collection

Sterile pancreatic necrosis

Infected pancreatic necrosis

Pancreatic abscess

Pseudocyst

Pancreatic ascites

Pleural effusion

Portal/splenic vein thrombosis

Pseudoaneurysm

Neurological

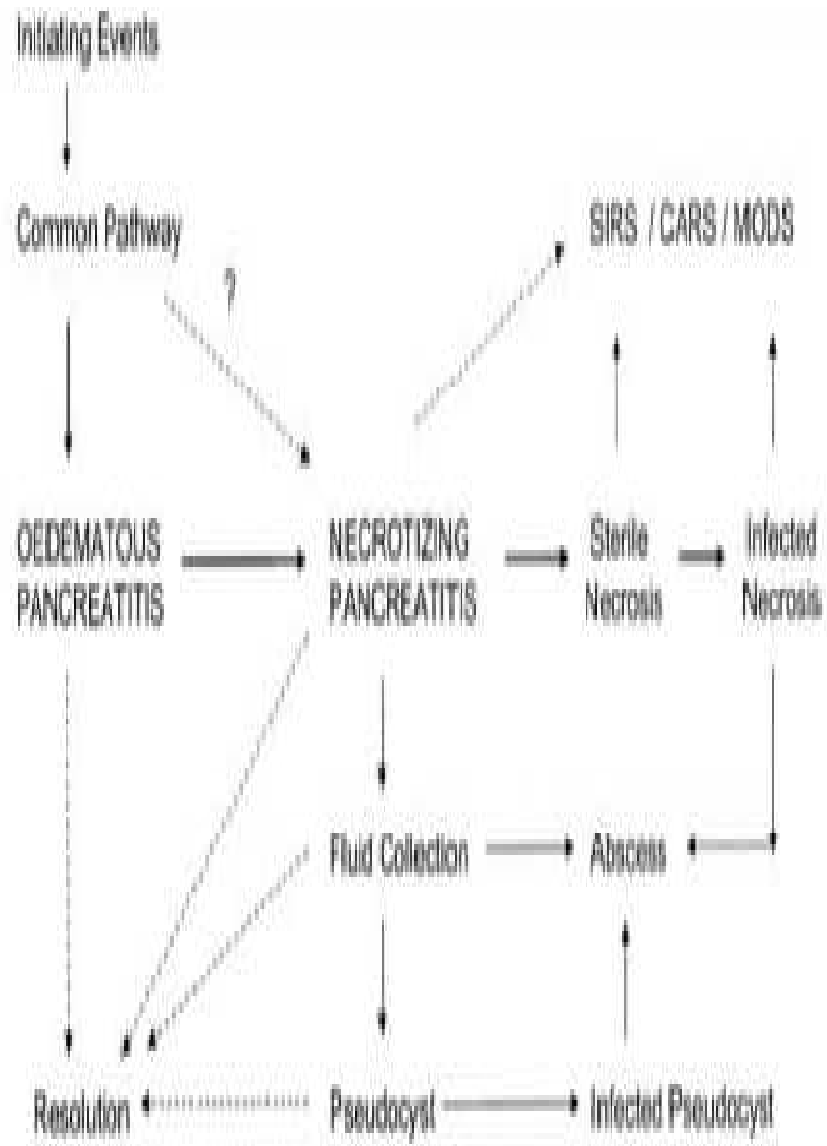
- Visual disturbances
- Confusion, irritability
- Encephalopathy

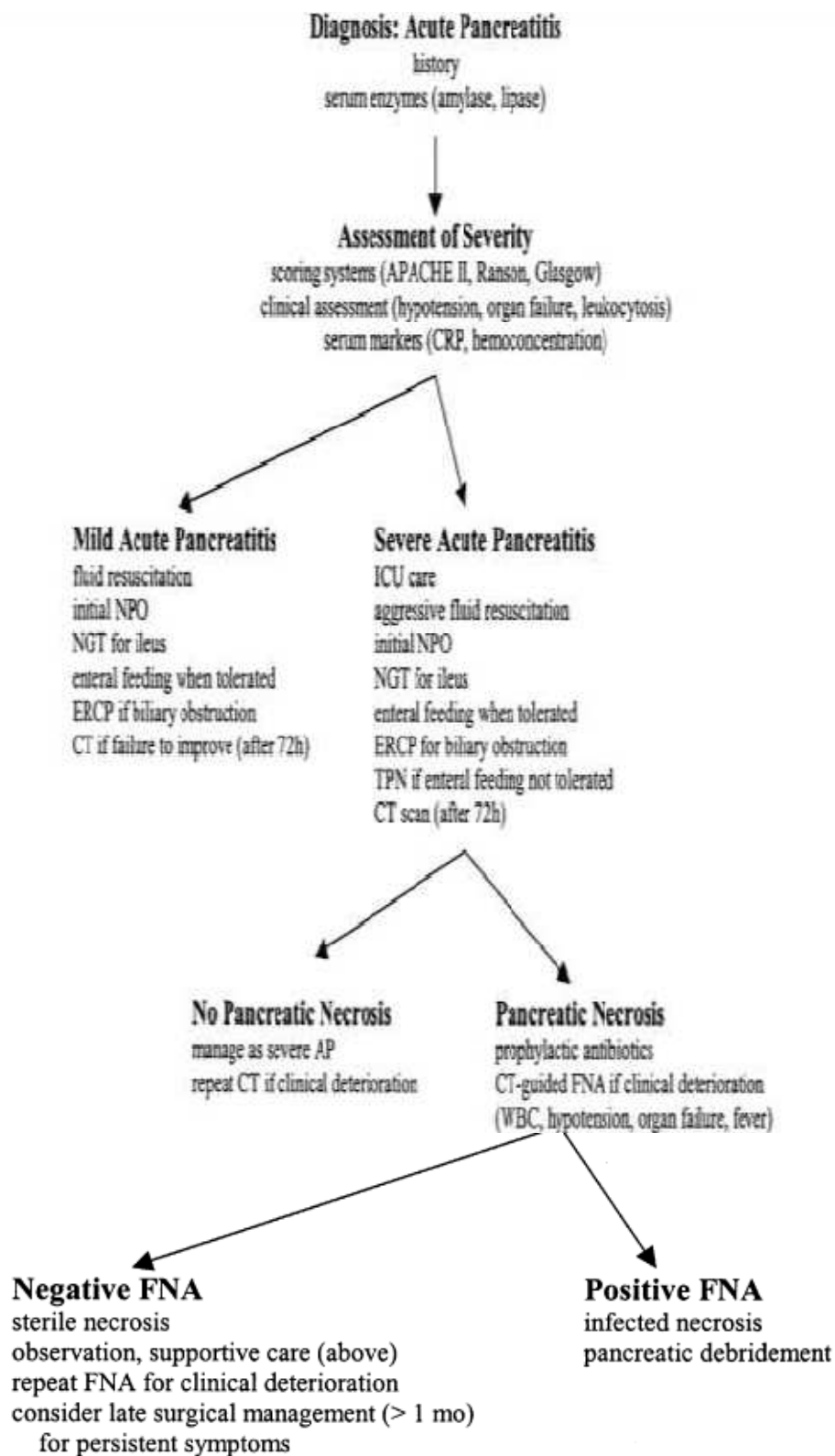
Miscellaneous

- Subcutaneous fat necrosis
- Arthralgia

ARDS, acute respiratory distress syndrome; DIC, disseminated intravascularcoagulation.

Schematic representation of Acute Pancreatitis Complications





Schematic representation of acute pancreatitis and its management

TREATMENT OF EARLY SYSTEMIC COMPLICATIONS OF PANCREATITIS

The pathogenesis and management of the cardiovascular collapse, respiratory failure, renal failure, metabolic encephalopathy, gastrointestinal bleeding, and disseminated intravascular coagulation that complicate severe pancreatitis appear to be identical to those involved when these processes are superimposed on other disease states that are characterized by peritonitis and hypovolemia.

Cardiovascular collapse is largely caused by hypovolemia, and its management requires aggressive fluid and electrolyte repletion. The pulmonary manifestations of pancreatitis include atelectasis and acute lung injury. The latter appears to be similar to the acute lung injury caused by other systemic processes, including septic shock, ischemia and reperfusion, and massive blood transfusion. Management includes good pulmonary toilet combined with close monitoring of pulmonary function. For many patients, intubation and respiratory support may be required. Renal failure in pancreatitis is usually prerenal and is associated with a poor prognosis. In severe cases, dialysis, usually hemodialysis, may be required. Stress-induced gastro duodenal erosions account for most of the gastrointestinal bleeding, prophylaxis with antacids, H₂-receptor antagonists, or proton pump inhibitors may be appropriate. Rarely, massive bleeding can result from injury to peripancreatic vascular structures, leading to hemorrhage into the retroperitoneum.

The peripancreatic inflammatory process can also cause thrombosis of major gastrointestinal vessels and result in ischemic lesions involving the stomach, small intestine, or colon that can cause bleeding. Management of these complications of pancreatitis is similar to that involved when they occur in the absence of pancreatitis. Some patients with severe pancreatitis develop disseminated intravascular coagulation, but it rarely causes bleeding, and prophylactic heparinization is usually not indicated. Removal of precipitating factors, such as drugs or alcohol, is appropriate. After the first week, local complications have to be treated appropriately.

An indication for operative intervention in acute pancreatitis is the drainage of an infected pancreatic necrosis. These patients require removal of as much as possible of the infected necrosis and drainage for the remaining viable exocrine tissue. Current opinion is against debridement in sterile necrosis unless it is accompanied by life-threatening systemic complications. A pancreatic abscess occurs 2 to 6 weeks after an initial attack of acute pancreatitis, in contrast to infected necrosis which occurs in the first few hours or days. Treatment consists of external drainage, either by surgical or percutaneous catheter-based measures.

MANAGEMENT OF BILIARY PANCREATITIS

The presence of gallstones leading to choledocholithiasis is recognized as a major etiological factor worldwide. Endoscopic retrograde cholangiopancreatography (ERCP) has both diagnostic and most therapeutic utility in patients with biliary obstruction or cholangitis. Magnetic resonance cholangiopancreatography (MRCP) is an additional alternative to ERCP as a diagnostic tool that avoids the risk of post procedure pancreatitis. Cholecystectomy with intra-operative CBD exploration is probably the best option for otherwise healthy patients with obstructive pancreatitis. However, patients who are at high risk for surgical intervention are best treated by endoscopic sphincterotomy, with clearance of stones by ERCP.

