

**MORPHOMETRIC ANALYSIS OF CRYPT VILLOUS  
RATIO IN TROPICAL SPRUE AND ITS PHENOTYPICAL  
CORRELATION**

*A thesis submitted to*

**THE TAMILNADU DR.M.G.R MEDICAL UNIVERSITY,  
CHENNAI**

*in partial fulfillment of the requirements for the award of the  
degree of*

**M.D in PATHOLOGY**



**DEPARTMENT OF PATHOLOGY**

**PSG INSTITUTE OF MEDICAL SCIENCES & RESEARCH**

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## **CERTIFICATE**

This is to certify that the dissertation work entitled **“Morphometric analysis of crypt villous ratio in tropical sprue and its phenotypical correlation”** submitted by **Dr. R. Ramya**, is a bonafide work done by her, during the post-graduation study period in the department of Pathology of PSGIMS&R, from 2017 to 2020. This work was done under the guidance of **Dr. S. Shanthakumari** M.D., Professor, Department of Pathology, PSGIMS&R

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## **CERTIFICATE II**

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## **DECLARATION**

I, **Dr.R.Ramya**, do hereby declare that the thesis entitled **“Morphometric analysis of crypt villous ratio in tropical sprue and its phenotypical correlation”** is a bonafide work done by me under the guidance of **Dr S. Shanthakumari M.D.**, Professor, in the Department of Pathology, PSG Institute of Medical Sciences & Research. This study was performed at the PSG Institute of Medical Sciences & Research, Coimbatore, under the aegis of The Tamilnadu Dr MGR Medical University, Chennai, as part of the requirement for the award of the MD degree in Pathology.

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The Institutional Human Ethics Committee, PSG IMS & R, Coimbatore-4, has reviewed your proposal and discussed your request for approval for the study proposal titled:

*"Morphometric analysis of crypt villous ratio in tropical Sprue and its phenotypical correlation"*

The following are the suggestions / recommendations made by the reviewer:

- As this study comes under consent waiver category, kindly give an undertaking not to collect other personal details like phone number, address etc.
- Kindly submit itemized budget

Decision: Approval pending minor modifications

Yours truly,

*to*  
Dr D Vijaya  
Member - Secretary  
Institutional Human Ethics Committee



## ACKNOWLEDGEMENT

I thank **THE ALMIGHTY** and my **PARENTS** for the blessings bestowed upon me during the course of my study.

Words are insufficient to express my deep sense of gratitude and heartfelt thanks to my Guide **Dr. S.Shanthakumari M.D**, Professor, Department of Pathology for her versatile guidance, valuable suggestions, advice, untiring patience and continued encouragement during the process of writing my thesis. It was a rare privilege and honour to have worked under her guidance.

I feel elated to keep on record my sincere thanks to **Dr.T.M.SubbaRao**, Professor and Head, Department of Pathology, for his constant encouragement.

I wish to express my sincere thanks to **Dr. Prasanna N Kumar**, Professor, Department of Pathology, for her constant support.

I record my sincere thanks to **Dr.Karthikeyan**, Associate Professor, Department of Community Medicine, for helping me with statistics.

I wish to express my thanks to all teaching and non teaching staff members of the Department of Pathology, for their timely help rendered during the course of study.

I am in short of words to express my profound gratitude and thanks to my junior colleagues, particularly **Dr.Nithyanandham** for his help and valuable suggestions rendered during the thesis period.

On a personal note, my heartfelt thanks to my affectionate husband, **Dr.M.Vijayasarithi** and loving daughter **R.V.Sivaharshani** for their dedicated efforts to whom I owe everything I have achieved with utmost devotion.

I express my deep sense of feeling to my beloved Parents **Shri. K.K.M.Ramadoss** and **Dr.S.Saroja.** for their love, affection, patience, support, continuous encouragement and wishes that propelled me to work towards this cherished goal. More on a personal note, I am grateful to my mother in law **Smt.M.Jeya** for her love, support and affection.

Words are inadequate to express my deep sense of thanks to my friends **Dr.S.Tabbu, Dr.G.Saranyadevi and Dr.D.Pavithra.**

## ABBREVIATIONS

PI-IBS	-	Post infectious-Irritable bowel syndrome
TGase	-	Transglutaminase
APCs	-	Antigen presenting cells
EMA	-	Endomysial autoantibody
ESPGHAN	-	European society for Pediatric ,Gastroenterology, Hepatology and Nutrition
H&E	-	Hematoxylin and Eosin
PDF	-	portable document format
V:C	-	villous crypt ratio
MRD	-	Medical Records Department

## INTRODUCTION

Malabsorption is characterized by defective absorption of water, fat soluble vitamins, fat and all other nutrients including electrolytes and water<sup>1</sup>.

Malabsorption generally results from disturbances in one of the four phases of absorption of nutrients namely intraluminal digestion, terminal digestion, transepithelial transport and lymphatic transport of lipids absorbed<sup>1</sup>.

Defects in any one or more of the four mechanisms mentioned above lead to malabsorptive disorders. As the mechanisms of these diseases are more or less the same the patients present with common clinical features. The symptoms include diarrhea, weight loss, anemia predominantly megaloblastic and also symptoms associated with other vitamins and nutrient deficiencies. The etiological factors for malabsorptive disorders are varied of which celiac disease and tropical sprue are most common.

Affecting residents and visitors of tropical region is an acquired chronic diarrheal disorder, the tropical sprue. Patients present with profuse watery diarrhea, vitamin B12 deficiency, folate deficiency and

megaloblastic anemia<sup>2</sup>.As the symptoms are common to other malabsorptive disorders like celiac sprue goes unnoticed.

Changing life styles and food habits have increased the incidence of malabsorption. Recently there is a surge in malabsorptive disorders and department of pathology receives increased number of small intestinal biopsies from duodenum because of its easy approachability for a definitive diagnosis.

Pathologists rely on the morphological changes in the mucosa namely villous blunting, crypt elongation, budding, hyperplasia, presence of intra epithelial lymphocytosis, basement membrane thickening etc. for making a diagnosis. Most of the observations are subjective. Therefore, to objectivize the observations, to reduce the interobserver variability and to standardize reporting protocols many quantative studies are being done in this part of the world.

Therefore, Keeping in view of the above and increased number of duodenal biopsies received for malabsorptive disorders, this study proposes to analyze the villous height, crypt depth and villous crypt ratio in duodenal biopsies diagnosed as tropical sprue and to correlate with the clinical features of diarrhea and megaloblastic anaemia.



## AIMS AND OBJECTIVES

- ✚ To assess villous and crypt ratio in duodenal biopsies reported as tropical sprue using Morphometry analysis grid in the Nikon eclipse Ci microscope and
- ✚ To correlate these changes with the clinical presentation.

## **REVIEW OF LIERATURE**

Malabsorption, is characterized by defective absorption of fats, fat- and water-soluble vitamins, proteins, carbohydrates, electrolytes, minerals, and water. Malabsorption presents as chronic diarrhea, anemia predominantly megaloblastic, weight loss, anorexia, abdominal distension, borborygmi and muscle wasting.<sup>1</sup>

Malabsorption results from disturbances in nutrient absorption in any of the four phases of absorption mentioned below<sup>1</sup>

1. Intraluminal digestion
2. Terminal digestion
3. Transepithelial transport
4. Lymphatic transport of absorbed lipids

Causes of malabsorption are gluten sensitive enteropathy, milk / protein allergy, Whipple's disease, tropical sprue and many more.

Defect in more than any one of the above-mentioned mechanisms may result in malabsorption. As a result, clinically malabsorption syndromes resemble each other. The following table 1 (courtesy Robbin's textbook of pathology) highlights the various types of defects along with associated disease's presenting as malabsorption.

Table 1: Defects in Malabsorptive and Diarrheal Disease

(table courtesy from Robbins & Cotran - Pathologic Basis of Disease )

<b>Disease</b>	<b>Intraluminal Digestion</b>	<b>Terminal digestion</b>	<b>Transepithelial transport</b>	<b>Lymphatic transport</b>
Celiac disease	-	+	+	-
Environmental enteropathy	-	+	+	-
Chronic pancreatitis	+	-	-	-
Primary bile acid malabsorption	+	-	+	-
Whipple disease	-	-	-	+
Viral gastroenteritis	-	+	+	-
Bacterial gastroenteritis	-	+	+	-
Parasitic gastroenteritis	-	+	+	-
Inflammatory bowel disease	+	+	+	-

From this table we infer that celiac disease, (environmental enteropathy) tropical sprue and infective pathology leading to malabsorption have similar mechanisms and therefore also presents with similar features clinically. Coeliac disease is the most important cause of intestinal malabsorption in the developed world<sup>3</sup>. Coeliac disease is also known as gluten sensitive enteropathy and is triggered by ingestion of gluten. Gluten is present in wheat and similar grains and the alcoholic soluble fractions of gluten-**gliadin** contain the disease producing component.<sup>1</sup> It has an overall worldwide incidence of 0.6% to 1%<sup>1</sup>.

Tropical sprue is a disorder that is seen in populations living in a poor hygienic condition such as those in developing countries including parts of Sub Saharan Africa, parts of Northern Australia and in countries like Brazil, India and Pakistan<sup>1</sup>. This condition affects both the visitors and residents of tropical regions i.e. 30° North and South of equator. This can present as both endemic and epidemic diseases.<sup>4</sup> The controversy surrounding tropical sprue is its lack of precise definition. Tropical sprue is considered as an acquired chronic inflammatory disorder. Patients present with continuing diarrhea and steatorrhea following an insidious onset of gastro intestinal infection in tropical sprue. A simple definition of tropical sprue by Marjorie M Walker in his editorial highlights this. The definition is quoted as below.<sup>5</sup>

“Tropical sprue is an acquired disease of unknown etiology characterized by malabsorption, multiple nutritional deficiencies and mucosal abnormalities in the small bowel.”<sup>5,6</sup>

Even as early as two millennia ago in the ancient Indian medical treatise CHARAKA SAMHITA there is a mention of an illness characterized by chronic diarrhea and weight loss attributed to the failure of the digestive system.<sup>7</sup> The above suggests the presence of malabsorption in Ancient India.

William Hillay in 1759 described the presence of malabsorption in the expatriates living in Barbados and in 1880 the term “Sprue” was introduced by Manson. This word was derived from the Dutch word “Indische Sprouw” denoting glossitis and mouth ulcers.<sup>7</sup>

In the 20<sup>th</sup> century it was found that tropical sprue was just not seen in visitors but also in the residents especially the indigenous residents.<sup>7-11</sup>

Armed forces and Prisoners of war in the world war II and South India in 1960’s and 1980’s reported epidemics of malabsorption.<sup>7-11</sup>

Madras state health division recorded five episodes of chronic diarrhea between 1930 and 1942<sup>12</sup>. This was considered as diarrhea of unknown etiology.

Other condition that closely mimics tropical sprue is post infectious irritable bowel syndrome. In a study done by Uday C Ghoshal et al stated that PIIBS has a significant overlap of symptoms. This article also states that tropical sprue as a cause for malabsorption is on the rise in this part of the world.<sup>12</sup>

Understanding the pathogenesis of all three conditions is important for reporting on histopathology slides.

**Pathogenesis of malabsorption in celiac disease, tropical sprue and PIIBS is as follows.**

**Celiac disease:**

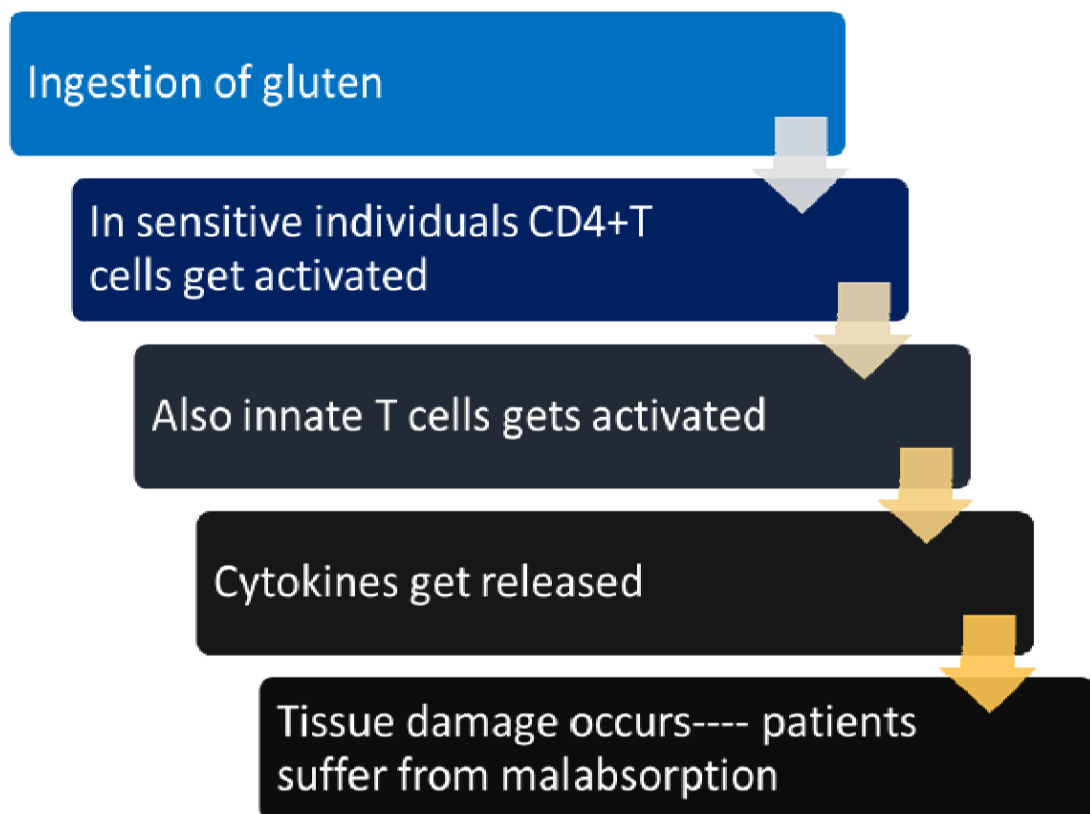
The pathogenesis of Celiac Disease is divided into 3 major series of events by Martin F. KAGNOFF in his article as follows.<sup>13</sup>

1. Luminal and early mucosal events;
2. The activation of pathogenic CD4<sup>+</sup> T cells; and
3. The subsequent events leading to tissue damage.

In the luminal and early mucosal stage, ingestion of “gluten” by a genetically susceptible individual is not fully digested giving rise to a number of large undigested “gluten” peptides. These peptides cross the epithelial barrier enter the lamina propria and react with tissue TGase and APCs. These express HLA-DQ2 or HLA-DQ8 heterodimers. Therefore

CD4<sup>+</sup> T cells become activated and release mediators which lead to tissue damage. The innate CD8 cells also get activated to cause the disease. The antibodies involved are anti EMA, anti-tTG, and anti -Gliadin. Pathogenesis is explained in the chart given below.

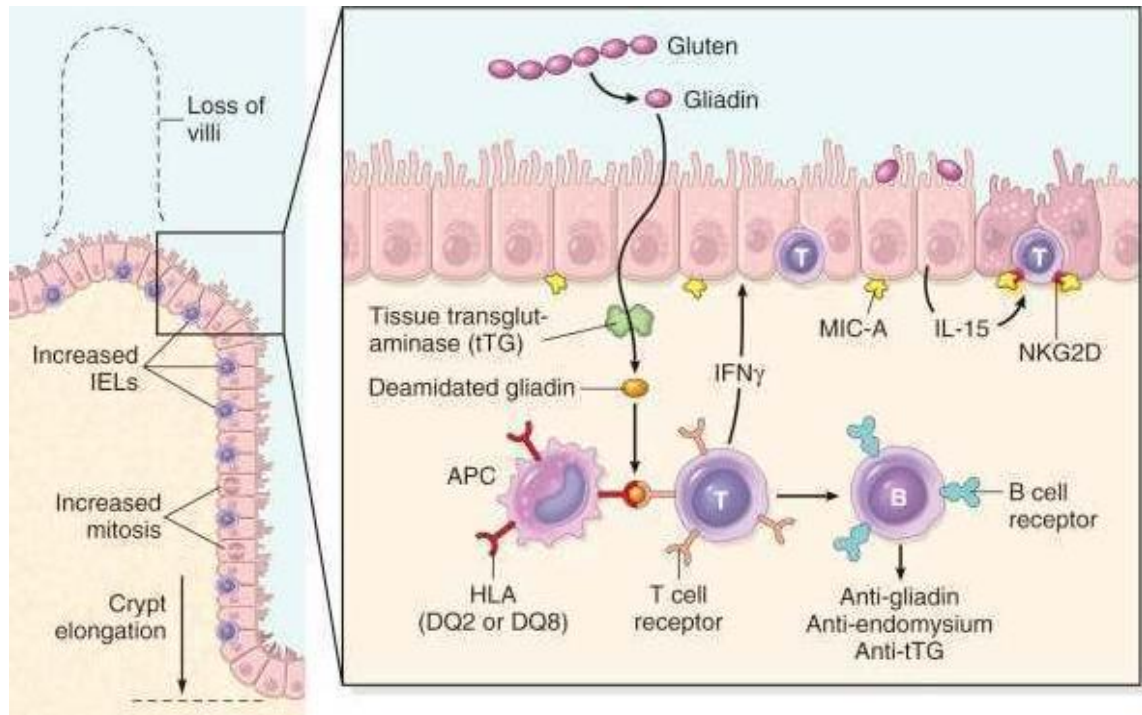
Chart 1 : Pathogenesis of Celiac disease.



The following figure from Robbins<sup>1</sup> chapter on malabsorption pictorially represents the pathogenesis of celiac disease.

Figure 1- Pictorial representation of pathogenesis of celiac disease

(Image courtesy from Robbins & Cotran - Pathologic Basis of Disease)



### Pathogenesis of Post Infectious Irritable Bowel syndrome (PIIBS):

Mucosal injury following an acute infective diarrhea leads to activation of CD4<sup>+</sup> lymphocytes and calprotectin enabled macrophages leading to more severe injury at various sites in small intestine. Added to this is mast cell hyperplasia leading to increase in secretions and thereby diarrhea and malabsorption. In the later part of the disease release of infective cytokines leads to tissue damage and changes in microbiota of the intestines<sup>14</sup>. This is explained diagrammatically in the following 3 flow charts.