SURGICAL MANAGEMENT: INDICATIONS AND TIMING

There are very limited indications for surgical intervention; specifically, intervention may be needed to address the etiology of pancreatitis or its complications. Interventions, either surgical or endoscopic, to prevent recurrent gallstone pancreatitis are recommended in any patient with suspected choledocholithiasis. Delayed surgery is also, rarely needed for the treatment of local complications like pseudocysts. Early surgical intervention can lead to significant hemorrhage from the pancreatic bed, which may be difficult to control, due to the fact that endarteritis obliterans was incomplete and the delineation between viable & non-viable tissue might not be clearly made out.

Table 36–3. Indications for Surgical Intervention in Necrotizing Pancreatitis
Diagnostic uncertainty
Intra-abdominal catastrophe unrelated to necrotizing pancreatitis such as perforated viscus
Infected necrosis documented by FNA or extraluminal gas on CT
Severe sterile necrosis
Symptomatic organized pancreatic necrosis

SCORING SYSTEMS IN ACUTE PANCREATITIS

Pancreatitis is a serious disease with high morbidity and mortality rates. Some 80% were mild attack which recovers rapidly with conservativemanagement. The rest of 20% were severe, with protracted course that needsintensive care and specialized management. Several predictors of severity arecommonly used for this purpose. Scoring systems can be used to predict mortality, severity of disease andintensity of its complications. Prognostic factor analysis found to helpful incomparing the results, in-between the series of patients under study. Several scoring scales exist that predict both mortality and morbidity inpatients with acute pancreatitis.

These systems include:

- Ranson’s criteria
- Balthazar computed tomography (CT) grading
- Imrie Glasgow coma score (GCS)
- Bank’s clinical Criteria □ Simplified acute physiology score(SAPS)
- Marshall Multiple organ failure (MOF) score and
- Acute physiology and chronic health evaluation (APACHE) I, II, III & O.

The GCS and Ranson's multiple scoring systems require 48 hours of data collection; however, APACHE can be calculated at any time and shows prognostic correlation with acute pancreatitis, as increasing scores are associated with poor prognosis. Once the acute pancreatitis has been diagnosed, assessment of severity is extremely important for execution of appropriate measures, preferably in an ICU setup with close monitoring.

1) RANSON'S CRITERIA:

In 1974, Ranson and Pasternak identified 11 parameters with prognostic significance. Mortality was related to the number of parameters present: 0-0.9% inpatients with less than three positive prognostic signs, 10-20% in those with three to five positive signs, mortality increases to > 50% in those with > 7 positive signs.

Criteria for Pancreatitis not due to gall stones:

At admission or diagnosis:

- Age more than 55 years
- WBC count > 16,000/mm³
- Blood sugar > 200 mg/dL
- Serum LDH > 350 IU/L
- AST > 250 U/dL

During initial 48 hours:

- Fall in hematocrit > 10 percentage points
- BUN elevation > 5 mg/dL
- Serum calcium level < 8 mg/dL
- Arterial Po₂ less than 60 mm Hg
- Base deficit more than 4 meq/L
- Estimated fluid sequestration > 6 L

Gall stone induced pancreatitis:

Recently, the cutoff values of these signs were modified in biliary pancreatitis. This limits the use of early prognostic signs; it now requires memorization of 18 separate parameters and etiology is not always known. Therefore the revisions for biliary pancreatitis have not had wide acceptance, and the original system is the one that is widely utilized.

On admission or diagnosis:

- Age > 70 yrs
- WBC count > 18,000/mm³
- Blood sugar > 220 mg/dL
- Serum LDH > 400 IU/L
- AST > 250 U/dL

During initial 48 hours: Fall in hematocrit greater than 10 percentage points

- BUN elevation > 2 mg/dl
- Serum ca²⁺ level < 8 mg/dl
- Base deficit more than 5 meq/L
- Estimated fluid sequestration > 4 L

2) IMRIE'S PROGNOSTIC CRITERIA: *With in 48 hours of admission*

- WBC count > 15000/cu.mm
- Blood sugar > 180mg/dl
- Serum urea > 44mg/dl (no response to IV fluids)
- Po₂ level < 60 mm Hg
- Serum ca²⁺ level < 2 mmol/L
- LDH > 600 IU/L
- AST / ALT > 200U/L
- Serum albumin level < 32 g/L

Ranson's and Imrie's scores indicate the severity at the time of admission and are not intended for monitoring the clinical course.

3) BANK'S CLINICAL CRITERIA:

- Cardiac: Shock, tachycardia, arrhythmia, ECG changes
- Pulmonary: Dyspnoea, basal rales, PO₂ < 60 mm Hg, ARDS
- Renal: Urine output < 50 ml/h, rising BUN & creatinine
- Metabolic: Low Ca²⁺ & pH; albumin
- Haematological: decreased HCT, DIC
- Neurological: cerebral Irritation & confused state
- GIT: paralytic ileus, free fluid, haemorrhagic peritoneal tap
- If the score was ≥ 1 , the disease was severe in intensity.

4) BALTHAZAR COMPUTED TOMOGRAPHY SEVERITY INDEX(CTSI):

PROGNOSTIC INDICATOR	POINTS	GRADE
Pancreatic inflammation		
Normal pancreas	0	A
Focal or diffuse enlargement of the pancreas	1	B
Intrinsic pancreatic abnormalities with inflammatory changes in peripancreatic fat	2	C
Single, ill-defined fluid collection or phlegmon	3	D
Two or more poorly defined collections or presence of gas in or adjacent to the pancreas	4	E
Pancreatic necrosis		
None	0	
≤ 30%	2	
> 30–50%	4	
> 50%	6	

5) MODIFIED GLASGOW CRITERIA:

Used in both biliary and alcoholic pancreatitis.

The score ≥ 3 indicates severe pancreatitis requires ICU care.

- P - PaO₂ <8kPa or < 60 mmhg
- A - Age more than 55 years old
- N - Neutrophilia with WBC count >15000 cells/cu.mm.
- C - Ca²⁺ <2mmol/L or < 8 mg/dl
- R - Renal function, Urea > 45 mg/dl
- E – Enzymes:- serum LDH >600 IU/L; AST >200 IU/L
- A - Albumin <3.2g/dL
- S - Sugar: >10mmol/L or >180 mg/dl

Table 2. Criteria for organ failure based on Marshall scoring system

Organ system	Score				
	0	1	2	3	4
Respiratory (P _a O ₂ /F _i O ₂)	>400	301-400	201-300	101-200	<101
Renal (serum creatinine, mg/dl)	≤1.5	>1.5 to ≤1.9	>1.9 to ≤3.5	>3.5 to ≤5.0	>5.0
Cardiovascular (systolic blood pressure, mmHg)	>90	<90, fluid responsive	<90, fluid unresponsive	<90, pH <7.3	<90, pH <7.2

7) THE APACHE (ACUTE PHYSIOLOGICAL AGE AND CHRONIC HEALTH EVALUATION) SYSTEM

Knaus et al (1981) proposed a scoring system APS for classifying the patients according to the disease severity. This was based on recording the abnormal physiological parameters. In consultation with a large number of intensive care specialists, they devised a scale. That included an acute physiological assessment, which examined abnormality among 34 possible measurements obtained during the 1st day of admission to the intensive care units. A number from zero to four was assigned to each measurement according to how far from normal the measurements vary. When multiple values for the same measurement were available, the worst was chosen. The final score, which ranged from zero to 124, indicates how far from normal homeostasis a patient had strayed because of acute illness. The true APACHE score was more difficult to calculate because of practical problems like collection of large number of variables. Also under the rules of APACHE system any unmeasured variable was assumed to be normal and weighted as zero. This gave rise to questions about the model's general applicability. Another major criticism of original APACHE system was that the variables were chosen by a group of physicians and there was a potential of bias.

APACHE II

In 1985, Knaus et al developed this scoring system based on 12 physiological variables³⁰. To calculate the score, 0 - 4 values were assigned to all the 12 physiological and laboratory values with 0 being normal and 4 being the most abnormal. APACHE II did not strictly depend on ICU setting only but it was found to be as reliable as APS outside the ICU settings. The age and chronic health problems were included in this score as they reflect the physiological reserve status.

APACHE II Score as published by Knaus et al is composed of three parts:

- 1) Acute Physiological Score (0 to 60 points)
- 2) Age points (0 to 6 points)
- 3) Chronic health points (0 to 5 points).

Range of potential score is 0 to 71 but scores above 40 are uncommon. Score above 30 are associated with mortality rate of at least 70%. Roumen et al, in their study on acute hemorrhagic necrotizing pancreatitis, concluded that of Ranson, Imrie, Multiple organ failure (MOF) and Sepsis sensitivity score (SSS), APACHE II is the best for grading the severity of disease on admission. It is well suited for stratification of patients and comparisons of treatment methods.

The advantages are:

- Objective determination of AP within few hours of admission, which might be helpful in detection of cases for ICU care or for clinical trial.
- Use of routine laboratory tests available 24 hours a day.
- Ability to be recalculated daily. Sequential monitoring of APACHE II enables determination of improvement or deterioration in the physiologic status of the patient. Over the initial 48 h, the score increases significantly in those with severe disease (median increase three points) but decreases (median decrease one point) in patients with mild pancreatitis. Thus this might be useful for follow up of the disease course and helps to assess the therapeutic response.
- This score was used universally for all serious illnesses, thereby avoiding the need for a separate grading for acute pancreatitis.

Beginning : Date Time APACHE II patients study number Patients initial												
Acute Physiology and Chronic health evaluation												
A: Acute physiology score (12 variables)	High abnormal range						Low abnormal range					
	+4	+3	+2	+1	0	+1	+2	+3	+4			
Physiological Variables	≥41	39-40.9		38.5-38.9	36-38.4	34-35.9	32-33.9	30-31.9	≤29.0			
Temperature – rectal (°C)	≥160	130-159	110-129		70-109		50-69		≤49			
Mean arterial pressure (mm Hg)	≥180	140-179	110-139		70-109		55-69	40-54	≤39			
Heart rate-ventricular response	≥50	35-49		25-34	12-24	10-11	6-9		≤5			
Respiratory rate non ventilated or ventilated	≥500	350-499	200-349		<200 PO ₂ >70	PO ₂ 61-70		PO ₂ 55-60	PO ₂ <55			
Oxygen: A – a DO or PaO ₂ (mm Hg) FI _O ² ≥ 0.5 record A – aDO ₂ FI _O ² < 0.5 record only PaO ₂	≥7.7	7.6-7.69		7.5-7.59	7.33-7.49		7.25-7.32	7.15-7.24	<7.15			
Arterial pH	≥52	41.5-1.3		32-40.9	23-31.9		18-21.9	15-17.9	<15			
Serum HCO ₃ – only if no ABGs	180	160-179	155-159	50-154	130-149		120-129	111-119	≤110			
Serum sodium (mmol/l)	≥7	6-6.9		5.5-5.9	3.5-5.4	3-3.4	2.5-2.9		<2.5			
Serum potassium (mmol/l)	≥350	200-349	150-190		60-140		<60					
Serum creatinine (umol/l)	≥60		50-50.9	46-49.9	30-45.9		20-29.9		<20			
Haematocrit (%)	≥40		20-39.9	15-19.9	30-14.9		1-2.9		<1			
White Blood cell count (x1000 /mm ³)												
Glasgow Coma Score (GCS)	Score = 15 minus actual GCS											

[Table/Fig-1]: The APACHE II chart for scoring

B. Age points						
Age years	Points	History	Points for elective surgery	Points for emergency surgery and non-operative patients	Apache II score: sum of A + B + C	
≥44	0	Liver: Biopsy proven cirrhosis and documented portal hypertension or prior episodes of hepatic failure	2	5	A: AFS score	
45-54	2	Cardiovascular NYHA class IV	2	5	B: Age Points score	
55-64	3	Respiratory eg. Severe COPD, hypercapnia, home O ₂ pulmonary hypertension	2	5	C: Chronic health points score	
65-74	5	Perit chronic dialysis	2	5		
≥75	6	Immunocompromised	2	5	Total apache II	

[Table Fig-2]: The APACHE I criteria scoring

8) BISAP (The bedside index for severity in AP):

The BISAP score includes:

- Blood urea nitrogen (BUN) >25 mg / dl.
- Impaired mental status (GCS < 15).
- SIRS.
- Age >60 years.
- Pleural effusion.

SIRS was defined by presence of two or more of the following criteria:

- Pulse rate > 90/min.
- Respiratory rate > 20/min or PaCO₂ < 32 mm Hg.
- Temperature >100.4 F or < 96.8 F / < 36 or > 38 ° C.
- WBC count >12,000 or < 4,000 cells/mm³, or presence of more

than 10% immature blasts.

(SIRS - Systemic Inflammatory Response Syndrome) One point will be given for each variable present for a total of 5, score ranges from 0 to 5. The presence of a pleural effusion was determined by a CT scan, chest radiograph or abdominal ultrasound obtained within 24 of presentation.

A BISAP score of three or more has been found to have high mortality and have predicted the necrosis and organ failure as well.

ADVANTAGES:

- Simple and easy to calculate, usually done at the time of admission or within 24 hrs. Of hospitalization.
- The scores prediction ability was tested across 390 hospitals among large number (36,248) of populations, in contrast to other studies which were based on small number patients.
- This predicts in-hospital mortality

DISADVANTAGES:

- The Glasgow Coma Scale used for evaluating mental status was subject to interobserver variation.
- It could not discriminate transient from persistent organ failure within 24hrs. Of hospitalization.
- This could not predict the preventable complications of acute pancreatitis like any other scoring system.

OBSERVATION AND RESULTS

TABLE:1 AGE DISTRIBUTION

	Frequency	Percent
Upto 30 yrs	11	11.0
31 - 40 yrs	39	39.0
41 - 50 yrs	31	31.0
51 - 60 yrs	19	19.0
Total	100	100.0

The following figure illustrates the age distribution of the participants with mean age of 42.

FIGURE-1: Age distribution

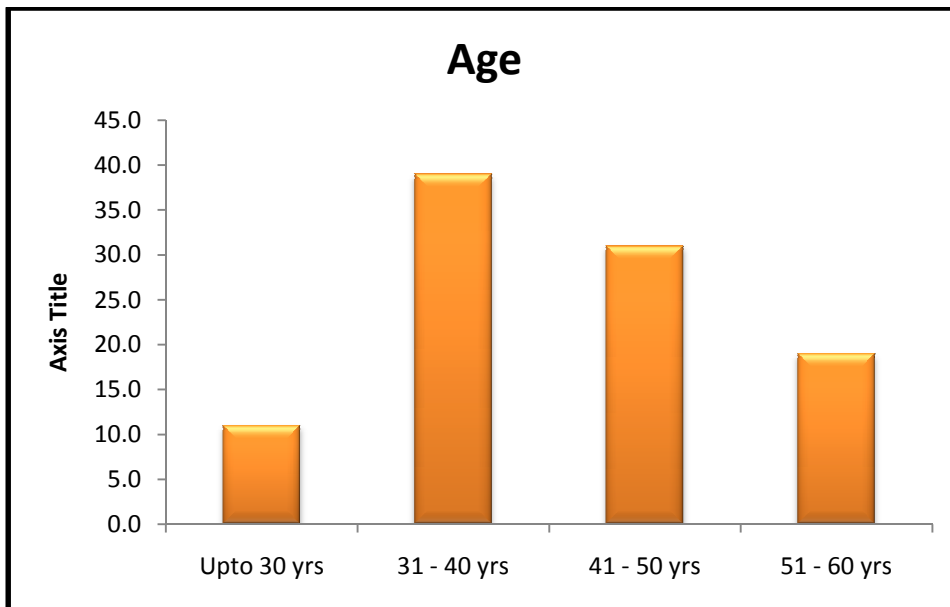


TABLE:2 GENDER DISTRIBUTION

	Frequency	Percent
Female	7	7.0
Male	93	93.0
Total	100	100.0

Majority of them were Males, the following figure illustrates the gender distribution of the sample.

FIGURE-2

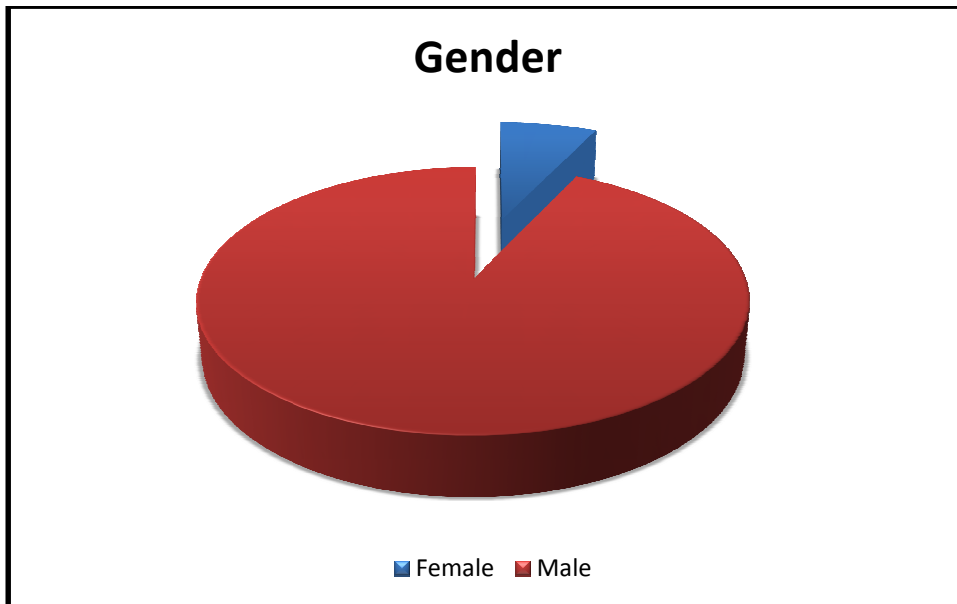


TABLE:3 CLINICAL FEATURES: ABD.PAIN

	Frequency	Percent
Present	100	100.0

	Abd.dist	Vomiting	Fever	Jaundice
Present	59	61	28	3
Absent	41	39	72	97

Abdominal pain, abdominal distention and vomiting were the common presentation in acute pancreatitis in this study. The Following figure illustrates the clinical features of the sample.

FIGURE-3

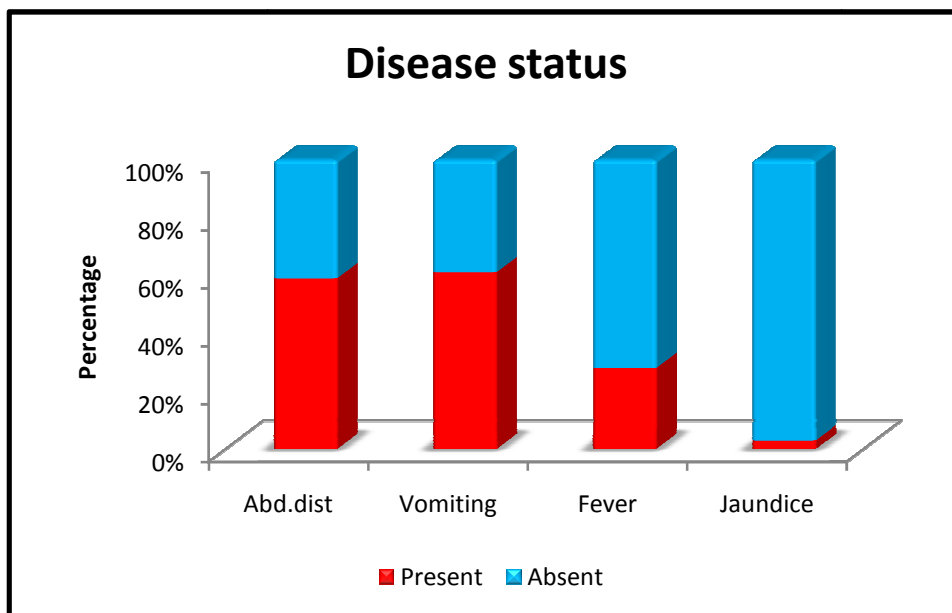


TABLE:4 APACHE II SCORE

	Frequency	Percent
SAP \geq 9	26	26.0
MAP \leq 9	74	74.0
Total	100	100.0

Based on APACHE II score 26 patients had severe acute pancreatitis of this sample.

TABLE:5 BISAP SCORE

	Frequency	Percent
SAP \geq 3	32	32.0
MAP \leq 2	68	68.0
Total	100	100.0

Based on BISAP score 32 patients had severe acute pancreatitis in this study.

TABLE:6 ATLANTA CLASSIFICATION

	Frequency	Percent
SAP	24	24.0
MAP	76	76.0
Total	100	100.0

Based on Atlanta classification 24 patients had severe acute pancreatitis in this study.

FIGURE-4 Outcomes of the sample.