Chart 2 : Pathogenesis of PIIBS (1)

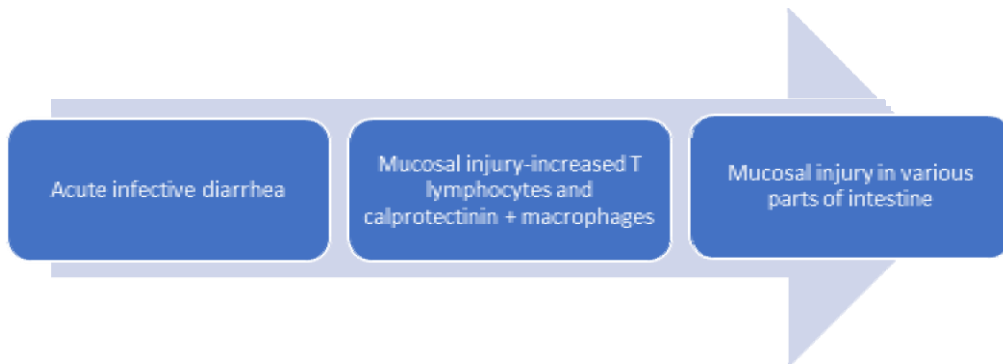


Chart 3: Pathogenesis of PIIBS (2)



Chart 4: Pathogenesis of PIIBS (3)

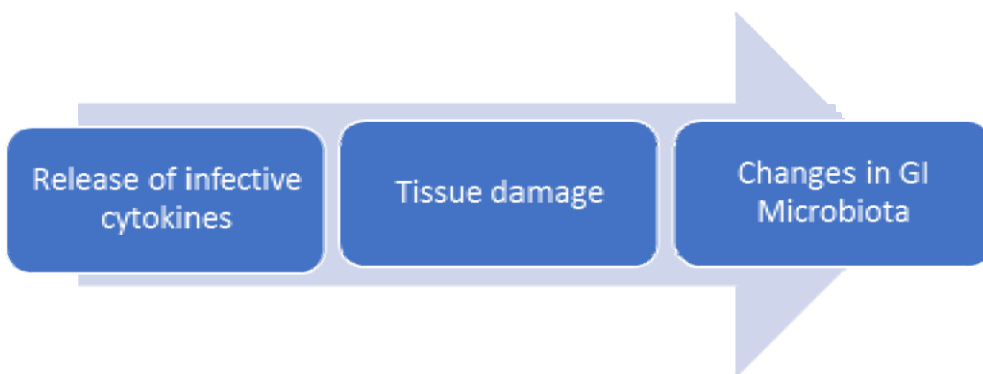


Chart 5 : A conceptual representation of PIIBS is as follows<sup>15</sup>

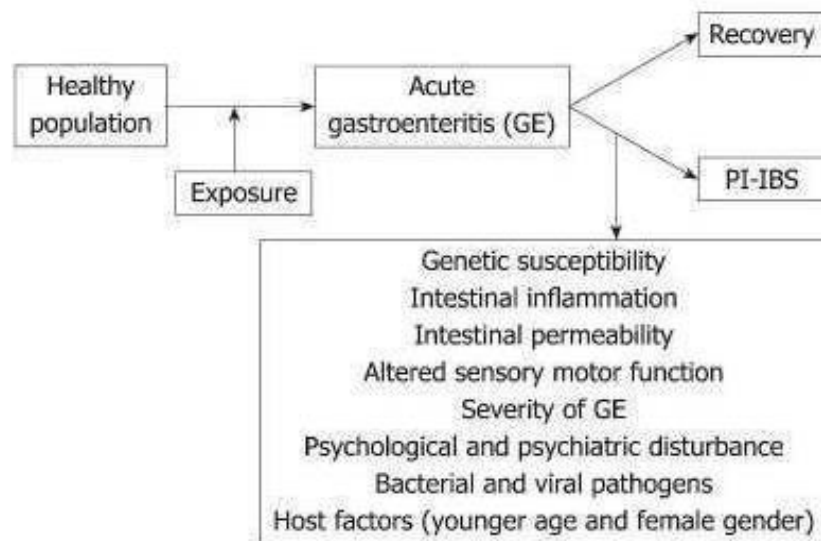
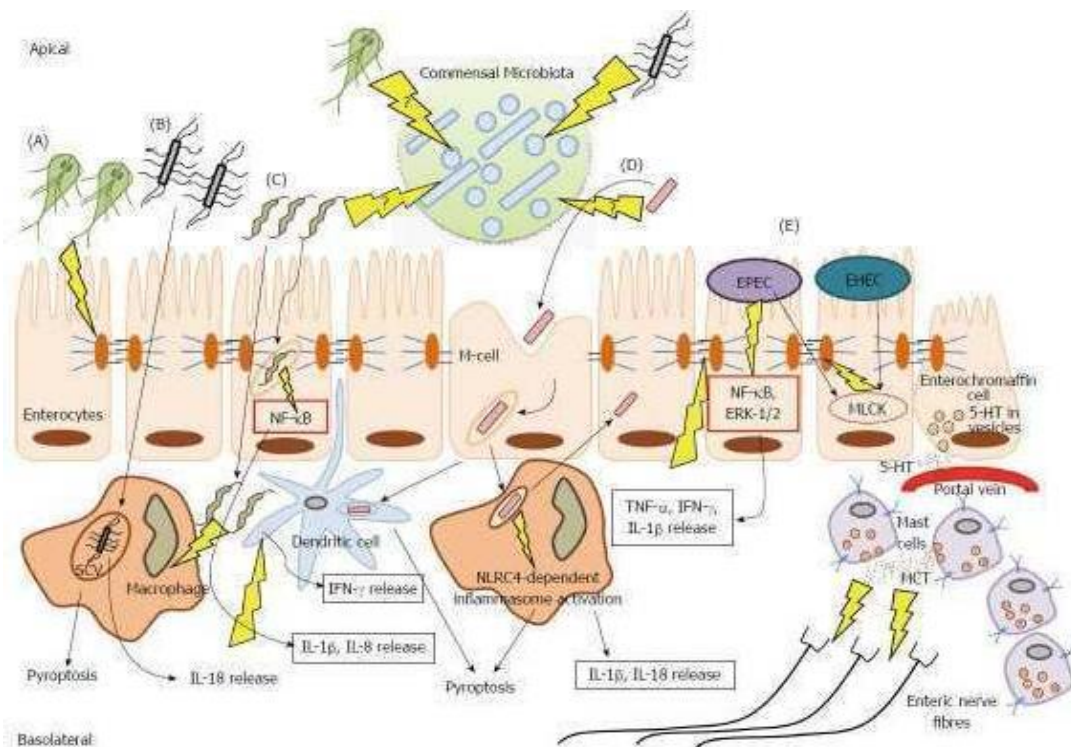


Figure 2 :



The above figure 2 represents the interaction of several pathogens with the intestinal epithelium and innate immune cells, and the development of post-infectious-irritable bowel syndrome.

## Pathogenesis of Tropical sprue

In an article by B.S. Ramakrishna et al. have categorized malabsorption into two categories as primary and secondary<sup>15</sup>. Primary is idiopathic and secondary is due to infections. This is as shown in table 2.

Table 2: Causes of tropical malabsorption (courtesy - B.S. Ramakrishna et al.)

### *Small intestinal disease with known etiology*

#### *Protozoa*

Giardia intestinalis

Isospora belli

Cryptosporidium parvum

Enterocytozoon bieneusi

Encephalitozoon intestinalis

Cyclospora cayetanensis

#### *Helminths*

Strongyloides stercoralis

Capillaria philippinensis

***Bacteria***

***Viruses***

***Inflammatory and immune related***

Coeliac disease

Crohn's disease

***Malignant***

Immunoproliferative small-intestinal disease and small intestinal lymphoma

Pancreatic disease

***Unknown aetiology***

Tropical enteropathy

Tropical sprue

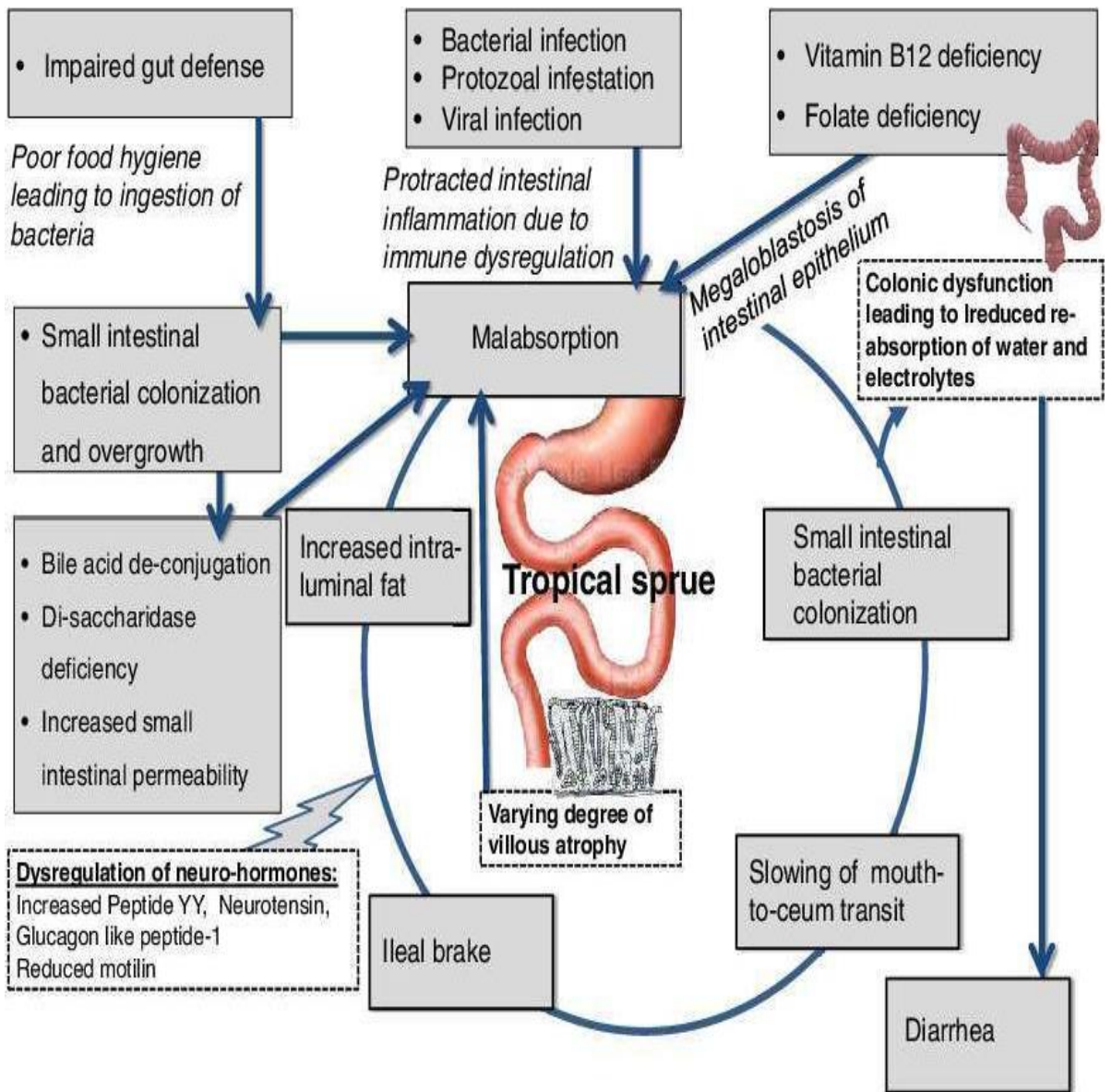
Tropical sprue is also caused by infections. The pathogenesis behind infective etiology is that the enterocytes brush border motility is altered, leading to slowing of small intestinal transit by release of enteroglucagon and motilin.<sup>16</sup>

This also leads to increased intestinal organisms and injury. This injury leads to increase in luminal fatty acids and thereby decreased absorption of fat-soluble vitamins. This bacterial overgrowth also leads to destruction of the villi thereby absorption and a vicious cycle sets in. This leads to morbidity and extreme wasting sometimes. The following flow charts 6 & 7 explains the mechanism of mucosal injury and onset of malabsorption in tropical sprue.

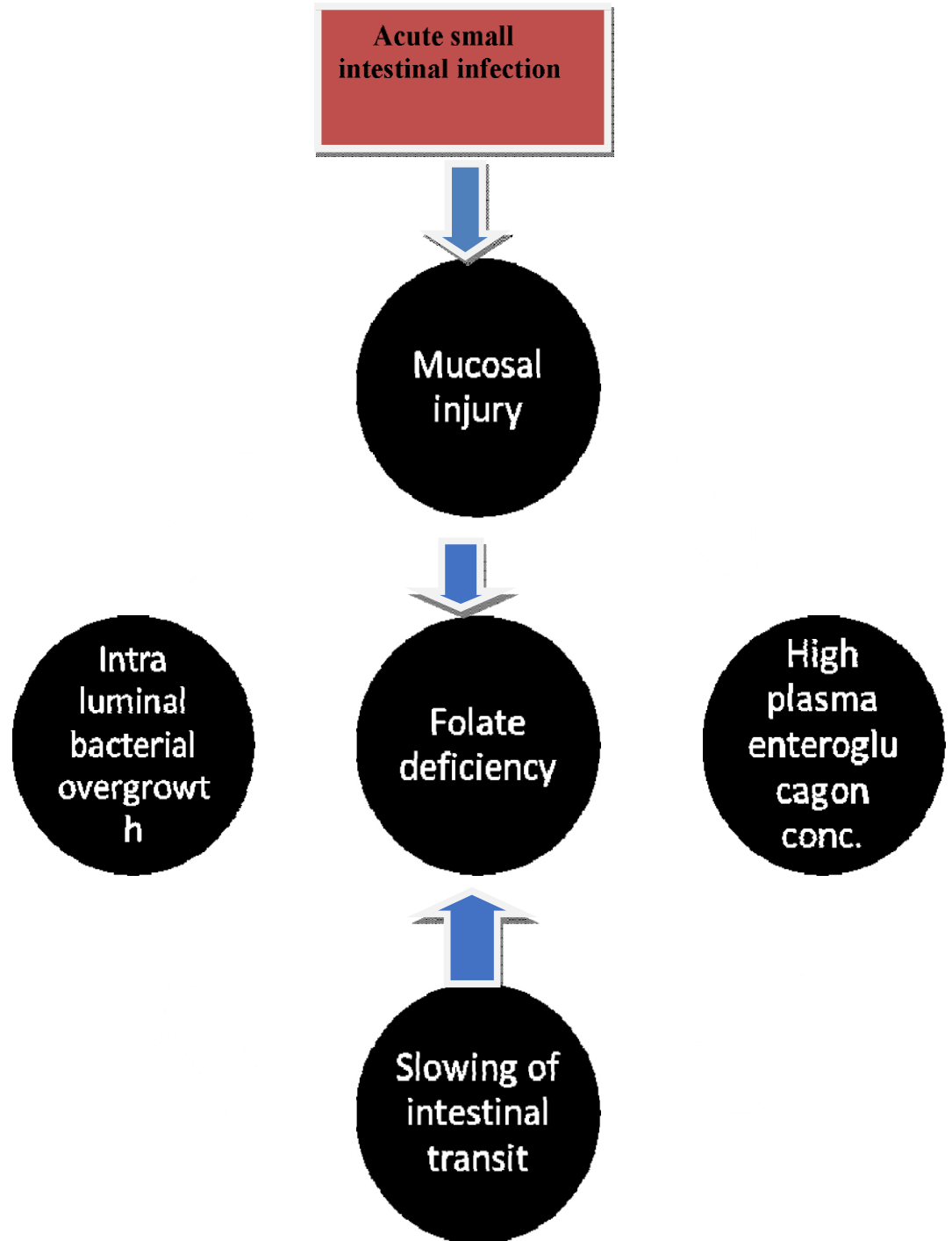
The below image<sup>12</sup> shows the steps involved in the pathogenesis of tropical sprue.

Image courtesy Uday C Ghoshal et al.

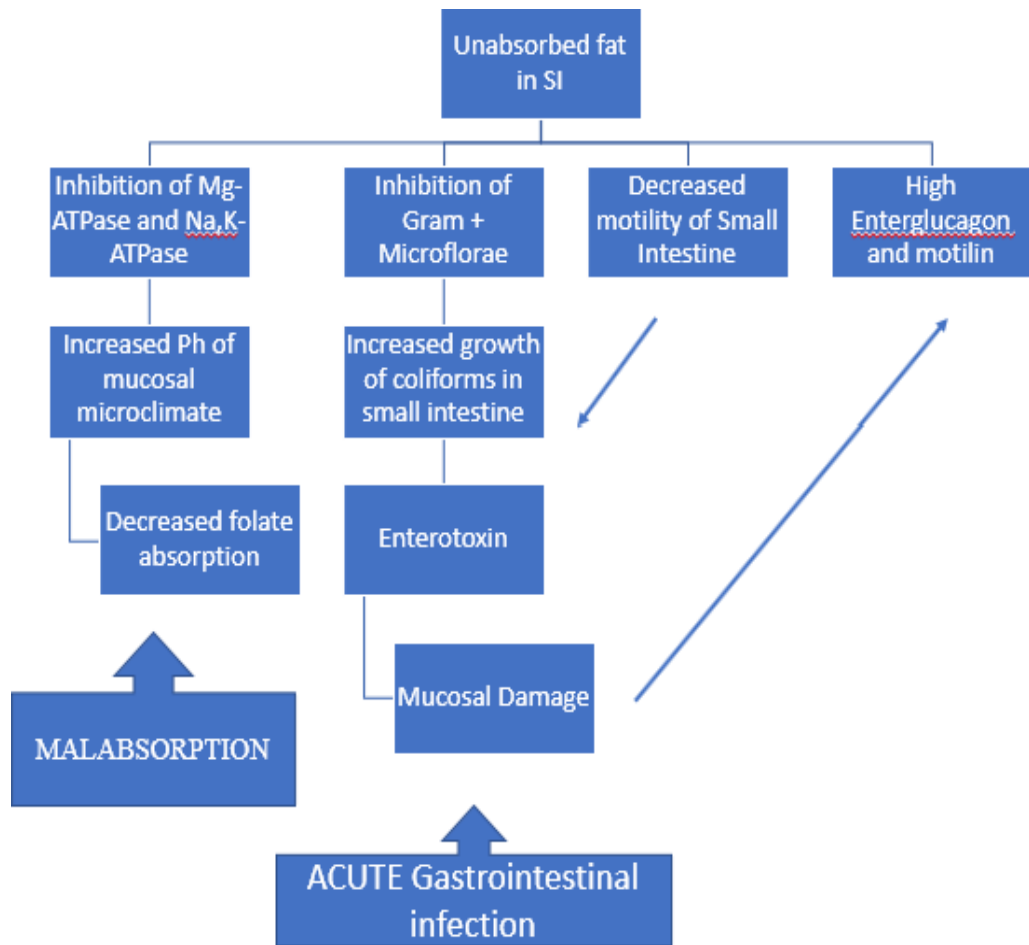
**Figure 3 : Steps involved in the pathogenesis of tropical spue**



**Chart 6: Mechanism of mucosal injury of malabsorpti**



**Chart 7: Mechanism of mucosal injury of malabsorption (2)**



In all the three diseases there is definite mucosal injury and an overlap of pathogenesis. This explains the common presenting clinical features. A constellation of clinical, endoscopic, pathologic and biochemical features is essential for clinching a specific diagnosis. Understanding the differences between all three are essential for reporting these biopsies. Differences between tropical sprue and PIIBS<sup>12</sup> is as in the following table.



**Table 3 : Differences between tropical sprue and PI**

Features	Post infectious Tropical Sprue	PI-IBS
Epidemiology		
Frequency of occurrence following An attack of gastroenteritis (%)	8–20	7–31
Time period when reported	5 to 6 decades ago	Mostly last 2 decades
Areas of the world from where reported	Tropics and temperate region -called tropical and temperate sprue	Mostly from temperate regions
Clinical presentation and diagnosis		
Predominant clinical feature	Diarrhea as defined by liquidity and frequency of stool	Diarrhea as defined by Bristol stool form and frequency
Biochemical evidence of mucosal malabsorption (D-xylose test, fecal fat estimation, Schilling's test for B12 malabsorption)	Malabsorption of two unrelated substances is essential for diagnosis	Results of these tests have not been reported in any study
Abnormal small-intestinal histology	Require for the diagnosis	Has not been performed in any study
Pathogenesis		
Possible infective agents that might predispose	Bacteria, virus, protozoa	Bacteria, virus, protozoa
Change in gut flora and small-intestinal bacterial overgrowth	Often associated	Increasing reports among patients with diarrhea-predominant IBS

Small-intestinal permeability abnormality	Demonstrated	Demonstrated
Neurohumoral dysregulation	Demonstrated	Demonstrated
Treatment		
Agents used in the treatment	Antibiotics, folic acid, vitamin B12	Drugs modulating gut flora such as probiotics and antibiotics.

Meta analysis and systematic review by Various authors from India have studied the differences between celiac sprue and tropical sprue and this is as summarized in the table below<sup>17</sup>. (Table courtesy- Journal of Gastroenterology and Hepatology 34 (2019) 74–83).