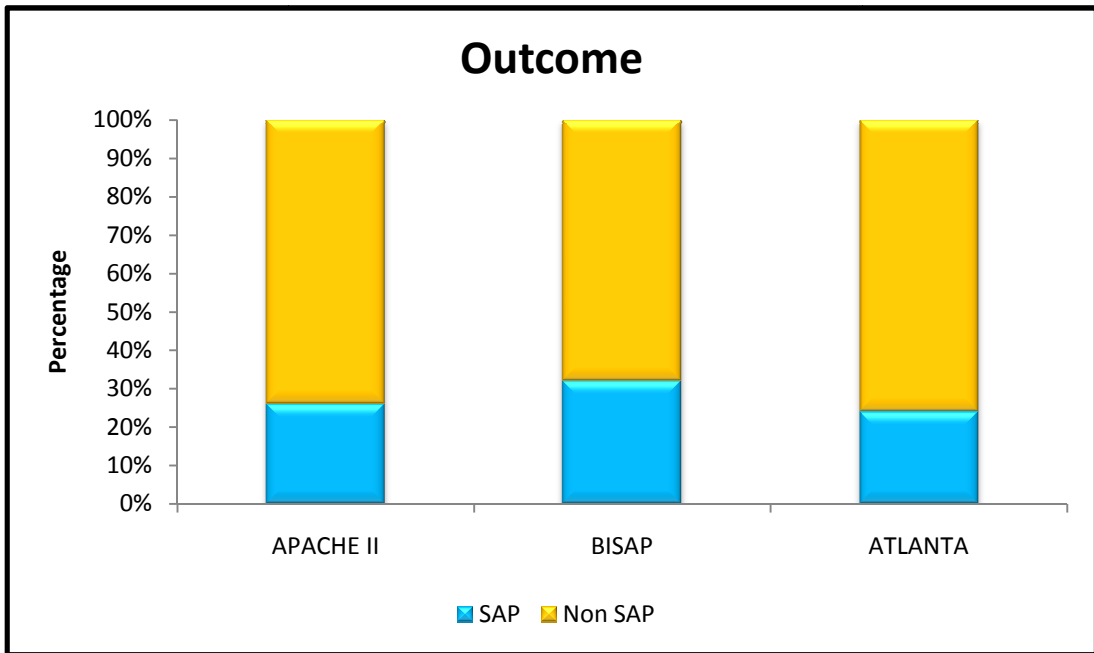


TABLE-7: ETIOLOGY

	Frequency	Percent
ALCOHOL	72	72.0
GSD	15	15.0
IDIOPATHIC	8	8.0
HYPERTRIGLYCERIDEMIA	3	3.0
TRAUMA	2	2.0
Total	100	100.0

Alcohol is the most common etiology factor in acute pancreatitis of the sample.

FIGURE-5 : Etiology in acute pancreatitis of the sample.

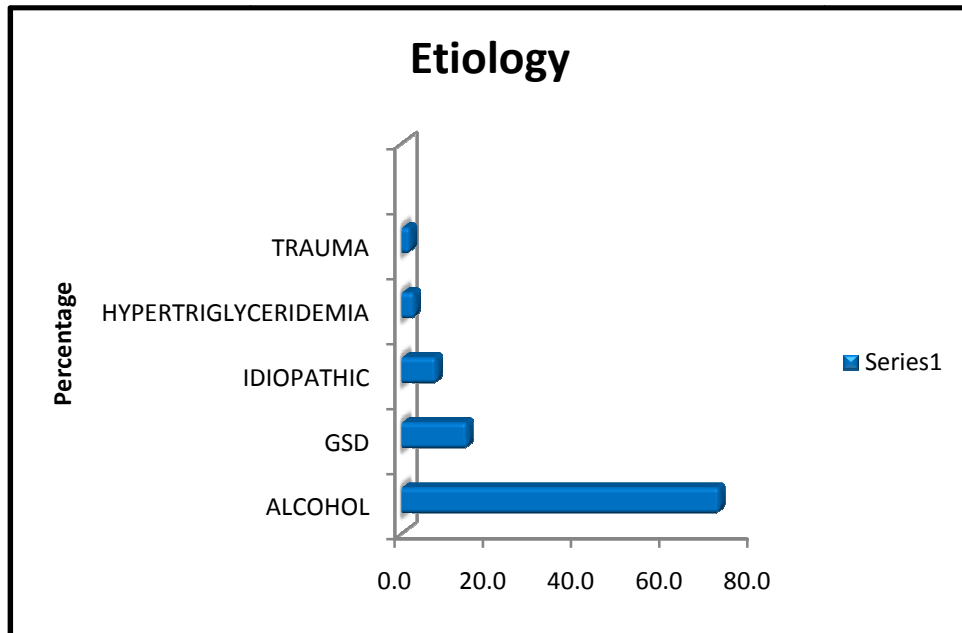


TABLE:8 COMPLICATIONS

	Frequency	Percent
MODS/SEPSIS	5	5.0
ARF	3	3.0
ARF/RF	3	3.0
HYPOCALCEMIA	1	1.0
PANCREATIC FISTULA WITH COLLECTION	2	2.0
PSEUDOCYST	4	4.0
PVT	1	1.0
NIL	86	86.0
Total	100	100.0

In this study 5 patients had multi organ dysfunction syndrome, 3 patients had acute renal failure, 3 patients had respiratory failure, 2 had peripancreatic collection with fistula, 4 patients had pseudocyst and 1 patient had portal vein thrombosis and 1 patient had Hypocalcemia.

FIGURE-6: COMPLICATIONS OF THE SAMPLE.

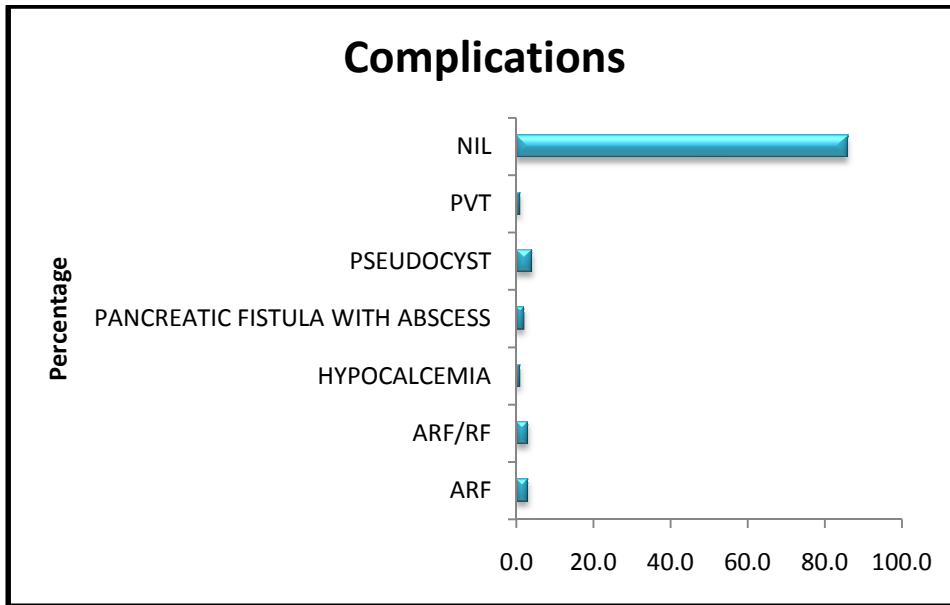


TABLE:9 SAMPLE OUTCOME

	Frequency	Percent
ALIVE	95	95.0
DEATH	5	5.0
Total	100	100.0

95 patients of the sample Alive and 5 patients were expired. In this study mortality rate 5%.

FIGURE-7: OUTCOME OF THE SAMPLE

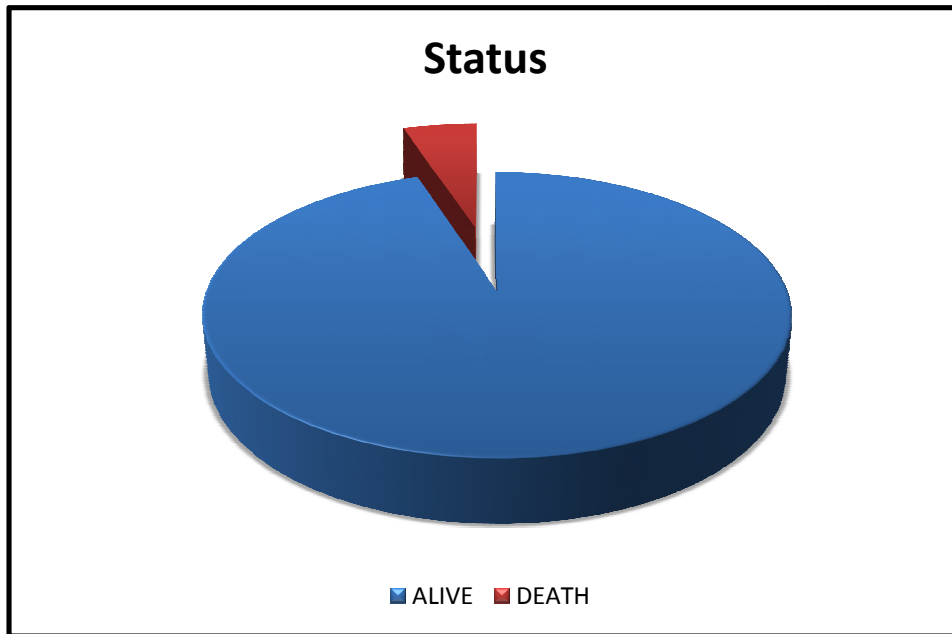


TABLE:10 AUC BASED ON SEVERITY

Area Under the Curve Based on SEVERITY				
Test Result Variable(s)	Area	P-value	95 % C.I	
			LB	UB
APACHE II SCORE	.822	0.0005 **	.713	.932
BISAP SCORE	.947	0.0005 **	.905	.990
** Highly Significant at P < 0.01 level				

TABLE:11 RESULTS OF SCORING SYSTEMS BASED ON ATLANTA CLASSIFICATION.

APACHE II SCORE with ATLANTA						
		ATLANTA		Total		
		SAP	MAP			
APACHE II	SAP	18	8	26	Sensitivity	75.00
	MAP	6	68	74	Specificity	89.47
Total		24	76	100	PPV	69.23
					NPV	91.89
BISAP SCORE with ATLANTA					Accuracy	82.24
		ATLANTA		Total		
		SAP	MAP			
BISAP	SAP	24	8	32	Sensitivity	100.00
	MAP	0	68	68	Specificity	89.47
Total		24	76	100	PPV	75.00
					NPV	100.00
					Accuracy	94.74

TABLE:12 AUC OF SCORING SYSTEMS BASED ON THE OUTCOME OF THE SAMPLE.

Area Under the Curve for Mortality				
Test Result Variable(s)	Area	P-value	95 % C.I	
			LB	UB
APACHE II	.679	0.178 #	.422	.936
BISAP	.858	0.007 **	.766	.950
** Highly Sig at P< 0.01 and # No Sig at P >0.05				

TABLE:13 RESULTS OF SCORING SYSTEMS WITH OUTCOME

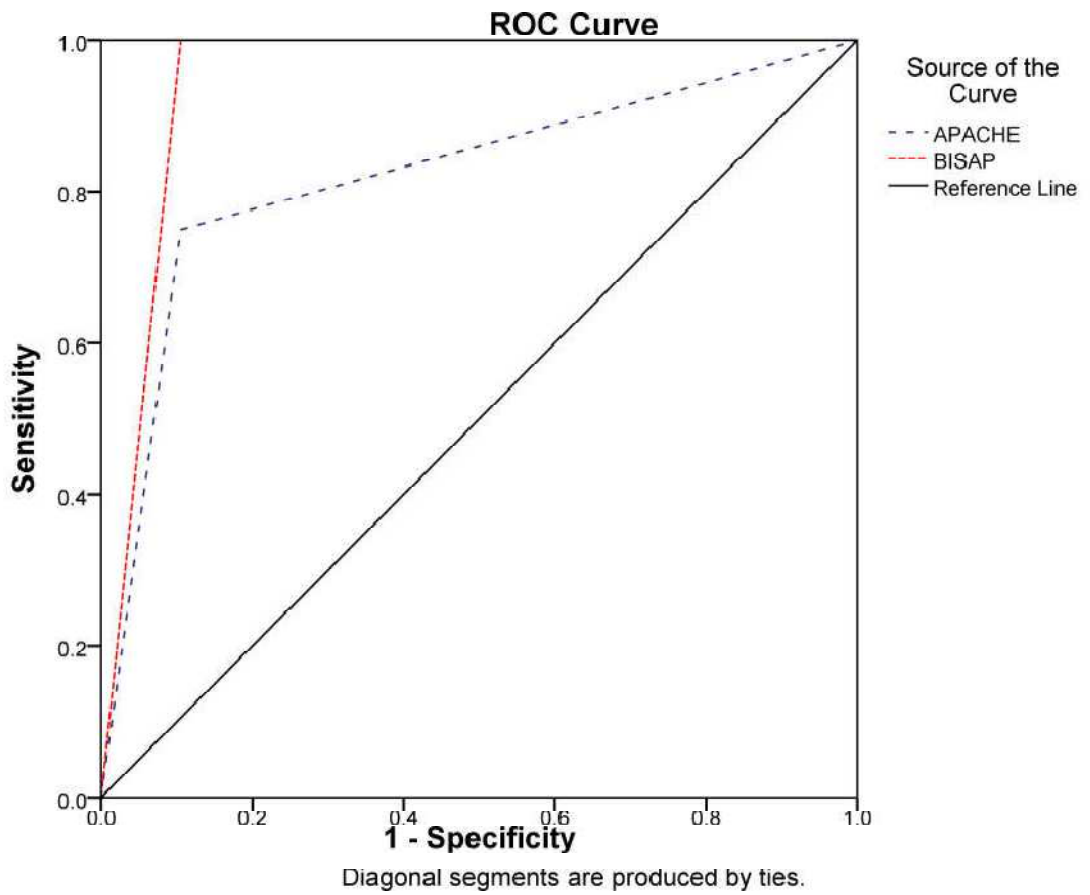
APACHE II SCORE with OUTCOME						
		OUTCOME		Total		
		DEATH	ALIVE			
APACHE II	SAP	3	23	26	Sensitivity	60.00
	MAP	2	72	74	Specificity	75.79
Total		5	95	100	PPV	11.54
					NPV	97.30
					Accuracy	67.89
BISAP SCORE with OUTCOME						
		OUTCOME		Total		
		DEATH	ALIVE			
BISAP SCORE	SAP	5	27	32	Sensitivity	100.00
	MAP	0	68	68	Specificity	71.58
Total		5	95	100	PPV	15.63
					NPV	100.00
					Accuracy	85.79

TABLE: 14 MEAN AGE AND LOH OF THE SAMPLE

Descriptive Statistics					
	N	Minimum	Maximum	Mean	S.D
AGE	100	25	60	42	9
LOH	100	2	24	11	5

Mean age was 42 and Mean Duration of Hospital Stay of this study was 11.

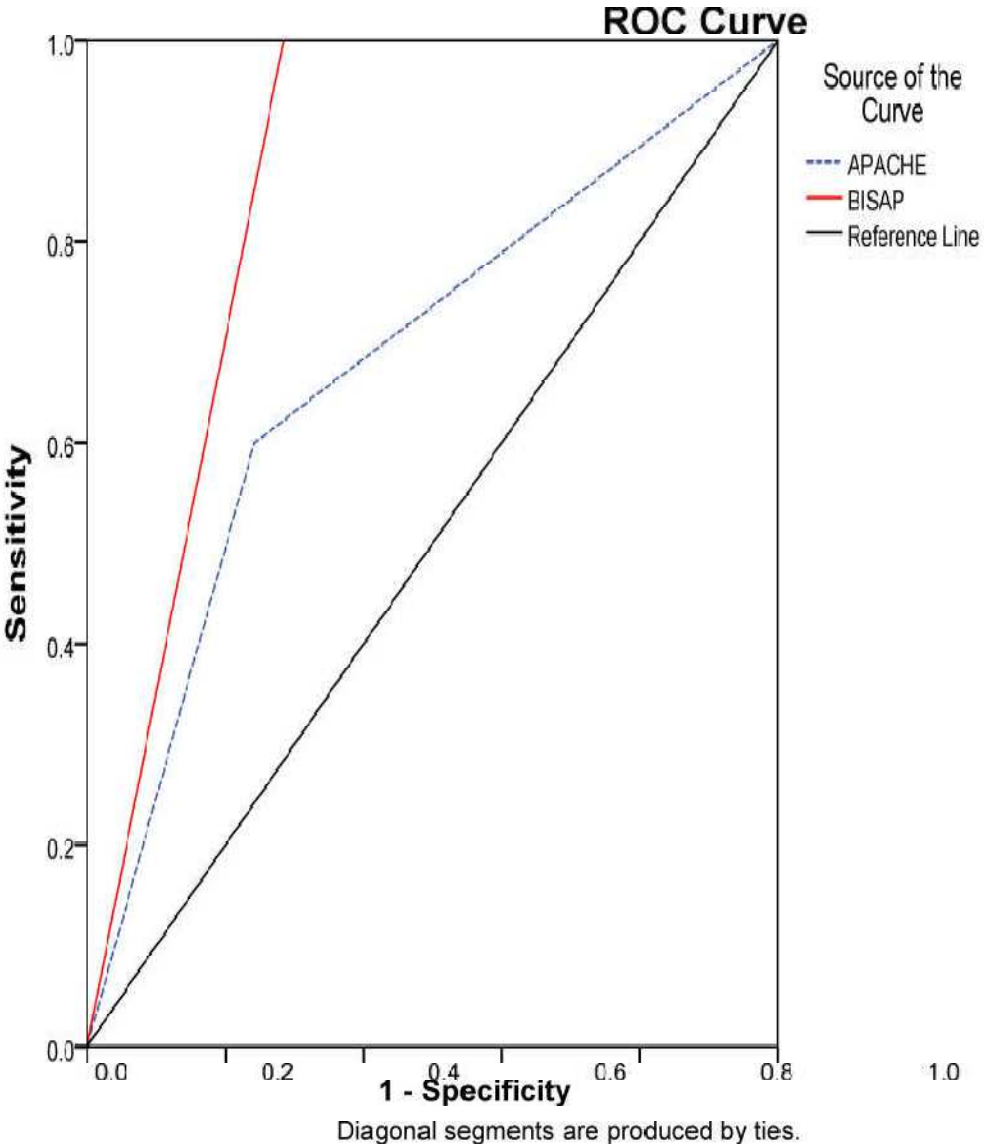
FIGURE-8: ROC CURVE ANALYSIS FOR SEVERITY IN ACUTE PANCREATITIS



AUC (Area Under Curve) for BISAP score 0.947

AUC for APACHE II score 0.822

FIGURE-9: ROC CURVE ANALYSIS FOR MORTALITY IN ACUTE PANCREATITIS



AUC (Area Under Curve) for BISAP score 0.858

AUC for APACHE II score 0.679

DISCUSSION

Severe acute pancreatitis having high morbidity and mortality rate. Early admission and intervention at time can provide favourable results. In this study two clinical scoring systems were compared and analysed for their efficacy in predicting the severity and mortality of acute pancreatitis.

In this study acute pancreatitis more common in males. Male female ratio in our study is 13.3:1, which didn't match with early study results, Vikesh K. Singh et al³⁸ (6:1), Papachristou et al¹ (5.1:1). Because alcohol is the most common etiological factor and it's more common in males.

In this study, the mean age was 42 years which matches with the study of Sarath et al (40.8 yrs), nearly matches with Vikesh K. Singh et al (49.6 yrs), Papachristou et al¹ (51.7 yrs).

Risk of mortality also increased with age. Thus age is considered as a contributory factor to assess the outcome of severe acute pancreatitis. The most common etiological factor in this study was alcohol (72%) which didn't correlate with results of Bidarkundi et al⁴³ (46.67%), Vikesh K. Singh et al³⁸ (21.4%) and Papachristou et al¹ (14%) wherein gallstone disease was the most common cause.

In this study the mean length of hospital stay was 11 ± 5 days.

The most common presentation was predominantly abdominal pain (100%), followed by vomiting (60%), abdominal distention (59%) & other manifestations. In this study, 76 patients were diagnosed to have mild acute pancreatitis and 24 patients found to have severe acute pancreatitis. All the 24 patients were correctly predicted by BISAP Score. The severity was assessed by correlating with Atlanta classification and mortality.

The ROC analysis to assess the severity in AP by BISAP score has AUC of 0.947, sensitivity 100%, specificity of 89.47%, PPV of 75%, NPV 100% and diagnostic accuracy of 94.74%; whereas APACHE II score has AUC 0.822, sensitivity of 75%, specificity of 89.47%, PPV of 69.23%, NPV of 91.89% and diagnostic accuracy of 82.24%.

This correlates well with the study by Papachristou et al where AUC (0.81, 0.78), specificity (92.4%, 71.9%), PPV (57.7%, 40%) and NPV (84.3%, 90.1%), for BISAP and APACHE II scores, respectively.