**Table 4 : Summary of differences between celiac disease and tropical sprue studied by various authors**

<b>Authors</b>	<b>Year</b>	<b>Diagnostic criteria (Celiac disease)</b>	<b>Diagnostic criteria (Tropical sprue)</b>
Yadav et al.,	2011	ESPGHAN criterion 1990; positive serological test in a subset	Chronic diarrhea, malabsorption, exclusion of other causes, and persistent response to antibiotic

Ghoshal et al.,	2012		Exclusion of
Dutta et al.,	2011		Malabsorption
Jain1	2015	Positive	
Lo et al.,	2007	Positive serology and histological changes	Compatible histology and exclusion of other causes of malabsorption
Schenck et al.,	1965	Response to gluten-free diet	Tropical sprue was defined by its occurrence in tropical/ subtropical regions, no response to gluten free diet, response to folic acid, vitamin B12, and/or oral Antibiotics.
Langenburg et al.,	2014	Celiac disease and tropical sprue patients were diagnosed based on compatible histopathological changes in an appropriate epidemiological	Celiac disease and tropical sprue patients were diagnosed based on compatible histopathological changes in an appropriate epidemiological setting and

		setting and	appropriate
	1985	Not described	
Pipaliya et al.,	2016	Diagnosed by	
Karegar et al.,	2016	Not defined	Not defined
Thurlbeck et al.,	1960	Not defined	Not defined

From all the above we understand that one of the most important steps in evaluating malabsorption is small intestinal mucosal biopsies. Duodenum is the preferred site of biopsy as it is easily accessible for the clinician. Mucosal architecture pattern varies from villous blunting to atrophy, crypt hyperplasia and intraepithelial lymphocytosis.

Studies done for celiac disease and other malabsorptive disease demonstrates the morphological changes that are important in arriving at a diagnosis<sup>18,19</sup>

Villous architecture and the utility of villous height and crypt ratio has been widely studied<sup>20</sup>. As reporting on duodenal biopsies for malabsorption is highly subjective these studies aimed at an objective way of evaluation and also quantifying the changes in the biopsies received.<sup>20</sup>

Biopsies are taken from duodenum are assessed. And for this a well oriented specimen is necessary.

A well-oriented biopsy is essential and this provides more accurate information on mucosal architecture. Specimens can be oriented with the naked eye or with stereomicroscopy. If the biopsy is oriented in the endoscopy room it should be clearly indicated to the laboratory. Mostly the well oriented specimens lose their orientation during regular

processing. Therefore, it is essential to analyse for tangential cuts so as to not overinterpret villous architectural abnormality. Despite biopsy orientation the presence of intra epithelial lymphocytosis and villous architecture is sufficient to support a histopathological diagnosis. Samples obtained for histopathologic evaluation should be immediately placed in specimen containers containing the appropriate fixative (10% formalin) to avoid air drying.

History of obtaining small intestinal biopsies and assessing the mucosa for villous blunting began in as early as early part of 20<sup>th</sup> century from autopsy reports in patients with tropical and non- sprue by<sup>20</sup> Beneke in 1910 and Manson-Bahr in 1924.

In 1954, Paulley reported on laparotomy samples and found that the finding of morphologically differing villi was accurate. Only when multiple biopsies became possible through endoscopy specific examination became possible. Holmes et al. in 1961 found there were changes in villi even under dissection microscope.<sup>20</sup>

It was Watson or Crosby-Kegler started taking biopsies from the distal duodenum or proximal jejunum immediately adjacent to the ligament of Treitz by using suction capsules. This procedure does not

require anesthesia but had complications like hemorrhage and perforation while retrieving the capsule.

In 1980s biopsies using endoscopy came into being. In a study done by Lebwohl et al. 2011 and Ludvigsson 2014 sensitivity of reporting reached 100% with 4 duodenal biopsies taken. Though the endoscopist can observe through fiberoptic endoscopy scalloping or reduction of duodenal folds, this is not sensitive or specific to dispense with biopsy (Dickey and Hughes 2001)<sup>20</sup>. Therefore, taking duodenal biopsies and correlating with the morphological changes is an important step incoming to conclusive diagnosis for malabsorption.

The first classification of villous abnormality on mucosal sections was done by Doniach and Shiner in 1957. They classified villous changes as normal, partial villous and subtotal villous atrophy. This was subsequently acknowledged by The European Society for Pediatric Gastroenterology Hepatology and Nutrition ESPGHAN to be the standard (Meeuwisse 1970). Marsh et al came up with a new criterion in 1990s which was later modified by Oberhuber (Marsh 1992, Oberhuber et al.1999)<sup>20</sup>.

In addition to the above classifications, Shiner and Doniach in 1960 gave precise values for villous height and crypt depth (Shiner and Doniach 1960, Doniach and Shiner 1960). This was further developed by Kuitunen and 37 associates in 1966 and 1982, and the ratio of villous heights and crypt depths was found more specific.

Figure 4 : Method of narrowing the villous height and crypt depth

(courtesy figure 3 by Juha Tara Vela)

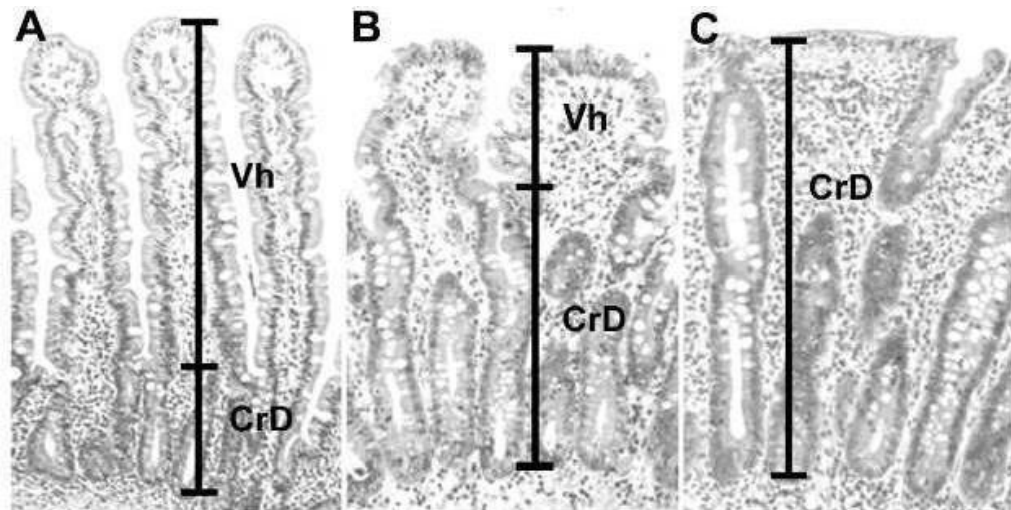


Figure 3. Measurement of villous height crypt depth ratio in different degrees of damage. VH, villous height; CrD, crypt depth. Images by Juha Taavela.

Since 1990 villous crypt ratio has been in use and is evidenced in the Tampere coeliac disease research groups study and the first publication regarding the utility of villous crypt ratio came in 1993 (Holm 1993). Though the normal ratio has been a matter of controversy values above 3 was considered as normal by many. Ratio of Villous height to crypt depth is more accurate. However, as these measurements require



software and considerable time and burdensome usually the evaluation of villous height and crypt depth is done as a personal estimate. This is subject to pathologists viewing the slides. Hence reproducibility is very low.

Measuring or reporting of villi height and crypt depth also depends on the biopsy cuttings. Misinterpretation and reliability depend on the final histological sections received. Rubin et al. in 1960 have shown that interpretation of histologic specimens is of crucial importance.

Correct orientation of specimen has been recognized as the most important step to report Histopathological specimens as early as 1959. The histologic sections should be perpendicular to the mucosal surface and it was reported even a slight variation in section cutting leads to a false diagnosis. It is a surprise to note that when these were considered important as early as 1959 in the recent studies published by Collin et al. in 2005, Ravelli et al<sup>21</sup>. in 2012 stating this is ignored or not taken into account in routine day today practice.

Incorrect biopsy orientation leads to cross-sectioning of the crypts. Therefore, loss of evidence of crypt hyperplasia under the microscope leading to non identification of conditions like celiac disease. Risdon and Keeling 1960, Thurlbeck et al. 1960, Shidrawi 1994, Rostom et al. 2006, Arguelles-Grande et al. 2011 stated non orientation of mucosal biopsies

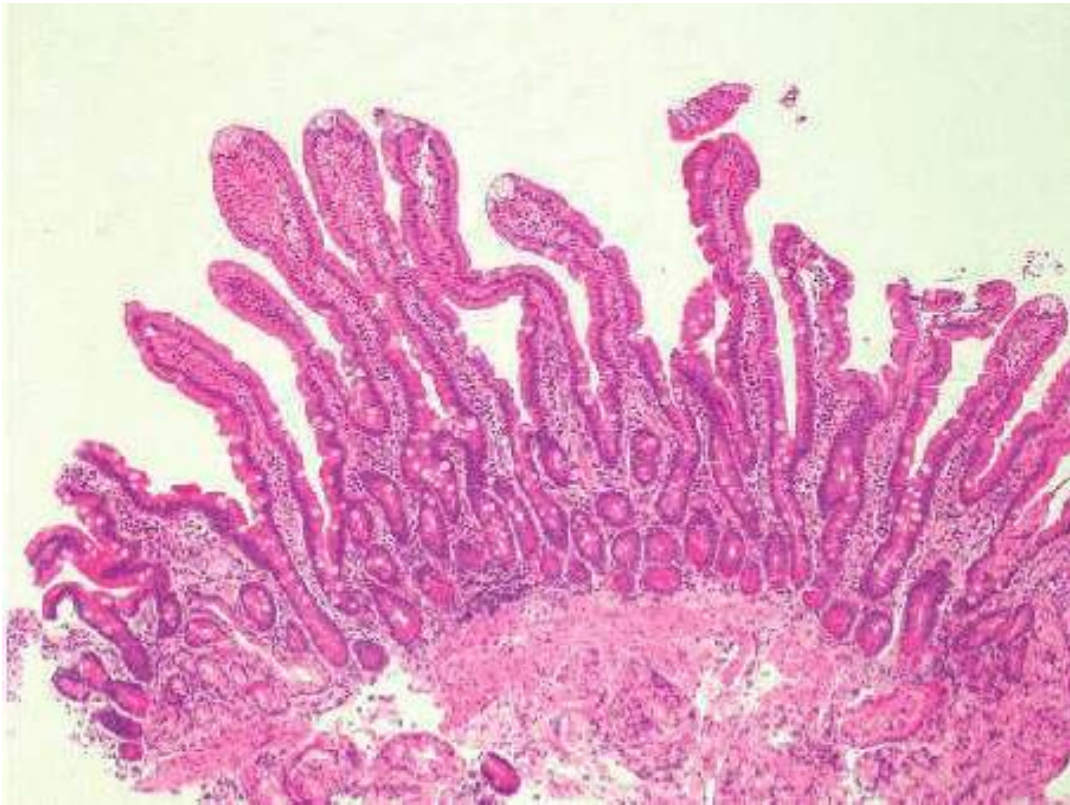
were one of the main reasons for missing a coeliac disease diagnosis. Non orientation of biopsy will also show broad and shortened villi.<sup>20</sup>

Collin et al. in 2005 reported that 10% of biopsies received are unreadable and in 2009 Gonzalez et al. reported a 70% of duodenal biopsies being unreadable. It must be noted that tangential or en face cutting leads to distortion of villi and crypts. In tangential cuts one should either reorient and resection or no reading to be done and a repeat biopsy to be requested.<sup>20</sup>

As we have seen evaluation of small intestinal mucosal biopsy is the most important step in diagnosing the etiologic cause of malabsorption. Of the entire small intestine, duodenum is the most preferred site because of its approachability in endoscopy. Multiple biopsies from the second part is usually given and a minimum of four is always taken.<sup>21</sup>

Evaluation of the biopsies are to be done where at least 3 villi were well oriented. Well oriented biopsy under microscope means at 3-5 villi are visible in its entirety from base to the tip as shown in the figure and the villous crypt ratio is 3:1 or above.

**Figure 5: Image of a well oriented duodenal biopsy**



Villi are seen from tip to base and the V:C ratio is  $>3:1$ . Recently from 2006 many researches have been done for malabsorption from Indian subcontinent.

B.S.Ramakrishnan et al. from Tamil Nadu India states that sporadic tropical sprue is the most common and important cause of malabsorption in children and adults in South Asia. In this article the authors also state the specific causes are to be excluded before considering tropical sprue. At the end the authors also give an algorithm for investigation of malabsorption and its treatment.

Changing into cosmopolitan life styles, rapid mobilization of people with changing diet pattern and the recent newly found food habits of the population has increased the incidence of malabsorption disorders in the southern part of the country<sup>19</sup>. India has seen an improvement in the health and sanitation due to better socio-economic status, but the food style habits have lead to increased diarrheal disorders causing malabsorption . AK Dutta et al. categorically states though other causes of malabsorption in India is on the rise, Tropical Sprue is still the leading factor<sup>22</sup>.

Recently there is a surge in malabsorptive disorders and department of pathology receives increased number of small intestinal biopsies from duodenum because of its easy approachability for a definitive diagnosis.

Pathologists rely on the morphological changes in the mucosa namely villous blunting, crypt elongation, budding, hyperplasia, presence of intra epithelial lymphocytosis, basement membrane thickening etc. for making a diagnosis. Most of the observations are subjective. Therefore, to objectivize the observations, reduce the interobserver variability and to standardize reporting protocols many quantative studies are being done in India.

Keeping in view of the increased number of duodenal biopsies received for malabsorptive disorders this study aims to analyze the villous height, crypt depth and villous crypt ratio in duodenal biopsies diagnosed as tropical sprue and to correlate with the clinical features of diarrhea and megaloblastic anaemia.

## **MATERIALS AND METHODS:**

This is a retrospective observational study. After getting permission and ethical clearance, duodenal biopsies reported as tropical sprue were taken from the archives of department of Pathology for a period of 3 years from 2015-2018. Necessary clinical details were collected from the MRD files after taking permissions.

### **INCLUSION CRITERIA:**

All well oriented duodenal biopsies reported as tropical sprue from both sexes above 18 years of age.

### **EXCLUSION CRITERIA:**

Duodenal biopsies with other diagnosis, poorly oriented and tangentially cut sections

Once cases were selected, blocks were retrieved, sections were cut and stained with H & E stain and then evaluated. The villi height and crypt depth were measured using the morphometric grid attached to NIKON eclipse Ci microscope.

Routine H & E stain was performed as follows.

### **HEMATOXYLIN AND EOSIN STAIN:**

The hematoxylin and eosin (H&E) is the most widely used stain in a histopathology laboratory. The advantage of H&E lies in its simplicity and ability to clearly demonstrate enormous number of different tissue structures. The hematoxylin component stains the nuclei blue, while the eosin component stains the cytoplasm and most of the connective tissue fibers.

There are various methods of performing the H&E staining, we commonly use the Harris hematoxylin method. This is a type of alum hematoxylin. It is chemically oxidized with mercuric oxide. As mercuric oxide is toxic, we commonly use sodium or potassium iodate as a substrate for oxidation.

Materials required includes:

- Harris hematoxylin
- Eosin
- Xylene
- 1% acetic acid
- Ammonia water
- 1% eosin
- Graded alcohols

## PROCEDURE:

Chart 8: Steps Involved in H&E staining on routine paraffin sections

	Deparaffinise the sections
	Hydrate through graded alcohols
	Stain in Harris hematoxylin for 5 minutes
	Wash in running tap water until the sections turn blue
	Differentiate in 1% alcohol for 5-10 seconds
	Blueing with ammonia water
	Counterstaining in eosin for 1 minute
	Wash in tap water
	Dehydrate through alcohols
	Clear and mount

The staining was done in routine paraffin sections.



## **RESULTS:**

Nuclei: blue

Cytoplasm: pink

Red cells: orange

Fibrin: deep pink

In order to take accurate measurements, “Annotations” from PDF studio was used. To calculate the length, the distance Measurement Annotations was used. First the distance tool on the tool bar was selected by clicking the icon in the comment tab which displayed the measurement dialog from where the scale is set for the measurement before drawing the annotations. Thereafter the lines drawn with the cursor between two points facilitated direct measurement. Villous height was measured from the tip of the villi to the base of the crypt and the crypt depth from base of the crypt to the deepest crypt edge in the mucosa.

For each case the villous crypt ratio of both normal and diseased segments were then calculated.

A villous crypt ratio of  $>3:1$  considered normal. The ratio of diseased villi and crypt were graded as mild, moderate and severe using the following criteria.<sup>19</sup> (Morphologic spectm.Jcdr)

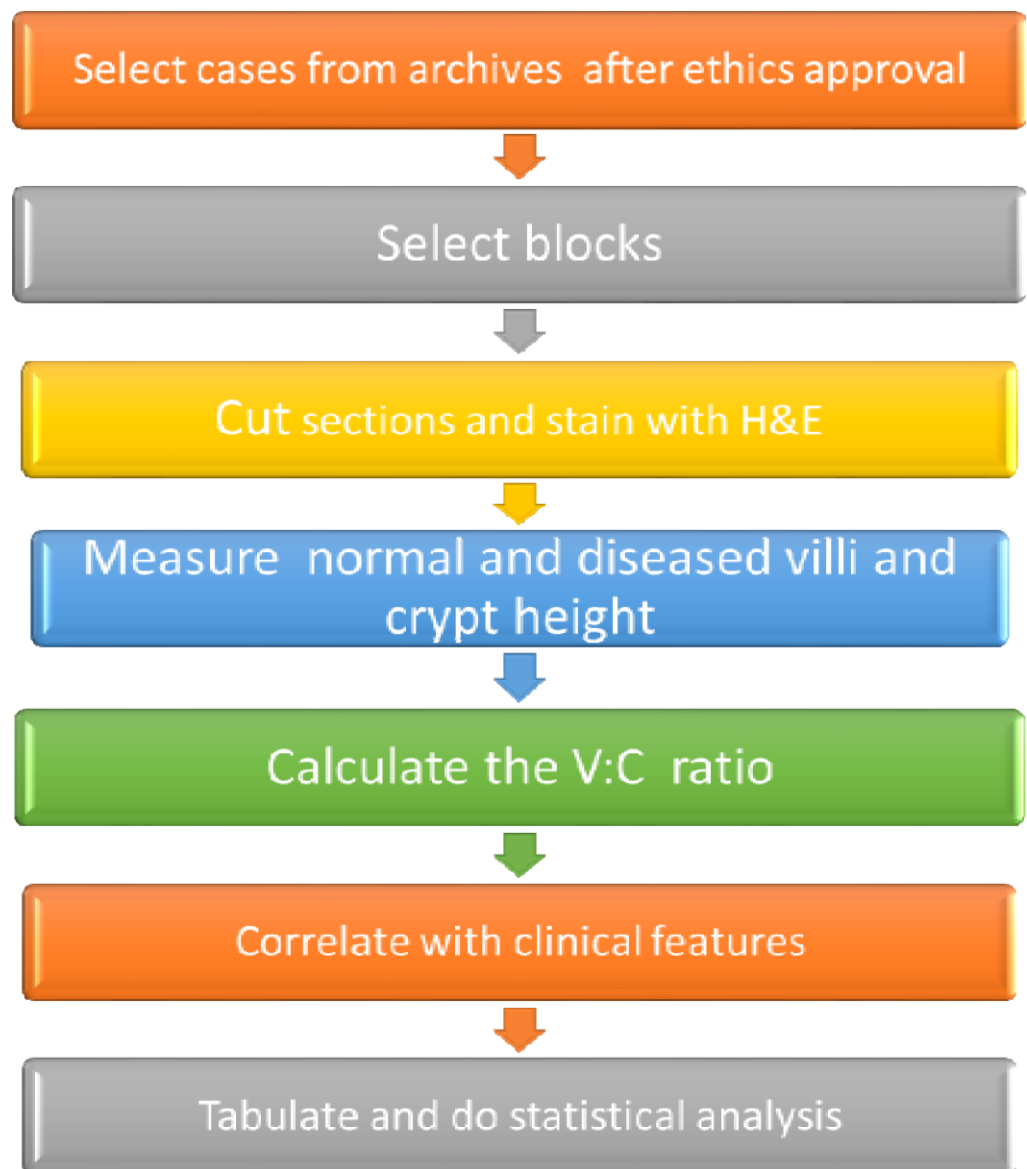
<3:1 to 2:1- mild(figure:6a,6b,6c)

<2:1 to 1:1-moderate and(figure:7a,7b)

<1:1 to 0.1:1-severe(figure:8a,8b)

The parameters were then matched with the age, sex and clinical features of diarrhea and megaloblastic anemia.

Chart 9 :



## RESULTS AND OBSERVATION

Department of pathology received 2386 duodenal biopsies over a period of 3 years of which 500 were reported as tropical sprue.

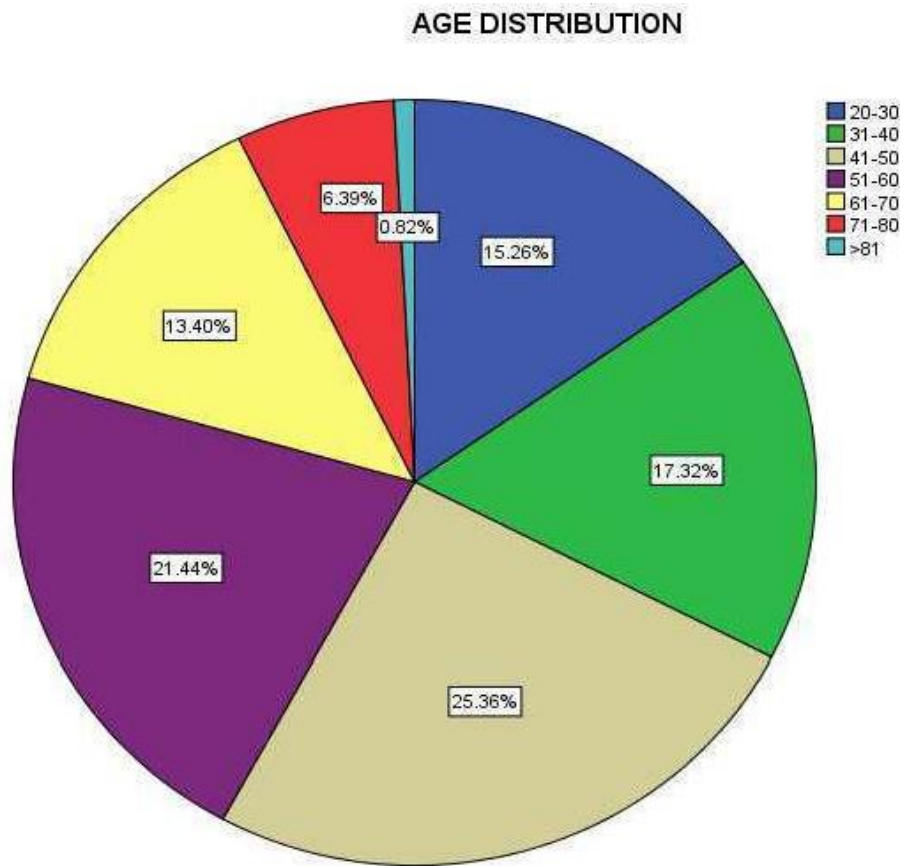
Using the inclusion and exclusion criteria 485 cases were selected.

The cases were then grouped into the three grades depending on the V:C ratio. The details are as in the following table 5.

Table 5: Grading of Villous: Crypt ratio

<b>Grade</b>	<b>No of cases/485</b>
Moderate	436
Severe	23

**Chart 10:**



It was observed that among the 485 specimens the incidence of tropical sprue was highest 123(25.4%) in the age group of 41-50 and it was less than 7% in the age group of >70 yrs. as shown in chart 10

## SEX DISTRIBUTION

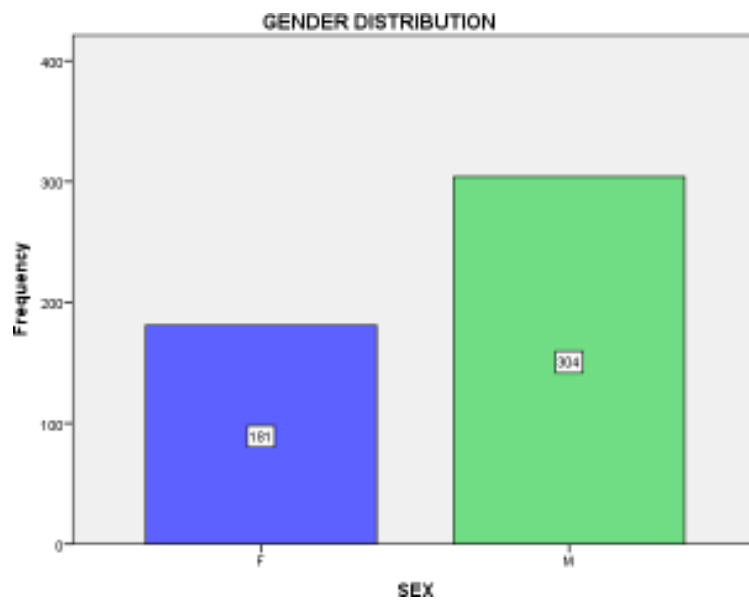
Table 6 highlights the sex distribution

Table 6: Sex distribution

Male	Female	Total
304	181	485

In 485 specimens analysed, 304 (62.7%) were male and 181 (37.3%) were female as shown in chart 11. Thus, there was a male preponderance over females. As shown in chart 11.

Chart 11: Gender distribution



## AGE DISTRIBUTION

The age group of presentation with various grades is as in the table 7 given.

Table 7: Age distribution of various grades of V:C

<b>Age</b>	<b>Mild</b>	<b>Moderate</b>	<b>Severe</b>
20-30	4	68	2
31-40	5	77	3
41-50	7	112	4
51-60	4	94	7
61-70	3	57	5
71-80	2	27	2
>80	1	3	nil
Total -485	26	438	23

The following table highlights various grades of V:C ratio with various age group and gender.

**Table 8: Age and Sex distribution of grades of V:C ratio**

Age	Mild-		Moderate		Severe	
	male	female	male	female	male	female
20-30	1	3	42	21	2	-
31-40	2	3	52	25	2	1
41-50	6	1	70	43	2	2
51-60	2	2	55	39	6	1
61-70	1	2	34	24	3	2
71-80	1	1	21	5	-	2
>80	1	-	3	-	-	-
Total	14	12	277	161	15	8

The following tables from table 9 to table 15 highlights correlation of sex v:c ratio and category of grades among various age groups

**Table 9: AGE GROUP OF 20-30YRS:**

<b>S. No</b>	<b>SEX</b>	<b>V:C</b>	<b>CATEGORY</b>
1	M	0.5:1	severe
2	M	0.2:1	severe
3	F	01:01	moderate
4	F	1.4:1	moderate
5	F	1.1:1	moderate
6	F	1.1:1	moderate
7	F	1.2:1	moderate
8	F	1.2:1	moderate
9	F	01:01	moderate
10	F	1.4:1	moderate
11	F	01:01	moderate
12	F	01:01	moderate
13	F	1.1:1	moderate
14	F	1.1:1	moderate
15	F	1.3:1	moderate
16	F	1.1:1	moderate
17	F	1: `1	moderate
18	F	1.7:1	moderate



19	F	01:01	moderate
20	F	1.2:1	moderate
21	F	01:01	moderate
22	F	1.3:1	moderate
23	F	1.2:1	moderate
24	F	1.3;1	moderate
25	F	01:01	moderate
26	F	1.6:1	moderate
27	F	1.4:1	moderate
28	F	1.1:1	moderate
29	M	1.1:1	moderate
30	M	01:01	moderate
31	M	1.3:1	moderate
32	M	1.2:1	moderate
33	M	1.1:1	moderate
34	M	1.6:1	moderate
35	M	1.3:1	moderate
36	M	1.5:1	moderate
37	M	1.9:1	moderate
38	M	1.4:1	moderate
39	M	1.1:1	moderate

40	M	1.1:1	moderate
41	M	01:01	moderate
42	M	1.4:1	moderate
43	M	1.1:1	moderate
44	M	01:01	moderate
45	M	01:01	moderate
46	M	1.2:1	moderate
47	M	1.3:1	moderate
48	M	1.4:1	moderate
49	M	1.2:1	moderate
50	M	1.1:1	moderate
51	M	1.1:1	moderate
52	M	1.1:1	moderate
53	M	1.4:1	moderate
54	M	01:01	moderate
55	M	1.8:1	moderate
56	M	01:01	moderate
57	M	1.2:1	moderate
58	M	1.4:1	moderate
59	M	01:01	moderate
60	M	1.3:1	moderate

61	M	1.3:1	moderate
62	M	1.5:1	moderate
63	M	1.3:1	moderate
64	M	1.8:1	moderate
65	M	1.1:1	moderate
66	M	01:01	moderate
67	M	1.7:1	moderate
68	M	1.5:1	moderate
69	M	1.2:1	moderate
70	M	1.:1	moderate
71	F	2.1:1	mild
72	F	02:01	mild
73	F	2.4:1	mild
74	M	2.1:1	mild

**Table 10 : AGE GROUP 31-40YRS:**

<b>S. No</b>	<b>SEX</b>	<b>V:C</b>	<b>CATEGORY</b>
1	F	0.4:1	severe
2	M	0.4:1	severe
3	M	0.3:1	severe
4	F	1.2:1	moderate
5	F	01:01	moderate
6	F	1.2:1	moderate
7	F	1.1:1	moderate
8	F	1.2:1	moderate
9	F	1.1:1	moderate
10	F	1.1:1	moderate
11	F	1.4:1	moderate
12	F	1.1:1	moderate
13	F	1.1:1	moderate
14	F	01:01	moderate
15	F	01:01	moderate
16	F	01:01	moderate
17	F	1.3:1	moderate
18	F	1.1:1	moderate

19	F	1.1:1	moderate
20	F	1.2:1	moderate
21	F	01:01	moderate
22	F	1.1:1	moderate
23	F	1.8:1	moderate
24	F	1.9:1	moderate
25	F	1.1:1	moderate
26	F	1.4:1	moderate
27	F	1.1:1	moderate
28	F	1.4:1	moderate
29	M	1.1:1	moderate
30	M	01:01	moderate
31	M	01:01	moderate
32	M	1.1:1	moderate
33	M	1.2:1	moderate
34	M	1.2:1	moderate
35	M	1.2:1	moderate
36	M	1.3:1	moderate
37	M	1.1:1	moderate
38	M	01:01	moderate
39	M	1.1:1	moderate

40	M	1.6:1	moderate
41	M	1.1:1	moderate
42	M	1.2:1	moderate
43	M	1.6:1	moderate
44	M	01:01	moderate
45	M	1.2:1	moderate
46	M	01:01	moderate
47	M	1.1:1	moderate
48	M	1.2:1	moderate
49	M	1.1:1	moderate
50	M	1.1:1	moderate
51	M	01:01	moderate
52	M	1.2:1	moderate
53	M	1.7:1	moderate
54	M	1.1:1	moderate
55	M	1.3:1	moderate
56	M	1.1:1	moderate
57	M	1.6:1	moderate
58	M	1.1:1	moderate
59	M	01:01	moderate
60	M	1.1:1	moderate

61	M	1.1:1	moderate
62	M	1.1;1	moderate
63	M	1.1:1	moderate
64	M	1.1:1	moderate
65	M	1.4:1	moderate
66	M	01:01	moderate
67	M	1.2:1	moderate
68	M	1.1:1	moderate
69	M	1.3:1	moderate
70	M	1.2:1	moderate
71	M	01:01	moderate
72	M	1.3:1	moderate
73	M	1.2:1	moderate
74	M	1.4;1	moderate
75	M	1.2;1	moderate
76	M	1.2:1	moderate
77	M	01:01	moderate
78	M	1.5:1	moderate
79	M	1.3:1	moderate
80	M	1.6:1	moderate
81	F	2.4:1	mild

82	F	2.4:1	mild
83	F	2.7:1	mild
84	M	2.1:1	mild

**Table 11: AGE GROUP 41-50YRS:**

<b>S. No</b>	<b>SEX</b>	<b>V:C</b>	<b>CATEGORY</b>
1	F	0.5:1	severe
2	F	0.3:1	severe
3	M	0.3:1	severe
4	M	0.7:1	severe
5	F	1.4:1	moderate
6	F	01:01	moderate
7	F	01:01	moderate
8	F	1.9:1	moderate
9	F	01:01	moderate
10	F	1.7:1	moderate
11	F	1.2:1	moderate
12	F	1.8:1	moderate
13	F	1.4:1	moderate
14	F	1.1:1	moderate



15	F	01:01	moderate
16	F	01:01	moderate
17	F	1.1:1	moderate
18	F	01:01	moderate
19	F	1.5:1	moderate
20	F	1.7:1	moderate
21	F	1.1:1	moderate
22	F	1.3:1	moderate
23	F	1.1:1	moderate
24	F	1.2:1	moderate
25	F	1.1:1	moderate
26	F	1.6:1	moderate
27	F	1.1:1	moderate
28	F	1.2:1	moderate
29	F	1.1:1	moderate
30	F	1.2:1	moderate
31	F	1.3:1	moderate
32	F	01:01	moderate
33	F	01:01	moderate
34	F	1.4:1	moderate
35	F	01:01	moderate

36	F	1.6:1	moderate
37	F	1.3:1	moderate
38	F	1.2:1	moderate
39	F	1.3:1	moderate
40	F	1.1:1	moderate
41	F	1.1:1	moderate
42	F	1.8:1	moderate
43	F	1.1:1	moderate
44	F	01:01	moderate
45	F	1.5:1	moderate
46	F	1.1:1	moderate
47	M	01:01	moderate
48	M	1.8:1	moderate
49	M	1.8:1	moderate
50	M	01:01	moderate
51	M	01:01	moderate
52	M	1.2:1	moderate
53	M	1.1:1	moderate
54	M	1.2:1	moderate
55	M	1.1:1	moderate
56	M	1.1:1	moderate

57	M	1.2:1	moderate
58	M	1.2:1	moderate
59	M	1.2:1	moderate
60	M	01:01	moderate
61	M	1.1:1	moderate
62	M	1.4:1	moderate
63	M	01:01	moderate
64	M	1.1:1	moderate
65	M	1.2:1	moderate
66	M	1.2:1	moderate
67	M	1.4:1	moderate
68	M	01:01	moderate
69	M	01:01	moderate
70	M	1.2:1	moderate
71	M	1.2:1	moderate
72	M	1.1:1	moderate
73	M	1.1:1	moderate
74	M	01:01	moderate
75	M	1.1:1	moderate
76	M	1.1:1	moderate
77	M	1.2:1	moderate

78	M	01:01	moderate
79	M	1.2:1	moderate
80	M	1.7:1	moderate
81	M	01:01	moderate
82	M	01:01	moderate
83	M	01:01	moderate
84	M	1.4:1	moderate
85	M	1.4:1	moderate
86	M	1.4:1	moderate
87	M	01:01	moderate
88	M	01:01	moderate
89	M	1.2:1	moderate
90	M	1.2:1	moderate
91	M	1.3:1	moderate
92	M	01:01	moderate
93	M	1.1:1	moderate
94	M	1.9:1	moderate
95	M	1.1:1	moderate
96	M	01:01	moderate
97	M	1.3:1	moderate
98	M	1.1:1	moderate

99	M	01:01	moderate
100	M	1.5:1	moderate
101	M	01:01	moderate
102	M	1.2:1	moderate
103	M	01:01	moderate
104	M	1.1:1	moderate
105	M	1.1:1	moderate
106	M	01:01	moderate
107	M	1.2:1	moderate
108	M	1.1:1	moderate
109	M	01:01	moderate
110	M	1.3:1	moderate
111	M	1.4:1	moderate
112	M	1.1:1	moderate
113	M	01:01	moderate
114	M	01:01	moderate
115	M	1.5:1	moderate
116	M	1.5:1	moderate
117	F	2.4:1	mild
118	M	3.3:1	mild
119	M	2.2:1	mild

120	M	2.1:1	mild
121	M	2.1:1	mild
122	M	2.3:1	mild
123	M	2.8:1	mild

**Table 12: AGE GROUP 51-60 YRS:**

<b>S. No</b>	<b>SEX</b>	<b>V:C</b>	<b>CATEGORY</b>
1	F	0.2:1	severe
2	M	0.5:1	severe
3	M	0.1:1	severe
4	M	0.3:1	severe
5	M	0.3:1	severe
6	M	0.4:1	severe
7	M	0.2:1	severe
8	F	1.1:1	moderate
9	F	1.9:1	moderate
10	F	1.6:1	moderate
11	F	1.1:1	moderate
12	F	1.1:1	moderate
13	F	1.6:1	moderate
14	F	01:01	moderate
15	F	1.5:1	moderate

16	F	1.9:1	moderate
17	F	1.6:1	moderate
18	F	1.1:1	moderate
19	F	1.1:1	moderate
20	F	1.1:1	moderate
21	F	1.1:1	moderate
22	F	01:01	moderate
23	F	1.3:1	moderate
24	F	01:01	moderate
25	F	01:01	moderate
26	F	01:01	moderate
27	F	1.6:1	moderate
28	F	1.3:1	moderate
29	F	1.1:1	moderate
30	F	1.6:1	moderate
31	F	1.1:1	moderate
32	F	1.1:1	moderate
33	F	1.5:1	moderate
34	F	1.6:1	moderate
35	F	01:01	moderate
36	F	1.8:1	moderate
37	F	1.5:1	moderate
38	F	1.4:1	moderate

39	F	1.1:1	moderate
40	F	1.1;1	moderate
41	F	1.3:1	moderate
42	F	1.1:1	moderate
43	F	1.1:1	moderate
44	F	01:01	moderate
45	F	1.4:1	moderate
46	F	1.7:1	moderate
47	M	1.9:1	moderate
48	M	1.1:1	moderate
49	M	1.1:1	moderate
50	M	1.1:1	moderate
51	M	1.5:1	moderate
52	M	01:01	moderate
53	M	1.1:1	moderate
54	M	1.2:1	moderate
55	M	1.2:1	moderate
56	M	01:01	moderate
57	M	1.1:1	moderate
58	M	1.2:1	moderate
59	M	01:01	moderate
60	M	01:01	moderate
61	M	1.1:1	moderate



62	M	1.1:1	moderate
63	M	01:01	moderate
64	M	1.1:1	moderate
65	M	1.5:1	moderate
66	M	1.2:1	moderate
67	M	01:01	moderate
68	M	1.5:1	moderate
69	M	1.2:1	moderate
70	M	1.1:1	moderate
71	M	1.9:1	moderate
72	M	1.3:1	moderate
73	M	01:01	moderate
74	M	1.1:1	moderate
75	M	1:1	moderate
76	M	1.1:1	moderate
77	M	1.1:1	moderate
78	M	1.5:1	moderate
79	M	1.6:1	moderate
80	M	01:01	moderate
81	M	1.1:1	moderate
82	M	01:01	moderate
83	M	1.1:1	moderate
84	M	1.1:1	moderate

85	M	1.3:1	moderate
86	M	1.1:1	moderate
87	M	01:01	moderate
88	M	1.1:1	moderate
89	M	1.1:1	moderate
90	M	1.1:1	moderate
91	M	1.4:1	moderate
92	M	1.1:1	moderate
93	M	1.9;1	moderate
94	M	1.3:1	moderate
95	M	1.3;1	moderate
96	M	1.1:1	moderate
97	M	1.5:1	moderate
98	M	1.3:1	moderate
99	M	01:01	moderate
100	M	1.3:1	moderate
101	M	01:01	moderate
102	F	2.3:1	mild
103	M	2.9:1	mild
104	M	2.1:1	mild

**Table 13 :AGE GROUP 61-70YRS:**

<b>S. No</b>	<b>AGE</b>	<b>SEX</b>	<b>V:C</b>	<b>CATEGORY</b>
1	63	F	0.1:1	severe
2	68	F	0.3:1	severe
3	69	M	0.2:1	severe
4	63	M	0.2:1	severe
5	68	M	0.9:1	severe
6	68	F	1.1:1	moderate
7	70	F	1.3:1	moderate
8	63	F	1.2:1	moderate
9	67	F	1.1:1	moderate
10	61	F	1.1:1	moderate
11	65	F	01:01	moderate
12	67	F	1.1:1	moderate
13	65	F	01:01	moderate
14	62	F	01:01	moderate
15	65	F	1.8:1	moderate
16	65	F	01:01	moderate
17	67	F	1.2:1	moderate
18	66	F	1.1:1	moderate
19	70	F	1.5:1	moderate