In this study, 6% underwent surgical intervention which comparable with Sarath et al. In this study, 5 patients with severe acute pancreatitis were expired. All FIVE deaths were correctly predicted by BISAP score. All five patients were expired due to MODS with septicemia.

The ROC analysis for prediction of mortality by BISAP and APACHE II score has respectively AUC (0.858, 0.679), sensitivity (100%, 60%), specificity (71.58%, 75.79%), PPV (15.63%, 11.54%), NPV (100%, 97.30%)

and diagnostic accuracy (85.79%, 67.89%), This matches well with B U Wu et al⁴¹, Papachristou et al¹, where specificity (87.6%, 65.7%), PPV (15.4%, 10.8%), NPV (98.1%, 100%), for BISAP and APACHE II scores, respectively.

Thus by using Chi² test, BISAP ≥ 3 was found to be significantly associated ($p < 0.007$) with high mortality than APACHE II score by ROC. It was found to have high sensitivity, PPV and NPV for mortality. This again matches well with previous study by Vikesh k. Singh et al³⁸ and Papachristou et al¹.

In this study, 3% patients developed acute renal failure, 5% patients developed MODS, 5% patients developed septicemia and 11% developed other complications like ARDS, UI bleed, Hypocalcemia etc. Remaining 86% of them not developed any complications. These complications were more likely seen in patients with BISAP ≥ 3 and APACHE ≥ 9 hence concluded that these are the patients in high risk group, who requires intensive monitoring and probably early intervention if necessary.

BISAP score was found to have more sensitivity, specificity, positive and negative value, and diagnostic accuracy than APACHE II score in predicting the severity of acute pancreatitis. Hence, BISAP is considered as better score in assessing the severity than APACHE II score.

Limitations of this study are:

- No of patients in this study was less.
- Alcohol is the most common aetiology in this study which is different from worldwide accepted one.
- In the GCS score assessment may have inter-observer variation.
- Various factors associated with the disease may affect the physiological scoring assessments.
- Patient presenting timing variations may affect the scoring system.

CONCLUSION

- From this study, Alcohol (72%) was found to be the most common
- Aetiological factor for acute pancreatitis.
- Males were most commonly affected than female with a ratio of 13:1.
- The most common age groups of patients affected were in 4th decade of life.
- The overall mortality in patients with severe acute pancreatitis was 5%.
- The BISAP score predicted the mortality significantly over the APACHE II score in patients with severe acute pancreatitis.
- The BISAP score predicted the disease severity significantly over the APACHE II score in patients with acute pancreatitis.

From this study, we conclude that the BISAP score could be a simple and accurate clinical scoring system for the evaluation of disease severity in acute pancreatitis.

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GOVERNMENT STANLEY MEDICAL COLLEGE & HOSPITAL, CHENNAI -01
INSTITUTIONAL ETHICS COMMITTEE

TITLE OF THE WORK : A COMPARATIVE STUDY BETWEEN BISAP SCORE AND APACHE II SCORE IN ASSESSING THE SEVERITY OF ACUTE PANCREATITIS BASED ON THE REVISED ATLANTA CLASSIFICATION.


PRINCIPAL INVESTIGATOR : DR. V. NEDUNCHEZHIAN,
DESIGNATION : PG IN MS GENERAL SURGERY
DEPARTMENT : DEPARTMENT OF GENERAL SURGERY,
GOVT. STANLEY MEDICAL COLLEGE.

The request for an approval from the Institutional Ethical Committee (IEC) was considered on the IEC meeting held on 07.12.2018 at the Council Hall, Stanley Medical College, Chennai-1 at 10am.

The members of the Committee, the secretary and the Chairman are pleased to approve the proposed work mentioned above, submitted by the principal investigator.

The Principal investigator and their team are directed to adhere to the guidelines given below:

1. You should inform the IEC in case of changes in study procedure, site investigator investigation or guide or any other changes.
2. You should not deviate from the area of the work for which you applied for ethical clearance.
3. You should inform the IEC immediately, in case of any adverse events or serious adverse reaction.
4. You should abide to the rules and regulation of the institution(s).
5. You should complete the work within the specified period and if any extension of time is required, you should apply for permission again and do the work.
6. You should submit the summary of the work to the ethical committee on completion of the work.


MEMBER SECRETARY,
IEC, SMC, CHENNAI

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PLAGIARISM CERTIFICATE

This is to certify that this dissertation work titled **“A COMPARATIVE STUDY BETWEEN BISAP SCORE AND APACHE II SCORE IN ASSESSING THE SEVERITY OF ACUTE PANCREATITIS BASED ON THE REVISED ATLANTA CLASSIFICATION”** of the candidate **Dr. V. NEDUNCHEZHIAN** with **Registration Number 221711060** for the award of **M. S. Degree in the BRANCH-1 GENERAL SURGERY**. I Personally verified the urkund.com website for the purpose of plagiarism check. I found that the uploaded thesis file contains from Introduction to Conclusion pages and Results shows 1 percentage of plagiarism in the Dissertation.

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PROFORMA

A COMPARATIVE STUDY BETWEEN BEDSIDE INDEX OF SEVERITY IN ACUTE PANCREATITIS (BISAP) SCORE AND ACUTE PHYSIOLOGICAL AGE AND CHRONIC HEALTH EVALUATION (APACHE II) SCORE IN ASSESSING THE SEVERITY OF ACUTE PANCREATITIS BASED ON THE REVISED ATLANTA CLASSIFICATION

- NAME :
- AGE/SEX :
- IP.NO :
- Date of admission:
- Date of surgery if any:
- Date of discharge:
- Address:

History of presenting illness

Past history

Personal history

Family history

GCS

VITALS

SYSTEMIC EXMINATION

ABDOMINAL EXAMINATION

DIAGNOSIS

BLOOD INVESTIGATIONS

Complete hemogram,

RFT,

LFT,

SERUM ELECTROLYTES,

Arterial Blood Gas (ABG) analysis:

serum amylase/lipase

CHEST XRAY,

ABDOMINAL XRAY

ECG,

USG ABDOMEN and CHEST

CECT ABDOMEN

- ETIOLOGY(gall stone disease/alcoholic/ideopathic):

- BISAP SCORING SYSTEM (0-5)

- 1) BUN(>25MG/DL)

- 2) IMPAIRED MENTAL STATUS(GCS SCORE<15)

- 3) SIRS

SIRS IS defined as two or more of the following

- a.Temperature of <36 or > 38 degree Celsius.

- b. Respiratory rate >20 breath/min or $paco_2 < 32$ mmHg.

- c.Pulse>90 beats/min.

- d.Wbc< 4000 or >12000 cells/mm³ or more than 10% immature blasts.

- 4)Age>60 yrs

- 5)Imaging study reveals pleural effusion

APACHE II SCORING SYSTEM(0-71)

ACUTE PHYSIOLOGICAL SCORE(0-60)

- 1)Body temperature rectal (*C)
- 2)MAP(mmhg)
- 3)HR(/min)
- 4)RR(/min)
- 5)oxygenation(mmhg)
- 6)Arterialph
- 7)NA+(mmol/l)
- 8)K+(mmol/l)
- 9)CREATININE(mg/dl)
- 10)Haematocrit(%)
- 11)total leucocyte count(in 1000/mm³)
- 12)glasgow coma scale
- 13)serum HCO₃(IF NO ABG)

14)AGE(0-6)

- <44years
- 45-54yrs
- 55-64yrs
- 65-74yrs
- >75yrs

15)CHRONIC HEALTH POINTS(0-5)

- a- For non operative or emergency postoperative patients
- b-For elective post operative patients

According to revised ATLANTA CLASSIFICATION 2012

GRADES OF SEVERITY IN ACUTE PANCREATITIS

*MILD ACUTE PANCREATITIS

No organ failure

No local or systemic complications

*SEVERE ACUTE PANCREATITIS

Persistent organ failure >48hrs

With Local Complications

CONDITION ON DISCHARGE:

GOVT.STANLEY MEDICAL COLLEGE, CHENNAI- 600 001

INFORMED CONSENT

**COMPARISON OF BISAP SCORE AND APACHEII SCORE IN
ASSESSING SEVERITY OF ACUTE PANCREATITIS -SMC**

- PLACE OF STUDY: GOVT. STANLEY MEDICAL COLLEGE,
CHENNAI
- NAME AND ADDRESS OF PATIENT:
- I, _____ have been informed about the details of the
study in my own language.
- I have completely understood the details of the study.
- I am aware of the possible risks and benefits, while taking part in the
study.
- I understand that I can withdraw from the study at any point of time and
even then, I will continue to receive the medical treatment as usual.
- I understand that I will not get any payment for taking part in this study.
- I will not object if the results of this study are getting published in any
medical journal, provided my personal identity is not revealed.
- I know what I am supposed to do by taking part in this study and I
assure that I would extend my full co-operation for this study.

Name and Address of the Participant:

Signature/Thumb impression of the Volunteer

Date:

Witnesses:

(Signature, Name & Address)

Date:

Name and signature of investigator

NO.	NAME	AGE	SEX	IP NO	AGE	TEMP	HR	RR	OXYG MAP	Na+	K+	PH	CREATIN	PCV	WBC	GCS	Chronic	APACHE	BUN	GCS	SIRS	AGE	PE	BISAP	OUTCOME	MANAGEMENT	ORG.DYSFUNCTION	NECROSIS	LOH	ETIOLOGY	ABD.PAIN	ABD.DIST	VOMITI	FEVER	JAUNDIC	COMPLICATI	ATLANTA
1	Baskaran	55	male	1839078	3	0	2	1	2	1	1	1	2	1	1	0	0	16	0	0	1	0	1	2	ALIVE	CONSERVATIVE	-	-	11	ALCOHOL	+	+	+	-	-		
2	Mariyappan	47	male	1839137	2	0	0	0	0	0	1	0	2	1	1	0	0	7	0	0	1	0	0	1	ALIVE	CONSERVATIVE	-	-	9	ALCOHOL	+	+	-	-	-		
3	Ramesh	35	male	1839574	0	0	0	0	0	2	0	0	0	1	1	0	0	4	0	0	1	0	0	1	ALIVE	CONSERVATIVE	-	-	5	IDIOPATHIC	+	-	-	-	-		
4	Kaveri	47	female	1837700	2	0	0	0	0	0	1	0	0	1	1	0	0	5	0	0	1	0	0	1	ALIVE	CONSERVATIVE	-	-	8	GSD	+	-	+	-	+		
5	rajendiran	57	male	1837489	3	0	2	1	2	2	0	1	1	2	1	2	0	17	1	0	1	0	0	2	ALIVE	CONSERVATIVE	-	-	9	ALCOHOL	+	+	+	-	-	PSEUDOCYST	
6	Navab	40	male	1837665	0	1	2	1	0	2	0	1	1	2	1	1	0	12	1	0	1	0	1	3	ALIVE	SURGERY	-	+	14	ALCOHOL	+	+	+	+	-		SAP
7	murugan	41	male	1837767	0	0	2	1	0	2	0	1	0	0	1	1	0	8	0	0	1	0	0	1	ALIVE	CONSERVATIVE	-	-	8	ALCOHOL	+	-	-	-	-		
8	Sundaram	47	Male	1842986	2	1	2	1	1	0	1	1	1	2	1	1	0	14	1	0	1	0	0	2	ALIVE	CONSERVATIVE	-	-	7	ALCOHOL	+	-	-	-	-		
9	Murugesan	58	Male	1840385	3	3	2	3	1	2	2	2	2	2	1	1	4	33	1	1	1	0	1	4	DEATH		SEPSIS/MODS	+	3	ALCOHOL	+	+	+	+	-	ARF/RF	SAP
10	Babu	47	Male	1842376	2	0	0	0	0	0	1	1	0	0	1	1	0	6	0	0	1	0	0	1	ALIVE	CONSERVATIVE	-	-	5	ALCOHOL	+	-	-	-	-		
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12	Ponnambalam	50	Male	1847229	2	1	2	2	1	2	0	1	1	2	1	0	1	16	1	1	1	0	1	4	ALIVE	SURGERY	-	+	15	ALCOHOL	+	+	+	+	-	PANCREATIC	SAP
13	Kuppalyan	50	Male	1847503	2	1	0	0	0	2	0	1	0	2	1	1	1	11	1	1	1	0	1	4	ALIVE	SURGERY	-	+	21	ALCOHOL	+	+	+	+	-	PANCREATIC	SAP
14	venkatesh	58	Male	1844477	3	0	0	0	0	0	0	0	0	0	1	0	0	4	1	0	1	0	0	2	ALIVE	CONSERVATIVE	-	-	18	IDIOPATHIC	+	+	+	-	-		
15	Kumar	56	Male	1848481	3	0	0	0	0	2	0	1	1	0	0	0	0	7	0	0	1	0	0	1	ALIVE	CONSERVATIVE	-	-	14	ALCOHOL	+	+	+	-	-		
16	venkatesan	34	Male	1843647	0	1	2	1	1	2	0	0	1	0	1	1	0	10	1	0	1	0	1	3	ALIVE	CONSERVATIVE	-	+	12	ALCOHOL	+	-	+	+	-		SAP
17	Sanjay	35	Male	1844417	0	1	2	0	0	0	0	0	0	0	0	0	0	3	0	0	1	0	0	1	ALIVE	CONSERVATIVE	-	-	11	ALCOHOL	+	-	+	+	-		
18	Veerabathran	50	Male	1850170	2	0	0	0	0	0	0	1	0	2	1	0	0	6	1	0	1	0	0	2	ALIVE	CONSERVATIVE	-	-	8	ALCOHOL	+	-	+	+	-		
19	Kuppammal	46	Female	1848150	2	0	1	0	0	0	0	0	0	0	0	0	0	3	0	0	1	0	0	1	ALIVE	CONSERVATIVE	-	-	9	GSD	+	+	-	-	-		
20	Ravichandran	54	Male	1851308	2	0	0	0	0	0	0	0	0	0	1	0	0	3	1	0	1	0	0	2	ALIVE	CONSERVATIVE	-	-	6	ALCOHOL	+	-	+	-	-		
21	Suresh	36	Male	1850204	0	0	0	0	0	2	0	1	0	0	1	1	0	5	1	0	1	0	0	2	ALIVE	CONSERVATIVE	-	-	5	ALCOHOL	+	-	+	-	-		
22	Arokyaxavior	29	Male	1849484	0	1	2	1	1	0	0	0	0	0	1	1	0	7	1	0	1	0	1	3	ALIVE	CONSERVATIVE	-	+	7	IDIOPATHIC	+	-	+	+	-		SAP
23	Sakthivel	35	Male	1851178	0	1	0	0	0	0	0	0	0	0	1	0	0	2	0	0	1	0	0	1	ALIVE	CONSERVATIVE	-	-	9	IDIOPATHIC	+	-	+	+	-		
24	Akbarbabu	38	Male	1851732	0	0	0	0	0	0	0	0	0	0	1	1	0	2	1	0	1	0	0	2	ALIVE	CONSERVATIVE	-	-	7	ALCOHOL	+	-	-	-	-		
25	Jayaraman	60	Male	1853523	3	0	2	1	0	0	0	0	0	0	1	0	0	7	1	0	1	1	0	3	ALIVE	CONSERVATIVE	-	-	9	ALCOHOL	+	+	-	-	-	PSEUDOCYST	
26	Janakiraman	44	Male	1853435	0	0	2	1	0	0	0	0	0	0	1	0	0	4	0	0	1	0	0	1	ALIVE	CONSERVATIVE	-	-	16	ALCOHOL	+	+	+	-	-		
27	Dillibabu	35	Male	1851324	0	0	1	0	0	0	0	1	1	2	2	0	0	7	1	0	1	0	0	2	ALIVE	CONSERVATIVE	-	-	15	ALCOHOL	+	+	+	+	-		
28	Santhosh	27	Male	1853550	0	0	2	1	0	0	0	0	0	0	1	0	0	4	0	0	1	0	1	2	ALIVE	CONSERVATIVE	-	-	14	TRAUMA	+	+	+	-	-		
29	Chandran	44	Male	1852056	0	0	0	1	1	1	0	1	0	0	1	0	0	5	0	0	1	0	1	2	ALIVE	CONSERVATIVE	-	-	14	ALCOHOL	+	+	-	-	-		
30	Ramachandran	60	Male	1853555	3	0	2	1	0	0	0	0	0	2	1	0	0	9	0	0	1	1	1	3	ALIVE	CONSERVATIVE	-	-	16	ALCOHOL	+	+	+	-	-		
31	Vimalkumar	30	Male	1850762	0	0	0	0	0	0	0	0	0	0	1	0	0	1	0	0	1	0	0	1	ALIVE	CONSERVATIVE	-	-	5	HYPERTRIGLYCER	+	-	-	-	-		
32	Manikkam	48	Male	1851540	2	1	2	1	2	2	1	1	1	2	2	1	0	18	1	0	1	0	1	3	ALIVE	CONSERVATIVE	-	+	15	ALCOHOL	+	-	+	+	-		SAP
33	Parthiban	32	Male	1862657	0	1	2	1	2	2	0	1	2	2	1	1	0	15	1	0	1	0	1	3	ALIVE	CONSERVATIVE	AKI/PVT	+	24	ALCOHOL	+	+	+	+	-	PVT	SAP
34	Gopi	28	Male	1861935	0	0	0	0	0	0	0	0	0	0	1	0	0	1	0	0	0	0	0	0	ALIVE	CONSERVATIVE	-	-	5	IDIOPATHIC	+	-	-	-	-		
35	Dhanalakshmi	38	Female	1861976	0	0	2	0	0	0	0	1	0	1	0	0	0	4	0	0	1	0	0	1	ALIVE	CONSERVATIVE	-	-	7	GSD	+	+	+	-	-		
36	Boopathy	53	Male	1865728	2	0	0	0	0	0	0	0	0	0	0	0	0	2	0	0	1	0	0	1	ALIVE	CONSERVATIVE	-	-	7	ALCOHOL	+	+	+	-	-		
37	Radha	55	Female	1865830	3	0	2	1	2	2	0	1	0	0	1	0	0	13	0	0	1	0	1	2	ALIVE	CONSERVATIVE	-	-	11	ALCOHOL	+	+	+	+	-		
38	Vasu	48	Male	1865790	2	1	2	1	1	0	0	1	0	2	1	1	0	17	1	0	1	0	1	3	ALIVE	CONSERVATIVE	-	+	15	GSD	+	-	+	+	-		SAP
39	Rajesh	30	Male	1866452	0	0	0	0	0	0	0	1	0	0	0	0	0	1	0	0	0	0	0	0	ALIVE	CONSERVATIVE	-	-	5	ALCOHOL	+	-	-	-	-		
40	Saravanan	44	Male	1868648	0	0	2	0	1	0	0	0	0	0	1	0	0	4	0	0	1	0	0	1	ALIVE	CONSERVATIVE	-	-	8	GSD	+	-	+	-	-		
41	Srinivasan	48	Male	1866822	2	0	2	1	0	0	0	0	1	0	1	1	0	8	1	0	1	0	1	3	ALIVE	CONSERVATIVE	-	-	14	ALCOHOL	+	+	+	-	-		
42	Gajendirababu	52	Male	1864652	2	0	2	1	2	2	0	1	1	2	2	1	0	16	1	0	1	0	1	3	ALIVE	CONSERVATIVE	-	-	21	ALCOHOL	+	+	+	+	-		
43	Murugan	45	Male	1868296	2	0	0	0	0	0	0	0	0	0	1	0	0	4	0	0	1	0	0	1	ALIVE	CONSERVATIVE	-	-	13	GSD	+	-	+	-	+		
44	Ekambaram	51	Male	1872382	2	0	0	0	0	0	0	0	0	0	1	0	0	3	0	0	1	0	0	1	ALIVE	CONSERVATIVE	-	-	5	ALCOHOL	+	-	-	-	-		
45	Ramki	30	Male	1872686	0	0	2	0	1	0	1	1	0	0	0	0	0	5	0	0	1	0	0	1	ALIVE	CONSERVATIVE	-	-	20	ALCOHOL	+	+	+	-	-		
46	Akbar	38	Male	1876061	0	0	2	1	0	0	0	0	0	2	1	0	2	8	1	1	1	0	1	4	DEATH		SEPSIS/MODS	+	2	ALCOHOL	+	+	+	-	-	ARF	SAP
47	Balaji	32	Male	1879197	0	0	2	0	0	0	0	0	0	0	1	0	0	3	0	0	1	0	1	2	ALIVE	SURGERY	-	-	9	ALCOHOL	+	+	+	-	-		
48	Arichandran	44	Male	1879439	0	0	0	0	0	0	0	0	0	0	1	0	0	1	0	0	1	0	0	1	ALIVE	CONSERVATIVE	-	-	5	IDIOPATHIC	+	-	-	-	-		
49	Uthrapathi	43	Male	1876007	0	0	2	0	0	0	0	0	0	0	0	0	0	2	0	0	1	0	0	1	ALIVE	CONSERVATIVE	-	-	5	ALCOHOL	+	-	+	-	-		
50	Kalidhasan	46	Male	1878405	2	0	0	0	0	0	0	0	0	0	1	0	0	3	0	0	1	0	0	1	ALIVE	CONSERVATIVE	-	-	7	ALCOHOL	+	-	+	-	-		
51	Selvam	54	Male	1879311																																	