20	61	F	1.1:1	moderate
21	65	F	1.1:1	moderate
22	61	F	1.3:1	moderate
23	69	F	01:01	moderate
24	63	F	01:01	moderate
25	70	F	1.3:1	moderate
26	67	F	1.5:1	moderate
27	66	F	1.4:1	moderate
28	61	F	1.4:1	moderate
29	66	F	1.5:1	moderate
30	65	M	01:01	moderate
31	61	M	1.4:1	moderate
32	61	M	1.2:1	moderate
33	65	M	1.8:1	moderate
34	63	M	1.2:1	moderate
35	64	M	1.1:1	moderate
36	70	M	1.2:1	moderate
37	63	M	01:01	moderate
38	65	M	1.1:1	moderate
39	65	M	1.5:1	moderate
40	64	M	01:01	moderate

41	65	M	1.1:1	moderate
42	69	M	01:01	moderate
43	64	M	1.3:1	moderate
44	63	M	1.1:1	moderate
45	63	M	1.5:1	moderate
46	65	M	1.3:1	moderate
47	65	M	01:01	moderate
48	70	M	1.7:1	moderate
49	65	M	1.5:1	moderate
50	68	M	1.1:1	moderate
51	66	M	1.2:1	moderate
52	68	M	1.8:1	moderate
53	69	M	1.5:1	moderate
54	68	M	1.4:1	moderate
55	64	M	01:01	moderate
56	64	M	1.2:1	moderate
57	64	M	1.3:1	moderate
58	64	M	1.1:1	moderate
59	68	M	1.1:1	moderate
60	66	M	1.1:1	moderate
61	65	M	1;1	moderate

62	65	M	1.1:1	moderate
63	70	F	2.2:1	mild
64	63	F	2.4:1	mild
65	62	M	2.1:1	mild

**Table 14 :AGE GROUP 71-80YRS:**

<b>S. No</b>	<b>AGE</b>	<b>SEX</b>	<b>V:C</b>	<b>CATEGORY</b>
1	73	F	0.2:1	severe
2	72	F	0.12:1	severe
3	71	F	1.3:1	moderate
4	71	F	1.6:1	moderate
5	74	F	1.2:1	moderate
6	78	F	01:01	moderate
7	76	F	1.1:1	moderate
8	76	F	01:01	moderate

9	71	M	1.1:1	moderate
10	78	M	1.1:1	moderate
11	77	M	01:01	moderate
12	71	M	1.1:1	moderate
13	75	M	01:01	moderate
14	78	M	1.6:1	moderate
15	80	M	01:01	moderate
16	72	M	1.4:1	moderate
17	80	M	01:01	moderate
18	75	M	1.2:1	moderate
19	71	M	1.2:1	moderate
20	72	M	1.3:1	moderate
21	75	M	01:01	moderate

22	78	M	1.1:1	moderate
23	77	M	01:01	moderate
24	77	M	1.1:1	moderate
25	71	M	01:01	moderate
26	77	M	1.4:1	moderate
27	71	M	1.8;1	moderate
28	75	M	01:01	moderate
29	80	M	1.2:1	moderate
30	79	F	2.1:1	mild
31	78	M	2.7:1	mild



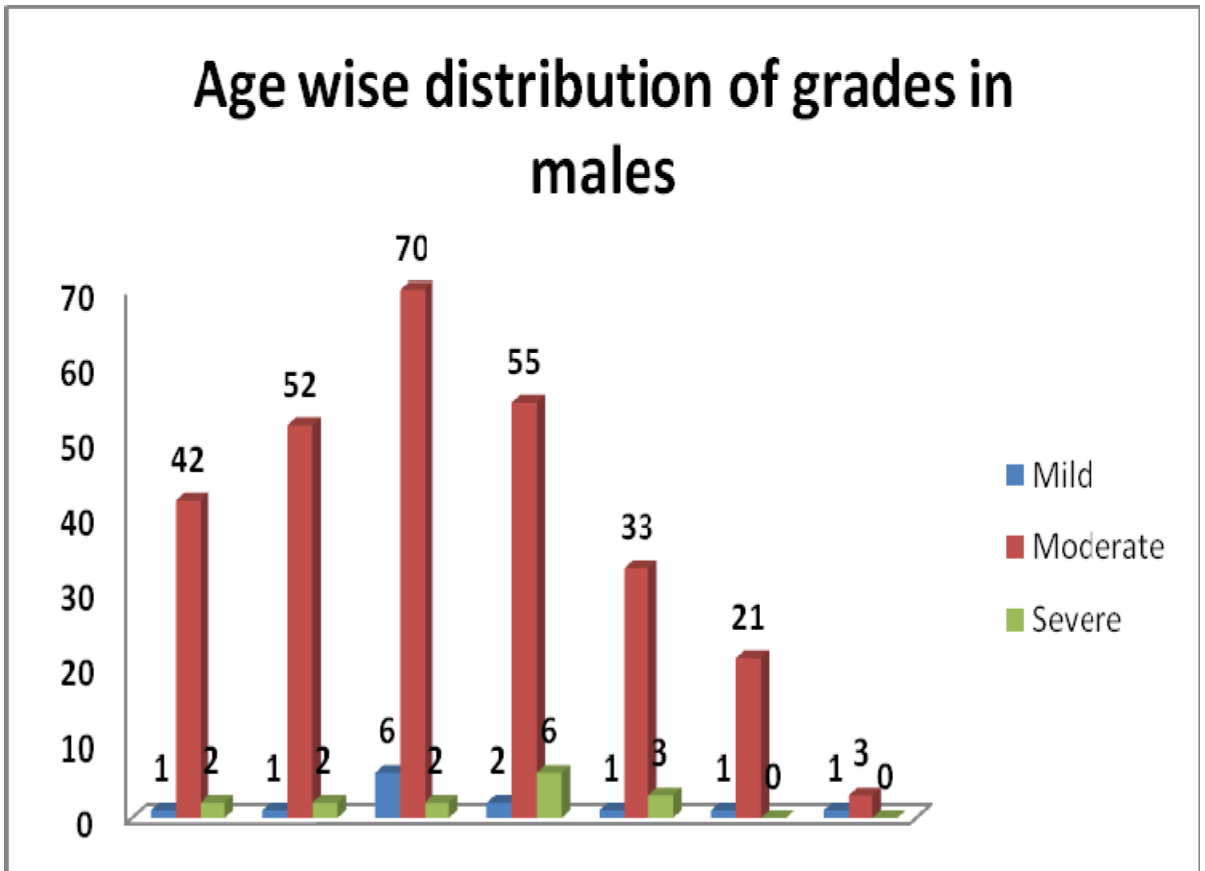
**Table 15 : AGE GROUP >81 YRS:**

<b>S. No</b>	<b>AGE</b>	<b>SEX</b>	<b>V:C</b>	<b>CATEGORY</b>
1	82	M	01:01	moderate
2	84	M	1.5:1	moderate
3	83	M	1.1:1	moderate
4	83	M	2.1:1	mild

### **AGE WISE DISTRIBUTION OF GRADES IN MALES**

The age wise distribution of grades for male was studied through chi-square test and found that moderate grade was ranging from 75% to 95.5% in all the age group while the incidence was less than 10% in mild and severe grades except the age group of > 81 years where the mild grade was 25% as shown in the following chart 12

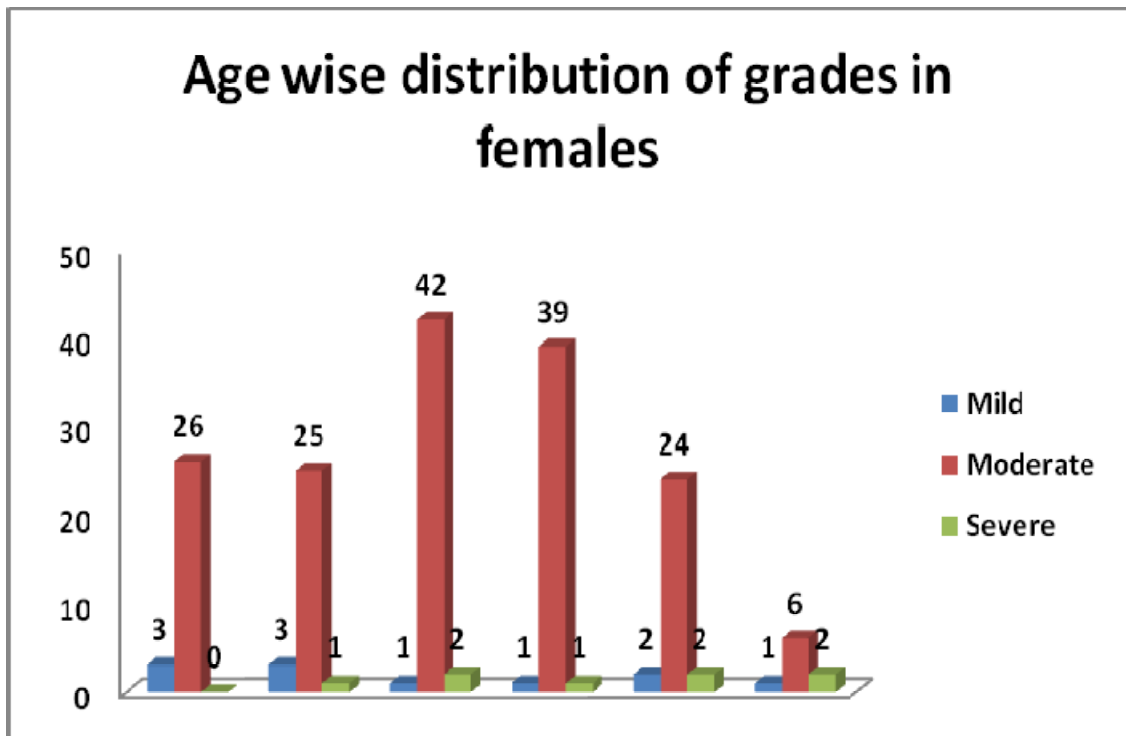
**Chart 12 : Distribution of grades in males using chi-square test**



### **AGE WISE DISTRIBUTION OF GRADES IN FEMALES**

In the case of female category also the incidence of moderate grade was more than 85% in respect of all the age group except the age group of 71-80 where it was only 66.7%. Though the mild and severe grades in respect of almost all the age groups were less than 10.5% it was slightly increased to 22.2% in severe grade in the age group of 71-80 as shown in the following chart.13

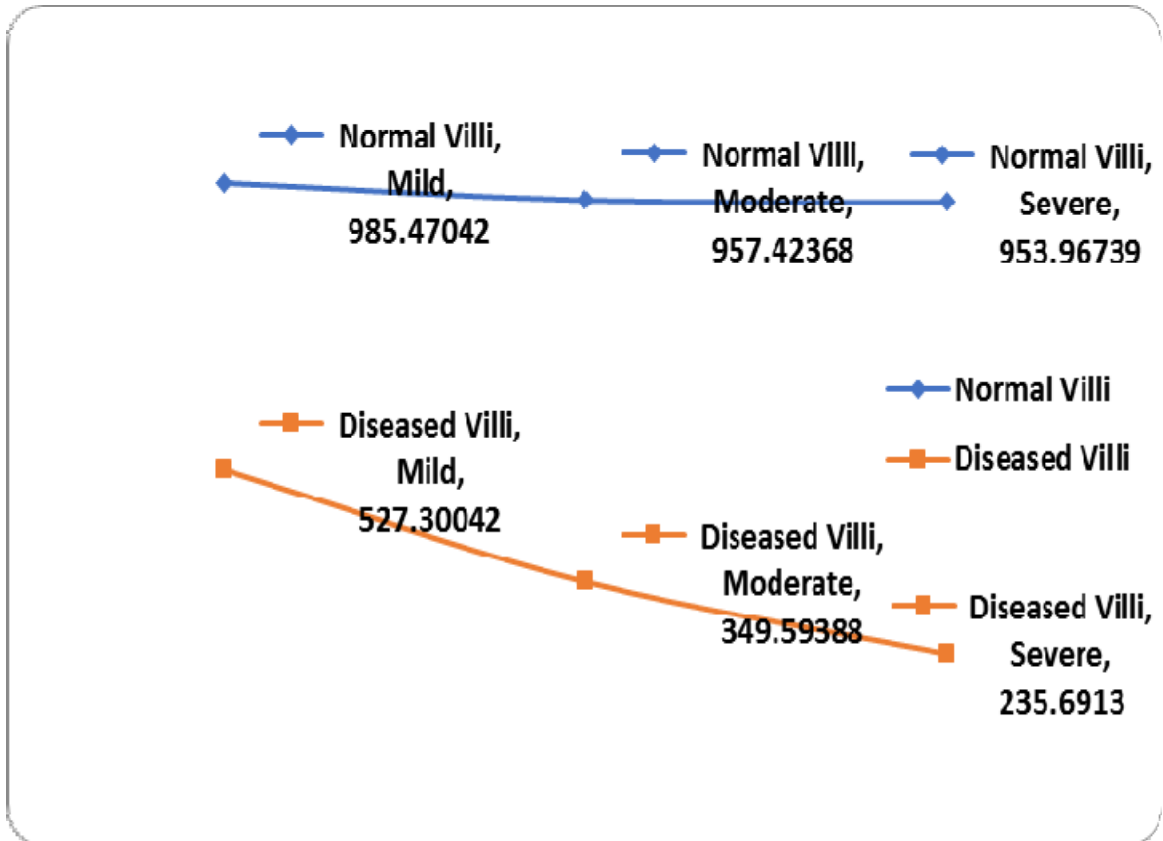
**Chart 13: Distribution of grades in females using chi-square test**



## **GRADE WISE ASSESSMENT OF NORMAL TO DISEASED VILLI**

Statistical analysis of the data was done using chi-square test for grade wise assessment of normal to diseased villous atrophy. Mean standard deviation and P value were assessed. It was found that in moderate grade the P value was .788 as shown in chart 14.

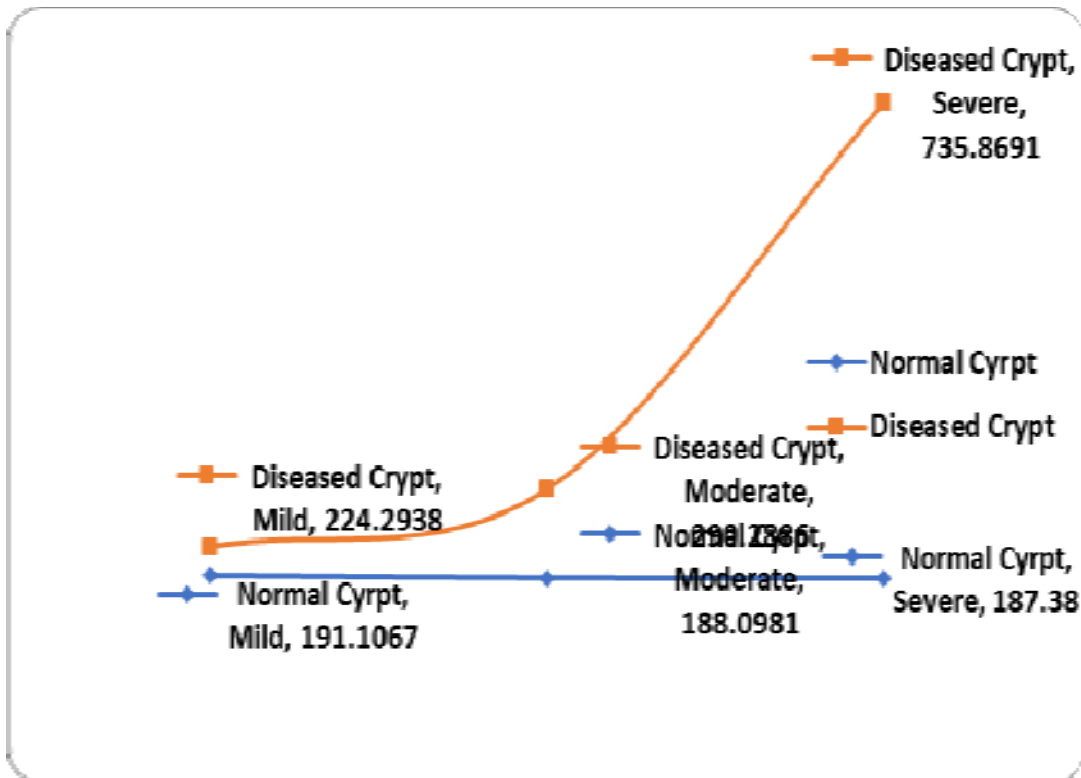
Chart 14:



## GRADE WISE ASSESSMENT OF NORMAL TO DISEASED CRYPT

Also, chi-square test was carried out for grade wise assessment of normal to diseased crypt and found that the P value was 0.934 in moderate grade as shown in chart 15.

Chart 15



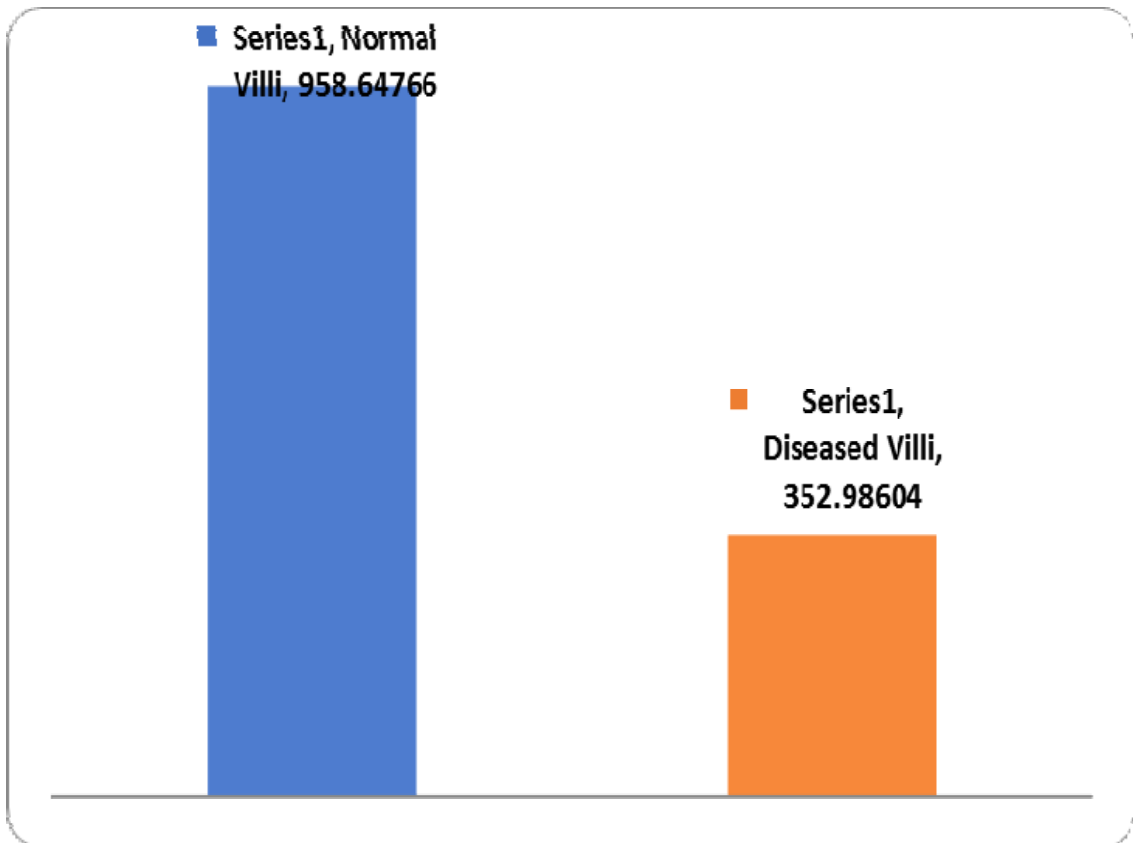
## MORPHOMETRIC MEASUREMENT OF NORMAL TO DISEASED VILLI

Morphometric measurements was taken to correlate the villous atrophy for normal villi to diseased villi by using Pearson Correlation test mean (958.65), standard (196.48) and a P value of (.003) were assessed and it was found that the values were statistically significant at the 0.01 level (2-tailed) as shown in table 16 and chart 16