62	Sridhar	42	Male	1904342	0	1	0	1	0	2	0	0	1	0	1	1	0	0	7	1	0	1	0	1	3	ALIVE	CONSERVATIVE	-	+	9	ALCOHOL	+	+	+	+	-	PSEUDOCYST	SAP	
63	Arul	31	Male	1904819	0	0	0	0	0	0	0	0	0	0	1	0	0	0	1	0	0	1	0	0	1	ALIVE	CONSERVATIVE	-	-	7	HYPERTRIGLYCER	+	-	+	-	-			
64	Khadhar moidhe	35	Male	1911331	0	0	0	0	1	0	0	0	0	0	1	0	0	0	2	0	0	1	0	0	1	ALIVE	CONSERVATIVE	-	-	5	ALCOHOL	+	+	-	-	-			
65	Sivaprakash	40	Male	1912879	0	0	0	0	0	0	0	0	0	0	1	0	0	0	1	0	0	1	0	0	1	ALIVE	CONSERVATIVE	-	-	7	ALCOHOL	+	+	-	-	-			
66	Johnprabakaran	44	Male	1913421	0	0	0	0	0	0	1	1	0	0	0	0	0	0	2	0	0	1	0	0	1	ALIVE	CONSERVATIVE	-	-	7	GSD	+	-	-	-	-			
67	Dineshkumar	28	Male	1913808	0	0	2	1	2	2	1	1	2	0	1	1	0	0	13	1	0	1	0	1	3	ALIVE	SURGERY	-	+	13	ALCOHOL	+	-	-	+	-	AKI/RF	SAP	
68	Naresh	36	Male	1914638	0	0	0	0	0	0	0	0	1	0	1	0	0	0	2	0	0	1	0	0	1	ALIVE	CONSERVATIVE	-	-	9	ALCOHOL	+	-	-	-	-			
69	Desingh	58	Male	1914648	3	0	2	0	0	0	0	0	1	0	1	0	0	0	7	0	0	1	0	1	2	ALIVE	CONSERVATIVE	-	-	11	ALCOHOL	+	+	+	+	-			
70	Subramani	44	male	1914792	0	1	2	1	2	2	0	1	2	2	1	0	0	0	14	1	0	1	0	1	3	ALIVE	SURGERY	-	+	18	ALCOHOL	+	+	+	+	-		SAP	
71	Parveen	45	Female	1916737	2	0	0	0	0	0	0	0	0	0	0	0	0	0	2	0	0	0	0	0	0	ALIVE	CONSERVATIVE	-	-	5	GSD	+	-	-	-	-			
72	Ravi	46	Male	1918953	2	1	0	0	0	0	1	1	0	1	0	0	0	5	11	1	0	1	0	1	3	ALIVE	CONSERVATIVE	-	+	13	GSD	+	-	-	+	-		SAP	
73	Kamaraj	36	Male	1920252	0	0	0	0	0	0	0	0	0	0	1	0	0	0	1	0	0	1	0	0	1	ALIVE	CONSERVATIVE	-	-	15	ALCOHOL	+	-	+	-	-			
74	Ramesh	40	Male	1918048	0	0	2	0	0	0	0	1	1	0	1	0	0	0	4	1	0	1	0	0	2	ALIVE	CONSERVATIVE	-	-	22	ALCOHOL	+	+	+	+	-			
75	Sadiyan	36	Male	1920146	0	0	0	0	1	0	0	1	1	0	1	0	0	0	4	0	0	1	0	0	1	ALIVE	CONSERVATIVE	-	-	17	ALCOHOL	+	+	-	-	-			
76	Krishnamoorthy	40	male	1920548	0	0	0	0	0	0	0	1	0	1	1	0	0	0	3	0	0	1	0	0	1	ALIVE	CONSERVATIVE	-	-	9	GSD	+	-	+	-	-			
77	Bharathi	36	Male	1920911	0	0	0	0	0	0	0	0	0	0	1	0	0	0	1	0	0	1	0	0	1	ALIVE	CONSERVATIVE	-	-	7	ALCOHOL	+	-	-	-	-			
78	Karthikeyan	34	Male	1920948	0	1	2	1	1	2	0	1	1	0	1	1	0	0	11	1	0	1	0	1	3	ALIVE	SURGERY	-	+	13	ALCOHOL	+	+	-	+	-		SAP	
79	Anthony	42	Male	1920033	0	0	0	0	0	0	0	0	0	0	1	0	0	0	1	0	0	0	0	0	0	ALIVE	CONSERVATIVE	-	-	5	IDIOPATHIC	+	-	-	-	-			
80	Raja	40	Male	1922137	0	0	2	0	0	0	0	0	0	0	0	1	0	0	3	0	0	1	0	0	1	ALIVE	CONSERVATIVE	-	-	9	ALCOHOL	+	+	-	-	-			
81	Loordhusamy	32	Male	1922424	0	0	0	0	1	0	0	1	0	0	1	1	0	0	4	0	0	0	0	0	0	ALIVE	CONSERVATIVE	-	-	5	GSD	+	-	-	-	-			
82	Srinivasan	35	Male	1923166	0	0	2	1	0	0	0	0	1	0	0	0	0	0	4	0	0	1	0	1	2	ALIVE	CONSERVATIVE	-	-	11	ALCOHOL	+	+	-	-	-			
83	Ahammed	35	Male	1928417	0	0	2	0	0	0	0	1	1	0	1	1	0	0	6	0	0	1	0	0	1	ALIVE	CONSERVATIVE	-	-	18	ALCOHOL	+	-	+	-	-			
84	Immanuvel	26	Male	1928540	0	0	2	0	0	0	0	0	0	0	1	0	0	0	3	0	0	1	0	0	1	ALIVE	CONSERVATIVE	-	-	17	ALCOHOL	+	+	+	-	-		PSEUDOCYST	
85	Sundaram	32	Male	1925676	0	0	2	0	0	0	0	0	0	0	0	0	0	0	2	0	0	1	0	0	1	ALIVE	CONSERVATIVE	-	-	14	ALCOHOL	+	+	-	-	-			
86	Selvaraj	49	Male	1925767	2	1	2	1	2	2	0	1	1	0	2	1	0	0	16	1	0	1	0	1	3	ALIVE	SURGERY	AKI/RF	+	21	ALCOHOL	+	+	+	+	-		SAP	
87	Jinnah	40	Male	1926779	0	0	0	0	0	0	0	0	0	0	1	0	0	0	1	0	0	1	0	0	1	ALIVE	CONSERVATIVE	-	-	5	GSD	+	-	+	+	-			
88	Sivasankar	34	Male	1928829	0	0	0	2	2	0	0	1	1	0	1	0	0	0	7	0	0	1	0	0	1	ALIVE	CONSERVATIVE	-	-	9	ALCOHOL	+	+	-	-	-			
89	Mahesh	32	Male	1929405	0	1	2	1	0	0	0	0	0	0	2	1	1	0	8	1	0	1	0	1	3	ALIVE	SURGERY	-	+	18	ALCOHOL	+	+	+	+	-		SAP	
90	Robert	55	Male	1941909	3	1	2	1	1	2	0	1	1	2	1	1	0	0	16	1	0	1	0	1	3	ALIVE	SURGERY	-	+	22	ALCOHOL	+	+	+	+	-		HYPOCALCEA	SAP
91	Raji	52	Male	1941974	2	1	2	1	0	0	0	0	0	0	1	1	0	0	8	0	0	1	0	0	1	ALIVE	CONSERVATIVE	-	-	15	GSD	+	-	-	+	+			
92	Sukumar	43	Male	1947508	0	0	2	1	1	2	0	1	0	0	1	0	0	0	8	1	0	1	0	1	3	ALIVE	CONSERVATIVE	-	-	11	ALCOHOL	+	+	+	-	-			
93	Mohan	48	Male	1949460	2	0	2	1	0	0	0	0	0	0	1	1	0	0	7	0	0	1	0	0	1	ALIVE	CONSERVATIVE	-	-	19	ALCOHOL	+	+	-	-	-			
94	Sivagami	36	Female	1950714	0	0	2	1	0	0	0	0	0	0	1	0	0	0	4	0	0	1	0	0	1	ALIVE	CONSERVATIVE	-	-	5	GSD	+	-	+	-	-			
95	Shannugam	34	Male	1957537	0	1	2	1	0	0	0	0	0	0	2	1	1	0	8	1	0	1	0	1	3	ALIVE	CONSERVATIVE	AKI	+	9	ALCOHOL	+	+	+	+	-		SAP	
96	Ranganathan	33	Male	1948979	0	1	2	1	0	0	0	0	0	0	1	1	1	0	7	1	1	1	0	1	4	ALIVE	CONSERVATIVE	-	-	13	ALCOHOL	+	+	+	+	-			
97	Krishnan	55	Male	1950305	3	0	2	1	0	0	0	1	0	2	1	1	1	0	9	1	1	1	0	1	4	DEATH	SEPSIS/MODS	+	+	3	ALCOHOL	+	+	+	+	-		ARF	SAP
98	Sulaiman	54	Male	1955468	2	0	2	1	0	0	0	0	0	0	1	1	0	0	7	1	0	1	0	0	2	ALIVE	CONSERVATIVE	-	-	10	ALCOHOL	+	+	-	-	-			
99	Ramu	37	Male	1955764	0	1	2	1	2	2	0	1	1	3	1	2	2	0	18	1	1	1	0	1	4	DEATH	SEPSIS/MODS	+	+	2	ALCOHOL	+	+	-	+	-		ARF/RF	SAP
100	Ashokkumar	25	Male	1960227	0	0	2	1	0	0	0	1	0	0	1	0	0	0	5	0	0	1	0	0	1	ALIVE	CONSERVATIVE	-	-	11	ALCOHOL	+	+	-	-	-			

BUN-BLOOD UREA NITROGEN
SIRS-SYSTEMIC INFLAMMATORY RESPONSE SYNDROME
GCS-GLASGOW COMA SCALE
PE-PLEURAL EFFUSION

MODS-MULTI ORGAN DYSFUNCTION SYNDROME
AKI-ACUTE KIDNEY INJURY
ARF-ACUTE RENAL FAILURE
RF-RESPIRATORY FAILURE
NECROSIS-PANCREATIC NECROSIS

SAP-SEVERE ACUTE PANCREATITIS