**Table 16**

	<b>N</b>	<b>MEAN</b>			
Normal villi	485	958.64	196.48	.134	.003
Diseased villi	485	352.98			

**Chart 16**



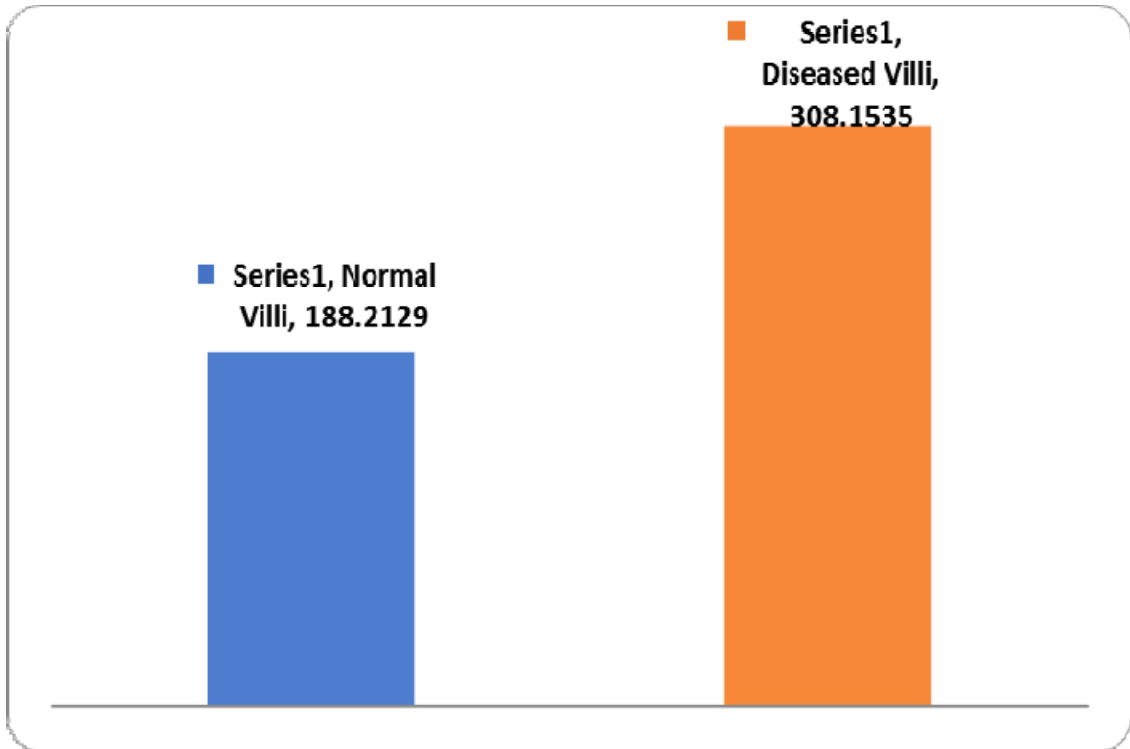
## **MORPHOMETRIC MEASUREMENT OF NORMAL TO DISEASED CRYPT**

Also, the Pearson Correlation test was conducted to assess the correlation between normal and diseased crypt and found mean (188.21) and standard deviation (40.29) with P value of 252.as shown in chart 17 and table 17.

**Table 17 - Pearson Correlation test**

	<b>N</b>	<b>MEAN</b>			
Normal crypt	485	188.21	40.28	.052	252
	485	308.15	171.06		

**Chart 17:**

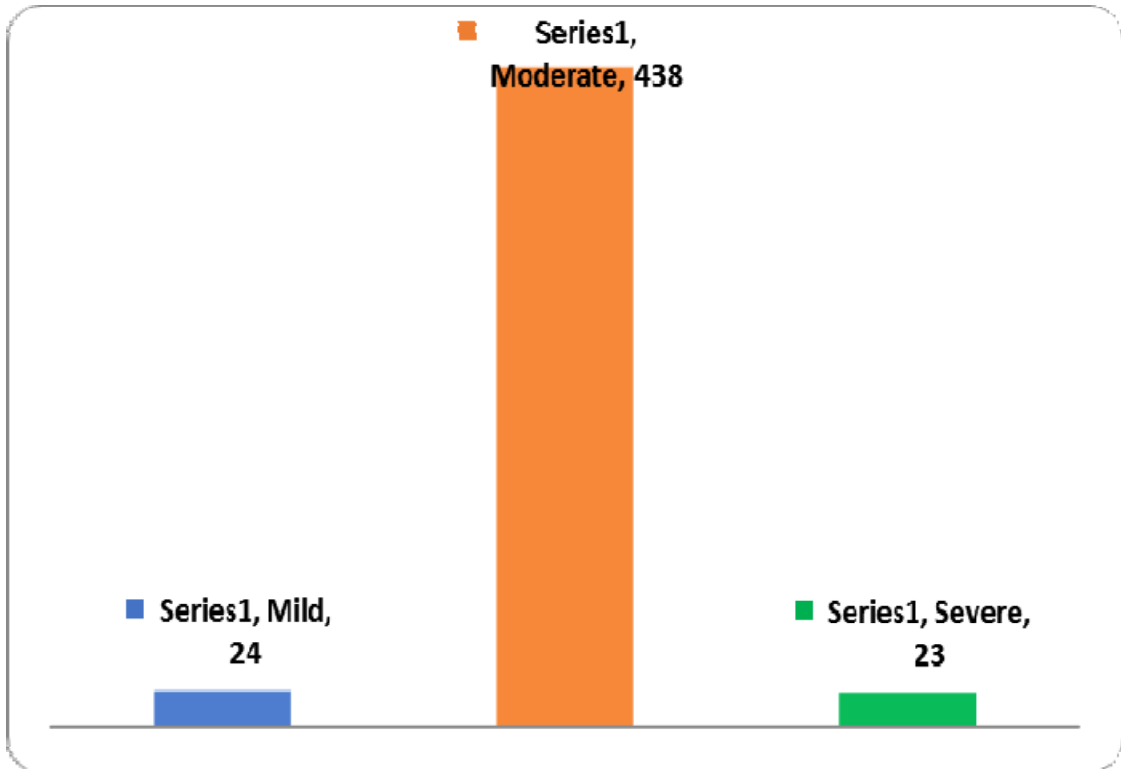


**FREQUENCY OF DISTRIBUTION OF GRADES OF V:C  
IN OUR STUDY**

It was noted that the moderate grade was as high as 90.3% while the mild and severe grade was only 4.9% and 4.7% respectively as shown in chart 18 and table 18.



**Table 18:**



Out of 485 cases 154 cases presented with megaloblastic anemia and 250 cases presented with chronic diarrhea. 81 cases presented with vague symptoms and fatigue.

**Table 18 – Megaloblastic anaemia with various grades V:C ratio**

Mild	11
Moderate	134
Severe	9

## DISCUSSION

Malabsorption is diminished absorption of nutrients and the patients present to us with clinical features of diarrhea, weight loss, anemia, vitamin deficiency etc<sup>1</sup>. The clinical consequences of malabsorption are varied and the expression of symptoms are variable too. Important causes of malabsorption are gluten sensitive enteropathy, milk /protein allergy, whipple's disease, tropical sprue and many more<sup>1</sup>.

Non infective causes are more predominant cause for malabsorption in the developed countries whereas in developing countries like India tropical sprue and infective etiology are more common.

Tropical sprue is one of the most common cause of malabsorption in our setting and also the incidence of tropical sprue is on the rise. Changing life styles and diet pattern with rapid mobilization of the population has led to increase in malabsorption related disorders. Of the entire small intestine, duodenum plays an important role in digestive process in terms of motility, secretion and absorption. Histopathological examination of small intestinal biopsies is one of the most important steps in evaluating malabsorption. As duodenum is easily approachable. site the clinician prefers to take biopsies from duodenum.

Therefore, this study aimed to analyze the villous crypt ratio in mucosal biopsies received and diagnosed as tropical sprue and also to correlate with phenotypical expression of the disease.

We received 2386 number of duodenal biopsies over a period of 3 years 500 cases were reported as tropical sprue. This gives a percentage incidence of 21%. This incidence is a little less than the reported incidence of 29% by AK Dutta et al in their study on spectrum of malabsorption in India.<sup>23</sup>

Using inclusion and exclusion criteria 485 cases were selected for our study.

The clinical details were collected from the MRD files and the slides were analyzed for villous crypt ratio. As mentioned earlier in materials and methods the V:C ratio were graded as mild, moderate and severe as in page no:38.

It was observed that among the 485 specimens the incidence of malabsorption was highest 123(25.4%) in the age group of 41-50 and it was less than 7% in the age group of >70 yrs as shown in table-7 and chart-10.

In 485 specimens analysed, 304 (62.7%) were male and 181 (37.3%) were female (table- 6 and chart-11). Thus, the male were preponderance over female. This is similar to the studies reported in literature.

It was noted that the moderate grade was as high as 90.3% (436/485) while the mild and severe grade was only 4.9% (26/485) and 4.7% (23/485) respectively (table: 5, 8, 9 to 15).

The age wise distribution for grades in male was studied through chi-square test and found that moderate grade was ranging from 75% to 95.5% in all the age group while the incidence was less than 10% in mild and severe grades except the age group of > 81 years where the mild grade was 25% (chart-12).

In the case of female category also the incidence of moderate grade was more than 85% in respect of all the age group except the age group of 71-80 where it was only 66.7%. Though the mild and severe grades in respect of almost all the age groups were less than 10.5% it was slightly increased to 22.2% in severe grade in the age group of 71-80 (chart-13)

Morphometric measurements was taken to correlate the villous atrophy for normal villi to diseased villi by using Pearson Correlation test mean (958.65), standard (196.48) and a P value of (.003) were assessed and it was found that the values were statistically significant at the 0.01

level (2-tailed).Hence villous blunting is the most important parameter in diagnosing tropical sprue. Morphometric measurement of normal to diseased crypt had a P value of 252 and was statistically insignificant. Stand alone crypt depth measurements not including budding and expansion of the crypt does not make an impact on diagnosis and was statistically proven in our study.

Analysis of V:C ratio along with clinical presentation of the disease shows 154 cases out of 485 cases presented with megaloblastic anemia giving a prevalence ratio of 31.8%.When correlating with the grade of V:C only 9 cases of severe grade had megaloblastic anemia where as 134 cases and 11 cases were seen in the moderate and mild category respectively(table-18). This indicates the presence of megaloblastic anemia does not correlate with the villous blunting or grades of V:C ratio's According to literature search the severity of the disease improves with treatment and mucosa completely reverts to normal. A study done by Chidambaram et al states nearly 51% of cases diagnosed as megaloblastic anemia have tropical sprue<sup>23</sup>. In our study nearly 50% of the cases presented with chronic diarrhea and therefore it is important to biopsy the small intestine for confirming the diagnosis of tropical sprue by assessing the villous architecture and V:C ratio.

From our study we infer that villous blunting and calculating villous crypt ratio whenever possible will aid in diagnosing tropical sprue.

## **LIMITATIONS**

The limitation of this study is that this study does not include other parameters like intraepithelial lymphocytosis, megaloblastosis of crypt epithelium, stool fat estimation etc. which are corroborative features in diagnosing tropical sprue larger study with all parameters along with V:C ratio will help in formulating the morphological spectrum for diagnosing tropical sprue.

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# MASTER CHART

S.No	AGE	SEX	HISTO NO	NORMAL VILLI	NORMAL CRYPT	V:C	DISEASED VILLI	DISEASED CRYPT	V:C	CLINICAL FEATURES
1	50	F	012/15	783.14	189.85	4.1:1	176.33	121.89	1.4:1	Malabsorption
2	54	M	66	901.41	140.88	6.3:1	395.8	200.82	1.9:1	Malabsorption
3	71	M	68	998.25	231.41	4.3:1	391.48	371.51	1.1:1	Malabsorption
4	38	F	116	855.75	189.72	4.5:1	367.22	304.25	1.2:1	Malabsorption
5	21	M	187	788.01	201.49	3.9:1	313.88	297.56	1.1:1	Malabsorption
6	23	F	190	927.5	222.49	4.2:1	313.88	300.01	1:01	Malabsorption
7	59	M	200	954.85	237.34	4:01	415.58	755.57	0.5:1	Anemia for evaluation
8	55	M	229	974.59	158.3	6.1:1	324.59	307.97	1.1:1	Malabsorption
9	60	F	243	1111.21	172.5	6.4:1	338.75	300.81	1.1:1	Malabsorption
10	65	M	298	1056.72	167.56	6.3:1	420.31	400.31	1:01	Malabsorption
11	58	M	299	998.26	232.41	4.3:1	392.48	372.51	1.1:1	Malabsorption
12	52	M	372	759.59	120.73	6.3:1	124.79	694.75	0.1:1	Rheumatic heart disease
13	41	M	384	1106.84	194.56	5.7:1	1018.33	304.09	3.3:1	B12 deficiency
14	38	M	404	1098.15	164.95	6.7:1	458.95	403.12	1.1:1	B12 deficiency
15	48	F	472	751.8	238.12	3.2:1	554.11	513.45	1:01	Abdominal discomfort
16	71	F	504	1234.86	217.19	5.7:1	360.124	286.02	1.3:1	Recurrent abdominal pain
17	38	M	554	661.02	206.19	3.2:1	217.53	207.86	1:01	Malabsorption
18	61	M	556	789.5	190.74	4.1:1	575.66	398.33	1.4:1	Malabsorption
19	34	M	576	822.76	160.88	5.1:1	294.57	293.3	1:01	Malabsorption
20	49	M	603	1120.55	229.96	4.9:1	506.27	501.02	1:01	Loose stools
21	15	M	615	771.44	115.18	6.7:1	480.65	199.69	2.4:1	Malabsorption
22	22	M	662	680.49	144.47	4.7:1	322.02	311.19	1:01	Malabsorption
23	34	M	706	1238.7	195.89	6.3:1	439.37	413.59	1.1:1	Malabsorption
24	43	F	735	777.86	114.49	6.7:1	322.02	311.19	1:01	Malabsorption
25	38	M	844	1294.82	200.02	6.5:1	400.05	340.74	1.2:1	Malabsorption
26	44	M	879	819.44	189.08	4.3:1	603.53	269.12	2.2:1	B12 deficiency
27	52	F	882	1025.95	228.96	4.5:1	595.58	256.03	2.3:1	Malabsorption
28	52	M	1010	1057.23	177.89	5.9:1	395.09	361.56	1.1:1	Malabsorption
29	21	M	1118	764.37	162.14	4.7:1	366.21	274.51	1.3:1	Heart burn
30	82	M	1144	1243.89	182.98	6.8:1	435.39	426.89	1:01	Heart burn
31	48	F	1152	1063.12	193.06	5.5:1	741.25	389.48	1.9:1	Loose stools,Weight loss
32	54	M	1158	1016.42	173.4	5.8:1	544.85	366.1	1.5:1	Anemia for evaluation
33	61	M	1202	938.97	173.04	5.4:1	515.39	441.95	1.2:1	Weight loss
34	54	F	1212	993.74	158.65	6.3:1	540.8	302.81	1.9:1	Chronic diarrhea under evaluation
35	48	M	1221	1093.74	188.65	5.8:1	540.8	302.81	1.8:1	To rule out Malabsorption
36	49	M	1286	860.76	169.69	5.1:1	540.8	302.81	1.8:1	To rule out Abdominal pain
37	34	M	1307	1038.86	165.74	6.3:1	594.32	285.68	2.1:1	To rule out Malabsorption syndrome
38	70	F	1392	872.35	182.95	4.8:1	594.08	267.4	2.2:1	To rule out Malabsorption
39	65	M	1398	1102.85	175.69	6.3:1	489.08	267.4	1.8:1	To rule out Malabsorption
40	57	F	1540	926.85	189.72	4.9:1	456.36	289.06	1.6:1	Dimorphic anemia/B12 deficiency
41	55	F	1543	867.22	138.86	6.3:1	304.01	284.92	1.1:1	B12 deficiency
42	28	M	1545	1217.32	185.02	6.6:1	365.385	315.52	1.2:1	To rule out Malabsorption

# MASTER CHART

S.No	AGE	SEX	HISTO NO	NORMAL VILLI	NORMAL CRYPT	V:C	DISEASED VILLI	DISEASED CRYPT	V:C	CLINICAL FEATURES
43	71	F	1553	1170.21	170.02	6.9:1	427.82	259.92	1.6:1	Malabsorption
44	78	M	1598	1083.98	159.11	6.8:1	390.39	347.53	1.1:1	To rule out Malabsorption
45	54	F	1626	1144.99	242.66	4.7:1	389.73	340.26	1.1:1	To rule out Malabsorption
46	24	F	1630	830.38	189.42	4.4:1	404.35	282.01	1.4:1	To rule out Malabsorption
47	47	F	1670	893.93	274.15	3.3:1	291.21	282.61	1:0:1	To rule out Malabsorption syndrome
48	25	F	1744	979.36	263.41	3.7:1	491.05	434.22	1.1:1	To rule out Malabsorption
49	56	M	1746	984.498	213.47	4.6:1	425.6	418.55	1:0:1	Chronic diarrhea
50	49	M	1867	1001.79	309.81	3.2:1	699.39	339.38	2.1:1	Malabsorption
51	63	M	1877	1141.68	248.62	4.6:1	470.28	383.2	1.2:1	Dimorphic anemia
52	20	M	1891	1086.56	192.26	5.7:1	286.02	254.38	1.1:1	Abdominal pain
53	48	M	2000	1363.25	319.04	4.3:1	399.73	383.98	1:0:1	Malabsorption
54	68	F	2101	1390.42	368.13	3.8:1	462.98	421.48	1.1:1	To rule out Malabsorption
55	57	M	2116	1111.62	211.07	5.3:1	309.92	273.09	1.1:1	Malabsorption under evaluation
56	64	M	2137	806.36	202.11	3.9:1	328.81	309.33	1.1:1	Eosinophilic colitis
57	52	M	2166	1233	179.63	6.9:1	594.19	198.17	2.9:1	Malabsorption
58	41	F	2373	1418.57	206.03	6.9:1	628.85	380.46	1.7:1	Chronic diarrhea for evaluation
59	50	M	2401	1059.63	171.12	6.2:1	392.14	185.08	2.1:1	Megaloblastic anemia
60	33	M	2547	1380.14	234.01	5.9:1	386.12	309.4	1.2:1	chronic diarrhea
61	70	F	2571	823.89	211.38	3.9:1	402.22	320.46	1.3:1	Malabsorption syndrome
62	63	F	2594	1001.9	146.41	6.8:1	413.47	344.7	1.2:1	Iron deficiency anemia
63	47	M	2631	1265.07	250.53	5:0:1	315.52	303.05	1:0:1	Malabsorption
64	42	M	2645	1314.46	197.45	6.7:1	473.17	403.59	1.2:1	Malabsorption
65	43	M	2674	1162.52	210.54	5.5:1	379.57	355.07	1.1:1	Loose stools
66	40	F	2994	607.63	281.92	2.2:1	548.79	225.38	2.4:1	Dysphagia/Odynophagia
67	35	M	3006	953.24	254.7	3.7:1	471.55	410.04	1.2:1	To rule out Abdominal pain
68	34	M	3081	998.73	142.83	6.9:1	465.76	366.1	1.3:1	To rule out Anemia/Abdominal pain
69	45	F	3101	1107.39	181.71	6.1:1	260.47	510.87	0.5:1	To rule out Malabsorption
70	77	M	3173	1151.62	229.29	5:0:1	434.63	422.82	1:0:1	Anemia for evaluation/Anorexia
71	70	M	3450	884.73	210.54	4.2:1	483.89	405.18	1.2:1	Malabsorption syndrome
72	60	F	3459	996.97	181.75	5.5:1	479.05	303.31	1.6:1	B12 deficiency
73	63	M	3503	1021.71	190.57	5.4:1	407.8	393.79	1:0:1	To rule out Malabsorption
74	15	F	3519	1021.71	190.57	5.4:1	407.8	404.81	1:0:1	To rule out Malabsorption
75	50	M	3558	1181.3	177.02	6.7:1	271.89	221.99	1.2:1	To rule out Malabsorption
76	65	M	3760	837.96	217.23	3.9:1	441.06	386.63	1.1:1	Generalized weakness
77	58	F	3819	1014.7	166.52	6.1:1	338.24	328.92	1:0:1	Chronic anemia /Non specific duodenitis
78	44	F	3824	1447.52	207.6	6.9:1	348.55	274.56	1.2:1	Malabsorption
79	36	M	3890	1303.31	197.25	6.6:1	711	622.61	1.1:1	To rule out Malabsorption
80	27	M	3960	1154.01	196.47	5.8:1	514.84	329.84	1.6:1	To rule out Malabsorption
81	46	M	3968	922.61	169.3	5.4:1	355.88	310.4	1.1:1	Dyspepsia
82	65	M	4031	1067.78	225.13	4.7:1	554.77	377.05	1.5:1	Macrocytic anemia
83	21	M	4066	903.61	146.92	6.2:1	368.37	293.64	1.3:1	To rule out Abdominal pain

# MASTER CHART

S.No	AGE	SEX	HISTO NO	NORMAL VILLI	NORMAL CRYPT	V:C	DISEASED VILLI	DISEASED CRYPT	V:C	CLINICAL FEATURES
84	30	M	4104	1036.76	195.07	5.3:1	396.15	267.91	1.5:1	Pancytopenia under evaluation
85	49	F	4139	863.44	136.92	6.3:1	354.15	195.72	1.8:1	To rule out Malabsorption syndrome
86	32	F	4142	1164.82	227.92	5.1:1	269.03	265.58	1:01	To rule out Malabsorption
87	20	F	4233	1112.14	185.19	6:01	552.21	260.18	2.1:1	To rule out Malabsorption
88	22	M	4275	1148.58	210.54	5.4:1	590.54	298.85	1.9:1	To rule out Malabsorption
89	60	M	4282	998.75	153.05	6.5:1	270.56	218.28	1.2:1	To rule out Malabsorption
90	44	M	4316	876.6	348.35	2.5:1	429.93	384.45	1.1:1	To rule out Malabsorption
91	40	F	4381	1019.33	165.85	6.1:1	548.35	231.54	2.4:1	To rule out Malabsorption syndrome
92	52	M	4405	1028.05	221	4.7:1	425.9	363.88	1.2:1	Macrocytic anemia
93	48	F	4409	856.1	122.33	6.9:1	448.4	328.24	1.4:1	To rule out Malabsorption
94	59	F	4426	730.48	112.91	6.5:1	547.06	356.7	1.5:1	To rule out Malabsorption
95	32	F	4486	1098.99	254.45	4.3:1	369.18	307.11	1.2:1	To rule out Vomitting under evaluation
96	36	M	4513	1067.32	196.59	5.4:1	247.81	243.6	1:01	To rule out Malabsorption
97	83	M	4516	1011.28	174.16	5.8:1	454.19	219.78	2.1:1	To rule out Megaloblastic aneemia
98	39	F	4530	1146.94	193.4	5.9:1	329.34	300.56	1.1:1	To rule out Malabsorption
99	71	M	4887	1122.65	181.89	6.2:1	349.25	311.94	1.1:1	To rule out Malabsorption
100	48	F	5051	1210.82	214.12	5.7:1	566.05	514.89	1.1:1	To rule out Malabsorption
101	32	M	5272	967.05	195.1	4.9:1	297.88	260.49	1.1:1	To rule out Malabsorption
102	60	F	5325	923.4	225.42	4.1:1	492.69	262.21	1.9:1	Increased frequency of stools
103	20	F	5333	1039.17	149.63	6.9:1	273.53	257.56	1.1:1	Chronic small bowel diarrhea
104	50	F	5362	1157.92	197.36	5.9:1	289.65	286.05	1:01	Recurrent oral ulcer/Weight loss
105	57	M	5439	974.54	184.58	5.3:1	331.28	330.95	1:01	Malabsorption
106	46	F	5476	868.51	147.51	5.9:1	217.34	207.64	1:01	Chronic diarrhea/Weight loss
107	50	M	5720	978.5	156.19	6.3:1	266.34	213.14	1.2:1	Abdominal pain/Fatigue
108	27	F	5739	1047.75	152.26	6.9:1	452.19	219.78	2:01	Abdominal bloating sensation
109	64	M	5926	1005.08	225.02	4.7:1	258.45	251.98	1:01	To rule out Malabsorption syndrome
110	33	M	5983	1145.69	175.23	6.5:1	343.39	217.71	1.6:1	Dyspepsia
111	46	M	6067	1002.76	149.68	6.7:1	250.28	213.71	1.2:1	To rule out malabsorption syndrome
112	59	F	6198	660.43	207.32	3.2:1	436.93	273.97	1.6:1	Malabsorption syndrome
113	46	M	6349	638.69	185.41	3.4:1	251.98	217.32	1.2:1	To rule out Malabsorption syndrome
114	48	M	6365	953.27	168.45	5.7:1	404.53	403.87	1:01	To rule out Malabsorption syndrome
115	21	M	6396	859.12	126.3	6.8:1	540.46	398.51	1.4:1	Abdominal pain
116	47	M	6415	1432.1	242.96	5.9:1	332.77	305.21	1.1:1	Anemia
117	49	M	6485	873.68	181.75	4.8:1	269.69	192.72	1.4:1	To r/O Malabsorption
118	84	M	6533	1052.02	175.69	5.9:1	337.9	225.56	1.5:1	B12 deficiency /CAD
119	28	F	73	875.24	135.18	6.5:1	202.43	162.88	1.2:1	To rule out Malabsorption syndrome
120	35	F	168	1266.41	222.67	5.7:1	278.57	240.59	1.2:1	To rule out Malabsorption syndrome
121	62	M	227	1018.67	172.2	5.9:1	395.5	184.17	2.1:1	Megaloblastic anemia

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S.No	AGE	SEX	HISTO NO	NORMAL VILLI	NORMAL CRYPT	V:C	DISEASED VILLI	DISEASED CRYPT	V:C	CLINICAL FEATURES
122	75	M	247	800.17	123.9	6.5:1	349.25	346.76	1:0:1	GERD
123	78	M	270	1015.7	178.71	5.7:1	508.87	316.09	1.6:1	Fever,Dyspepsia,Duodenitis
124	59	M	300	1105.96	213.51	5.2:1	307.92	280.2	1.1:1	To rule out Malabsorption
125	41	F	332	1141.73	175.23	6.5:1	301.68	280.9	1.1:1	To rule out Malabsorption
126	43	F	348	1179.29	188.85	6.2:1	202.76	198.89	1:0:1	To rule out Malabsorption
127	44	F	352	675.26	136.1	4.9:1	202.11	138.14	1.5:1	Known case of Tropical sprue
128	26	M	366	1080.57	189.47	5.7:1	472.98	435.06	1.1:1	Chronic diarrhea
129	40	M	370	870.23	127.19	6.8:1	227.1	211.71	1.1:1	Loose stools on & off
130	27	M	379	1170.23	227.19	5.2:1	277.1	251.71	1.1:1	Megaloblastic anemia
131	39	F	381	1195.37	247.81	4.8:1	338.55	295.44	1.1:1	To rule out Tropical sprue
132	59	M	404	852.02	194.92	4.4:1	437.76	370.58	1.2:1	To rule out Malabsorption
133	60	F	408	511.44	177.7	2.9:1	468.94	439.94	1.1:1	Anemia for evaluation/B12 deficiency
134	59	F	438	1091.47	199.99	5.5:1	366.49	328.24	1.1:1	Anemia/B12 deficiency/Weight loss
135	65	M	463	1046.025	154.16	6.8:1	194.16	175.19	1.1:1	Small bowel diarrhea/B12 deficiency
136	45	M	480	898.45	183.44	4.9:1	241.99	237.68	1:0:1	To rule out Malabsorption syndrome
137	55	M	565	1145.37	290.59	3.9:1	408.93	400.02	1:0:1	To rule out Malabsorption
138	21	M	776	850.6	172.15	4.9:1	437.65	424.08	1:0:1	Weight loss/Postprandial bloating
139	60	F	987	816.6	151.15	5.4:1	347.39	306.65	1.1:1	Chronic diarrhea
140	26	M	1071	792.37	184.71	4.2:1	472.23	328.95	1.4:1	To rule out Eoisnophilic gastritis
141	69	M	1092	990.48	184.53	5.4:1	310.33	310.11	1:0:1	To rule out Malabsorption
142	30	M	1185	836.07	166.52	5:0:1	464.43	911.52	0.5:1	Dysphagia for solids/B12 deficiency
143	52	M	1293	1311.04	196.56	6.7:1	217.71	662.58	0.3:1	B12 deficiency
144	18	M	1393	967.08	156.5	6.2:1	359.25	262.99	1.4:1	Fever/B12 deficiency
145	34	M	1479	793.37	185.71	4.3:1	359.4	307.69	1.2:1	To rule out Malabsorption
146	67	F	1486	812.76	191.72	4.2:1	295.841	261.23	1.1:1	Loose stools/B12 deficiency
147	64	M	1506	1088.39	173.95	6.3:1	292.54	231.79	1.3:1	Malabsorption
148	31	M	1654	1008.73	180.99	5.6:1	469.83	285	1.6:1	To rule out Malabsorption
149	61	F	1682	998.16	188.52	5.3:1	472.37	434.8	1.1:1	Severe microcytic anemia
150	20	M	1848	1025.89	179.41	5.7:1	274.56	260.02	1.1:1	To rule out Malabsorption
151	65	F	1854	1036.58	174.4	5.9:1	330.94	328.24	1:0:1	To rule out Malabsorption syndrome
152	19	M	1869	1321.5	347.26	3.8:1	225.02	202.02	1.1:1	Iron deficiency anemia
153	42	M	1882	847.21	166.27	5.1:1	290.29	253.01	1.1:1	Vomitting on & off/ Weight loss
154	49	M	1919	823.86	221.36	3.7:1	270.29	230.8	1.2:1	Malabsorption syndrome
155	80	M	2039	792.52	136.99	5.8:1	291.87	276.59	1:0:1	To rule out Malabsorption
156	38	M	2042	1057	182.66	5.8:1	426.46	412.51	1:0:1	Post prandial increased stools
157	38	M	2071	1046.11	178.71	5.9:1	250.06	198.2	1.2:1	Malabsorption
158	69	M	2157	931.47	202.91	4.6:1	136.99	611.83	0.2:1	To rule out Tropical sprue
159	19	M	2167	844.23	230.07	3.7:1	269.57	240.13	1.1:1	Non specific ileitis
160	34	F	2191	1096.98	186.49	5.9:1	360.76	333.92	1.1:1	Loose stools/Severe megaloblastic anemia
161	50	M	2198	1133.36	164.32	6.9:1	267.76	220.22	1.2:1	Malabsorption

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S.No	AGE	SEX	HISTO NO	NORMAL VILLI	NORMAL CRYPT	V:C	DISEASED VILLI	DISEASED CRYPT	V:C	CLINICAL FEATURES
162	57	M	2218	725.86	159.52	4.6:1	400.96	399.66	1:01	Dimorphic anemia/Splenomagaly
163	25	M	2222	1184.36	171.02	6.9:1	309.02	300.22	1:01	Loss of weight/B12 deficiency
164	43	M	2246	1041.63	184.18	5.7:1	199.16	138.76	1.4:1	Easy fatigue/Dcreased appetite/Anemia
165	39	F	2253	1102.02	201.02	5.5:1	329.44	242.31	1.4:1	Malabsorption
166	72	M	2257	764.46	137.58	5.6:1	294.6	213.31	1.4:1	To r/o Malabsorption
167	35	M	2286	780.88	151.22	5.2:1	300.34	286.68	1:01	Chronic diarrhea
168	43	F	2311	999.8	147.29	6.8:1	483.32	285.82	1.7:1	Malabsorption
169	67	F	2368	792.3	182.11	4.4:1	415.27	395.04	1.1:1	To rule out Malabsorption
170	53	M	2408	1391.28	210.77	6.6:1	270.2	771.87	0.3:1	B12 deficiency
171	27	M	2442	976.21	140.08	6.9:1	353.67	350.12	1:01	To rule out Malabsorption
172	47	F	2449	928.23	171.12	5.4:1	296.79	265.21	1.1:1	Heart burn
173	40	M	2465	792.44	132.51	5.9:1	231.51	211.62	1.1:1	B12 deficiency
174	52	F	2534	748.52	185.41	4:01	322.62	304.85	1.1:1	Malabsorption
175	73	F	2585	1058.05	188.56	5.6:1	196.26	914.1	0.2:1	Malabsorption
176	60	M	2702	1209.23	198.43	6.1:1	189.72	445.52	0.4:1	Malabsorption
177	35	F	2706	1084.66	155.06	6.9:1	194.73	475.7	0.4:1	To rule out Malabsorption
178	29	F	2716	902.08	205.77	4.3:1	276.55	220.02	1.2:1	B12 deficiency
179	46	M	2755	761.79	207.32	3.7:1	315.52	310.52	1:01	Loss of weight/B12 deficiency
180	63	M	2788	1098.88	188.87	5.8:1	197.25	940.87	0.2:1	On & off watery diarrhea/B12 deficiency
181	47	M	2793	1117.43	257.04	4.3:1	292.13	284.29	1:01	Megaloblastic aneemia/Pancytopenia
182	38	F	2815	1187.2	176.97	6.7:1	211.61	185.6	1.1:1	To rule out Malabsorption
183	46	M	2862	901.08	209.77	4.3:1	276	227.02	1.2:1	Megaloblastic aneemia/B12 deficiency
184	23	F	2891	1277.54	230.98	5.5:1	416.63	407.35	1:01	Weight loss/Chronic diarrhea
185	34	F	2925	756.51	177.15	4.3:1	247.45	228.72	1.1:1	pain abdomen/Vomitting
186	25	F	3154	1099.79	216.82	5.1:1	324.89	224.47	1.4:1	Anemia/Weight loss/B12 deficiency
187	28	M	3202	780.66	165.1	4.7:1	219.45	817.62	0.2:1	Loose stools/Nausea/Vomitting
188	53	F	3210	1655.77	287.26	5.8:1	301.52	289.92	1:01	Dyspepsia
189	25	M	3244	1029.18	237.54	4.3:1	370.56	300.08	1.2:1	Epigastric discomfort/Loose stools
190	74	F	3277	1086.12	175.18	6.2:1	234.01	202.16	1.2:1	B12 deficiency/Dimorphic anemia
191	39	F	3287	1311.9	205.48	6.4:1	352.23	337.1	1:01	Megaloblastic anemia/B12 deficiency
192	27	F	3338	1052.36	176.19	5.9:1	273.09	269.48	1:01	Dyspepsia
193	51	M	3490	855.11	139.62	6.1:1	248.23	217.67	1.1:1	B12 deficiency/Megaloblastic anemia
194	80	M	3573	854.01	162.54	5.3:1	316.01	309.51	1:01	B12 deficiency/Generalized weakness
195	75	M	3597	563.74	138.69	4.1:1	246.66	213.72	1.2:1	B12 deficiency
196	55	M	3599	1185.75	257.22	4.6:1	364.22	327.08	1.1:1	To rule out Malabsorption
197	40	M	3601	756.84	176.7	4.3:1	271.99	224.27	1.2:1	Malabsorption
198	63	M	3646	1036.96	159.67	6.5:1	222.49	210.38	1.1:1	Megaloblastic anemia
199	71	M	3798	927.92	164.91	5.6:1	264.51	212.72	1.2:1	Malabsorption
200	78	F	3874	873.91	168.02	5.2:1	193.65	184.65	1:01	Loss of weight/B12 deficiency



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S.No	AGE	SEX	HISTO NO	NORMAL VILLI	NORMAL CRYPT	V:C	DISEASED VILLI	DISEASED CRYPT	V:C	CLINICAL FEATURES
201	72	M	4042	839.32	190.23	4.4:1	260.93	202.16	1.3:1	Anemia
202	30	F	4052	1091.14	189.72	5.8:1	511.11	499.99	1:01	B12 deficiency/Chronic diarrhea
203	27	M	4110	1078.45	159.27	6.8:1	364.68	271.39	1.3:1	B12 deficiency/Parasites
204	34	F	4233	972.94	160.18	6.1:1	428.39	412.63	1:01	Malabsorption
205	57	M	4257	900.35	185.41	4.9:1	313.75	300.7	1:01	Loose stools/B12 deficiency
206	55	M	4263	1175.25	142.66	8.2:1	341.71	324.49	1.1:1	Frequent burps of regurgitation of food
207	53	F	4279	720	181.48	3.9:1	404.85	303.25	1.3:1	Dyspeptic symptoms
208	63	M	4286	798.21	225.6	3.5:1	362.55	242.16	1.5:1	Loose stools/Loss of weight
209	56	M	4314	885.27	210.46	4.2:1	605.03	400.15	1.5:1	B12 deficiency
210	38	M	4329	1090.11	174.84	6.2:1	276.13	640.13	0.4:1	Anemia/DCLD
211	39	M	4352	369.36	169.36	2.2:1	332.89	301.66	1.1:1	To rule out Malabsorption
212	19	F	4356	897.06	137.58	6.5:1	394.49	326.66	1.2:1	Fever/ Loose stools/Vomiting/Tiredness
213	53	F	4395	1102.12	182.92	6:01	304.09	302.81	1:01	Malabsorption
214	49	M	4410	843.76	192.77	4.4:1	271.99	213.05	1.2:1	B12 deficiency/Pancytopenia
215	49	M	4599	566.31	177.79	3.2:1	315.7	838.22	0.3:1	Malabsorption(IBD)
216	39	F	4656	966.45	169.52	5.7:1	426.82	407	1:01	Malabsorption
217	36	M	4668	980.05	175.78	5.6:1	330.09	297.98	1.1:1	Megaloblastic anemia
218	46	F	4698	970.52	189.52	5.1:1	518.15	394.49	1.3:1	To rule out Malabsorption
219	60	F	4716	960.5	193.29	4.9:1	216.63	210.72	1:01	To rule out Malabsorption syndrome
220	40	M	4760	1070.32	159.52	6.7:1	306.97	302.79	1:01	To rule out Malabsorption syndrome
221	63	F	4814	979.54	153.16	6.4:1	322.09	3088.2	0.1:1	Chronic diarrhea
222	12	F	4882	820.59	186.11	4.4:1	398.11	249.13	1.6:1	Malabsorption
223	44	M	4917	1000.01	188.31	5.3:1	259.42	233.32	1.1:1	Chronic diarrhea for evaluation
224	24	M	4933	1280.88	185.98	6.9:1	422.63	308.44	1.4:1	B12 deficiency/Loose stools
225	75	M	4967	922.65	159.37	5.8:1	403.83	401.1	1:01	Weight loss/Anorexia
226	33	M	4981	963.26	146.41	6.6:1	302.33	879.04	0.3:1	Chronic small bowel diarrhea/B12 deficiency
227	53	M	5026	1107.42	201.1	5.5:1	318.38	258.23	1.2:1	Malabsorption
228	51	M	5032	748.31	157.07	4.8:1	214.12	208.53	1:01	Loose stools/B12deficiency
229	48	M	5282	615.6	108.3	5.7:1	275.3	260.07	1.1:1	B12deficiency
230	65	F	5287	813.46	125.72	6.5:1	530.93	509.45	1:01	Malabsorption
231	62	F	5307	1232.74	251.89	4.9:1	321.99	317.97	1:01	Malabsorption
232	22	F	5336	1038.27	221.73	4.7:1	196.86	181.4	1.1:1	Loss of appetite/B12deficiency/Dyspepsia
233	30	M	5387	804.58	145.3	5.5:1	290.04	248.04	1.2:1	Dyspepsia
234	65	F	5564	940.32	179.11	5.2:1	412.4	231.23	1.8:1	Malabsorption
235	35	M	5566	1114.48	183.68	6.1:1	512.72	433.51	1.2:1	vit.B12 deficiency
236	43	M	5626	1094.02	207.63	5.3:1	281.8	270.14	1:01	Malabsorption
237	24	M	5647	932.92	200.06	4.7:1	235.39	212.46	1.1:1	Malabsorption
238	27	M	5665	1165.85	172.15	6.8:1	256.56	228.14	1.1:1	Severe B12 deficiency
239	31	M	5670	1033.24	189.82	5.4:1	454.5	265.26	1.7:1	Anorexia/Weight loss
240	51	M	5734	757.17	160.58	4.7:1	490.33	335.74	1.5:1	B12 deficiency/Severe pancytopenia

# MASTER CHART

S.No	AGE	SEX	HISTO NO	NORMAL VILLI	NORMAL CRYPT	V:C	DISEASED VILLI	DISEASED CRYPT	V:C	CLINICAL FEATURES
241	51	F	5804	1112.14	213.95	5.2:1	315.53	314.39	1:0:1	Malabsorption
242	30	M	5962	880.02	211.12	4.2:1	294.07	272.93	1.1:1	Malabsorption
243	65	F	5969	1122.56	214.85	5.2:1	308.67	308.18	1:0:1	Malabsorption
244	43	M	6003	1199.71	194.56	6.2:1	214.64	200.73	1.1:1	Megaloblastic anemia/B12 deficiency
245	26	M	6113	648.4	127.79	5.1:1	285.61	202.74	1.4:1	To rule out Malabsorption
246	58	M	6123	1137.4	232.01	4.9:1	287.79	238.45	1.2:1	Malabsorption
247	38	M	6131	1039.99	161.85	6.4:1	374.92	350.66	1.1:1	Malabsorption
248	44	F	6193	908.67	140.96	6.4:1	211.53	195.53	1.1:1	Malabsorption
249	54	M	6239	743.71	196.81	3.8:1	322.6	302.74	1.1:1	Malabsorption
250	45	F	6243	1048.55	216.29	4.8:1	296.61	244.43	1.2:1	To rule out Malabsorption
251	78	M	6280	1171.9	207.85	5.6:1	308.68	280.97	1.1:1	Malabsorption syndrome
252	41	M	6304	1224.94	266.26	4.6:1	465.6	420.95	1.1:1	B12 deficiency/Megaloblastic anemia
253	39	F	6357	987.51	239.12	4.1:1	479.08	360.95	1.3:1	To rule out Malabsorption
254	51	M	6362	987.98	243.34	4.1:1	402.23	210.87	1.9:1	Loose stools/B12 deficiency
255	20	M	6377	900.98	198.14	4.5:1	518.31	512.44	1:0:1	To rule out Malabsorption
256	26	F	6534	1082.86	196.71	5.5:1	340.9	315.48	1.1:1	Malabsorption
257	65	M	6625	701.86	108.36	6.4:1	402.84	318.16	1.3:1	To rule out Malabsorption
258	48	M	6682	860.92	208.03	4.1:1	315.02	253.73	1.2:1	B12 deficiency/Macrocytic anemia
259	63	F	6704	1071.87	190.89	5.6:1	542.54	226.99	2.4:1	Malabsorption
260	47	F	6709	960.54	150.12	6.4:1	227.66	216.07	1.1:1	Malabsorption
261	42	M	6828	780.28	142.36	5.5:1	400.12	171.15	2.3:1	Malabsorption
262	40	M	6853	1052.52	154.81	6.8:1	434.22	325.22	1.3:1	Megaloblastic anemia/Small bowel diarrhea
263	67	F	63	926.97	146.07	6.3:1	287.12	244.18	1.2:1	Malabsorption
264	44	M	110	660.72	155.01	4.3:1	259.51	248.09	1:0:1	Megaloblastic anemia
265	66	F	154	801.02	158.05	5.1:1	290.08	265.91	1.1:1	Malabsorption
266	17	M	399	954.39	150.19	6.4:1	238.6	169.67	1.4:1	Megaloblastic anemia
267	30	M	488	902.55	158.19	5.7:1	507.55	279.94	1.8:1	To rule out Malabsorption
268	48	F	509	1021.89	146.37	6.9:1	377.14	231.74	1.6:1	Iron deficiency anemia
269	77	M	519	1166.62	266.2	4.4:1	298.28	295.15	1:0:1	B12 deficiency/ Weight loss/Loss of appetite
270	28	M	537	887.08	132.37	6.7:1	281.86	273.03	1:0:1	To rule out Malabsorption
271	33	M	586	974.45	173.07	5.6:1	232.3	215.52	1.1:1	To rule out Malabsorption
272	47	M	663	703	167.69	4.2:1	328.82	280.45	1.2:1	B12 deficiency
273	60	F	728	972.39	149.67	6.5:1	299.28	187.36	1.6:1	Macrocytic anemia for evaluation/Fever
274	70	F	790	893.15	149.04	5.9:1	245.29	163.4	1.5:1	Hiatus hernia/Acute peptic disease
275	41	M	816	1088.38	162.98	6.7:1	393.79	232.44	1.7:1	Easy fatiguability
276	40	M	850	1033.11	192.26	5.4:1	394.49	246.43	1.6:1	To rule out Malabsorption
277	49	F	888	1004.15	226.53	4.4:1	273.5	254.27	1.1:1	To rule out Malabsorption
278	59	F	1041	1157.76	207.6	5.6:1	348.14	270.84	1.3:1	Chronic liver disease
279	36	M	1099	924.84	144.4	6.4:1	250.86	233.54	1.1:1	B12 deficiency
280	43	M	1165	713.54	148.87	4.8:1	316.83	304.76	1:0:1	TB

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S.No	AGE	SEX	HISTO NO	NORMAL VILLI	NORMAL CRYPT	V:C	DISEASED VILLI	DISEASED CRYPT	V:C	CLINICAL FEATURES
281	65	M	1225	658.96	108.3	6.1:1	244.85	236.82	1:0:1	Loss of appetite/Weight loss
282	26	F	1286	838.77	127.82	6.6:1	347.51	273.56	1.3:1	Loose stools
283	50	F	1294	1129.26	185.41	6.1:1	342.73	289.7	1.2:1	Megaloblastic anemia/Fever
284	42	M	1368	1358.41	355.08	3.8:1	389.87	376.64	1:0:1	Hemolytic anemia
285	70	M	1408	990.09	196.09	5:0:1	330.01	195.87	1.7:1	Dyspepsia
286	46	F	1493	611.79	129.96	4.7:1	339.1	313.75	1.1:1	To rule out Malabsorption
287	39	M	1501	1022.97	156.49	6.5:1	424.82	413.47	1:0:1	To rule out Malabsorption
288	65	M	1632	1054.72	191.72	5.5:1	225.02	146.79	1.5:1	B12 deficiency
289	40	M	1851	716.34	150.28	4.8:1	441.29	415.44	1.1:1	Malabsorption
290	19	F	1873	990.32	153.7	6.4:1	244.85	228.34	1.1:1	To rule out Malabsorption
291	68	M	1877	1115.77	187.49	5.9:1	311.81	293.64	1.1:1	To rule out Malabsorption
292	22	M	2049	986.72	187.82	5.3:1	389.21	320.28	1.2:1	Malabsorption
293	44	F	2114	1018.68	162.98	6.3:1	350.75	302.33	1.2:1	B12 deficiency/Anemia
294	24	F	2174	957.44	211.72	4.5:1	335.93	305.72	1.1:1	Malabsorption syndrome
295	45	F	2278	1049.7	161.75	6.5:1	273.09	217.77	1.3:1	Malabsorption
296	66	M	2290	756.86	173	4.4:1	254	215.46	1.2:1	Megaloblastic anemia
297	43	M	2320	1210.17	196.14	6.2:1	391.45	388.45	1:0:1	Anemia
298	17	M	2338	1097.74	176.42	6.2:1	568.25	272.46	2.1:1	Malabsorption
299	41	F	2384	1005.72	191.08	5.3:1	261.9	259.41	1:0:1	Diarrhea/ /Crohns
300	52	F	2435	776.27	147.92	5.2:1	285.65	260.74	1.1:1	Malabsorption syndrome
301	55	F	2512	712.01	236.09	3:0:1	510.85	324.4	1.6:1	To rule out Malabsorption
302	20	F	2534	851.1	142.54	5.9:1	244.69	240.1	1:0:1	Dyspepsia
303	61	F	2536	711.67	170.69	4.2:1	339.48	321.04	1.1:1	Anemia
304	42	M	2580	882.11	159.67	5.5:1	354.51	253.26	1.4:1	Malabsorption syndrome
305	60	F	2582	1140.6	164.32	6.9:1	424.92	372.67	1.1:1	Crohns disease
306	51	M	2714	1117.14	175.23	6.4:1	388.83	300.15	1.3:1	To rule out Malabsorption
307	55	M	2738	516.15	112.69	4.6:1	315.47	311.74	1:0:1	Malabsorption
308	48	M	2810	674.14	160.18	4.2:1	239.17	173.05	1.4:1	K/C/O Chronic pancreatitis
309	68	F	2812	535.83	157.07	3.4:1	204.85	611.69	0.3:1	
310	43	M	2826	1029.52	186.32	5.5:1	431.49	314.37	1.4:1	To rule out Malabsorption
311	49	M	2845	1035.93	149.39	6.9:1	446	443.27	1:0:1	Malabsorption
312	26	F	2863	782.02	186.63	4.2:1	590.04	345.92	1.7:1	To rule out Malabsorption
313	57	F	2875	619.45	244.52	2.5:1	391.32	372.67	1.1:1	Tropical sprue
314	42	F	2907	871.63	174.63	4.9:1	404.49	400.57	1:0:1	To rule out Malabsorption
315	65	F	2921	761.99	153.16	4.9:1	275.3	250.47	1.1:1	To rule out Malabsorption
316	35	F	2947	1142.61	241.99	4.7:1	316.72	300.71	1.1:1	To rule out Malabsorption
317	59	M	3009	708.82	134.99	5.3:1	542.55	480.1	1.1:1	Malabsorption
318	61	F	3075	1035.95	165.2	6.3:1	430.66	331.67	1.3:1	Malabsorption
319	40	F	3098	879.03	155.03	5.7:1	400.05	374.25	1.1:1	Malabsorption
320	60	F	3188	1382.39	245.15	5.6:1	389.21	265.13	1.5:1	GERD
321	69	F	3220	787.64	129.83	6.1:1	262.55	257.41	1:0:1	To rule out IBS
322	50	F	3290	1010.09	220.08	4.6:1	287.67	198.96	1.4:1	Anemia/ Loose stools
323	76	F	3294	1117.11	243.19	4.6:1	488.27	454.51	1.1:1	Malabsorption

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S.No	AGE	SEX	HISTO NO	NORMAL VILLI	NORMAL CRYPT	V:C	DISEASED VILLI	DISEASED CRYPT	V:C	CLINICAL FEATURES
324	58	F	3321	1025.82	277.55	3.7:1	158.71	664.51	0.2:1	B12 deficiency
325	51	F	3431	1178.11	233.21	5.1:1	394.49	245.58	1.6:1	Malabsorption
326	54	M	3436	1097.33	172.89	6.3:1	333.74	327.37	1:0:1	Malabsorption
327	40	F	3448	990.06	199.01	4.9:1	245.56	197.86	1.2:1	Anemia
328	68	M	3481	1354.49	235.49	5.8:1	487.27	277.38	1.8:1	To rule out Malabsorption
329	17	M	3508	1060.33	173.14	6.1:1	537.71	355.79	1.5:1	Malabsorption
330	44	M	3514	938.69	137.46	6.8:1	331.67	325.32	1:0:1	B12 deficiency/Chronic diarrhea
331	46	M	3528	1066.61	182.95	5.8:1	395.9	341.65	1.2:1	Anemia
332	16	F	3540	880.84	173.7	5.1:1	321.79	310.03	1:0:1	Malabsorption
333	46	F	3579	876.49	197.45	4.4:1	509.73	500.24	1:0:1	Malabsorption
334	48	M	3607	1080.49	176.28	6.1:1	371.82	312.3	1.2:1	To rule out Malabsorption
335	50	M	3621	885.77	245.64	3.6:1	333.86	254.42	1.3:1	Iron deficiency anemia
336	46	M	3630	1183.67	193.48	6.1:1	318.15	306.98	1:0:1	Malabsorption
337	23	F	3716	1063.78	169.96	6.3:1	304.43	293.38	1:0:1	Anemia for evaluation/B12 deficiency
338	47	F	3746	705.01	182.02	3.9:1	441.77	280.65	1.6:1	IBD
339	29	F	3747	1039.2	188.4	5.5:1	398.11	332.84	1.2:1	Malabsorption
340	51	M	3756	869.52	162.69	5.3:1	368.21	348.98	1.1:1	Tropical enteropathy/Portal duodenopathy
341	55	F	3771	917.97	174.81	5.3:1	307.92	302.54	1:0:1	Abdominal pain
342	40	F	3773	879.08	198.11	4.4:1	397.72	386.54	1:0:1	Chronic diarrhea
343	26	M	3842	1165.88	201.59	5.8:1	384.8	269.24	1.4:1	Anemia/Fever
344	26	M	3854	1052.94	165.49	6.4:1	298.45	287.85	1:0:1	Malabsorption
345	77	M	3905	1015.23	185.57	5.4:1	429.46	400.13	1.1:1	Anemia
346	25	F	3933	307.63	96.53	3.2:1	261.79	255.46	1:0:1	Malabsorption
347	28	M	3977	809.48	175.8	4.6:1	372.86	290.59	1.3:1	GERD/Chronic diarrhea
348	47	M	4141	602.96	162.14	3.7:1	301.95	280.11	1.1:1	B12 deficiency/Anemia/Fever
349	17	M	4161	1001.51	170.69	5.8:1	244.69	231.31	1.1:1	Macrocytic anemia
350	49	M	4203	1013.22	200.55	5.5:1	472.78	250.07	1.9:1	B12 deficiency
351	39	M	4265	892.29	133.28	6.7:1	273.15	240.89	1.1:1	Malabsorption
352	79	F	4271	982.68	187.1	5.3:1	569.05	266.51	2.1:1	Chronic diarrhea
353	57	M	4422	874.16	180.28	4.8:1	289.87	252.09	1.1:1	Anemia/Weight loss/Vomitting/Anorexia
354	40	M	4497	1060.62	178.61	5.9:1	350.87	309.28	1.1:1	Malabsorption
355	30	M	4591	837.1	144.01	5.8:1	298.31	234.04	1.3:1	Loose stools
356	60	F	4766	824.44	143.22	5.8:1	421.32	233.42	1.8:1	Dimorphic anemia
357	53	M	4827	700.26	121.73	5.8:1	316.32	211.15	1.5:1	Anemia
358	55	M	4854	775.52	147.89	5.2:1	488.53	307.29	1.6:1	B12 deficiency
359	30	M	4866	1036.3	151.01	6.9:1	493.39	333.32	1.5:1	Malabsorption
360	56	M	4916	1093.3	183.28	5.9:1	238.12	237.06	1:0:1	B12 deficiency/Dimorphic anemia
361	48	F	4975	905.19	150.79	6:0:1	344.03	257.73	1.3:1	Malabsorption
362	36	F	4981	1126.3	247.81	4.5:1	264.63	249.85	1.1:1	Malabsorption
363	38	F	5014	1146.41	179.68	6.4:1	448.64	254.19	1.8:1	Microcytic anemia
364	43	F	5025	1141.04	257.54	4.4:1	470.56	199.69	2.4:1	Malabsorption

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S.No	AGE	SEX	HISTO NO	NORMAL VILLI	NORMAL CRYPT	V:C	DISEASED VILLI	DISEASED CRYPT	V:C	CLINICAL FEATURES
365	63	F	5027	546.2	122.79	4.4:1	326.88	314.36	1:0:1	To rule out malabsorption
366	39	M	5051	777.46	160.73	4.8:1	390.16	336.76	1.1:1	Malabsorption
367	45	M	5108	848.09	234.01	3.6:1	277.32	263.5	1.1:1	Megaloblastic anemia
368	36	M	5128	1126.54	233.32	4.8:1	261.71	239.48	1.1:1	Anemia
369	34	F	5226	1060.28	206.28	5.1:1	450.12	233.14	1.9:1	Malabsorption
370	34	F	5333	1004.8	173.65	5.8:1	494.9	183.44	2.7:1	Dyspepsia
371	69	M	5345	970.04	184.45	5.3:1	290.09	190.9	1.5:1	Malabsorption
372	23	M	5384	1097.25	222.09	4.9:1	521.21	242.47	2.1:1	To rule out Malabsorption
373	25	M	5520	1043.19	158.17	6.6:1	301.66	231.09	1.3:1	Malabsorption
374	52	F	5576	990.08	198.01	5.1:1	298.08	198.07	1.5:1	Malabsorption
375	53	F	5621	998.13	180.17	5.5:1	373.71	261.9	1.4:1	To rule out Malabsorption
376	58	M	5671	612.14	135.14	4.5:1	331.21	314.25	1.1:1	Anemia/B12 deficiency
377	55	F	5677	968.35	232.1	4.2:1	258.95	245.24	1.1:1	To rule out Malabsorption
378	38	M	5716	710.5	205.56	3.5:1	536.59	371.3	1.4:1	To rule out Malabsorption
379	68	M	5775	714.31	259.67	2.8:1	573.62	408.63	1.4:1	Iron deficiency anemia/?Ppiloma oral cavity
380	71	M	5777	757.39	156.91	4.8:1	393.4	389.97	1:0:1	Malabsorption
381	29	M	5779	729.2	254.19	2.9:1	509.03	286.7	1.8:1	B12 deficiency
382	70	F	5826	685	199.08	3.4:1	282.61	216.6	1.3:1	To rule out Malabsorption
383	49	M	5828	1168.65	195.48	5.9:1	271.99	270.12	1:0:1	Fever/Jaundice
384	28	M	5850	850.37	170.74	4.9:1	229.82	217	1.1:1	Malabsorption syndrome
385	53	F	5856	548.91	131.5	4.2:1	176.7	168.06	1.1:1	B12 deficiency
386	37	M	5933	663.75	132.97	4.9:1	257.44	256.72	1:0:1	Loss of weight/Fatiguability
387	44	M	6003	1158.99	178.52	6.5:1	265.35	197.08	1.3:1	Loose stools
388	55	M	6028	459.3	124.99	3.7:1	307.52	300.04	1:0:1	Malabsorption
389	44	M	6030	715.43	162.12	4.4:1	217.99	203.03	1.1:1	Heartburn
390	45	M	6233	867.96	184.54	4.7:1	253.83	242.88	1:0:1	Megaloblastic anemia
391	49	M	6251	858.65	196.45	4.4:1	273.86	182.2	1.5:1	Malabsorption
392	56	M	6310	1036.35	176.42	5.9:1	438.36	204.99	2.1:1	Anemia for evaluation
393	60	M	6344	572.87	161.1	3.6:1	280.64	265.13	1.1:1	Anemia
394	29	M	6353	1186.2	304.03	3.9:1	448.83	441.23	1:0:1	Malabsorption
395	49	M	6392	762.41	181.14	4.2:1	428.56	417.72	1:0:1	Malabsorption
396	64	M	6422	1008.48	181.49	5.6:1	210.66	208.28	1:0:1	Malabsorption
397	64	M	6447	1007.71	183.87	5.5:1	336.08	284.49	1.2:1	To rule out Malabsorption
398	39	M	4295	990.09	198.01	5:0:1	228.09	189.01	1.2:1	Non ulcer/Dyspepsia
399	39	M	4312	1000.1	210.01	4.8:1	220.01	198.01	1.1:1	Malabsorption
400	64	M	4381	990.08	289.02	3.4:1	250.09	198.01	1.3:1	B12 deficiency
401	54	M	71	1077.08	298.07	5.7:1	264.46	251.31	1.1:1	To rule out Malabsorption
402	45	F	201	1063.59	177.81	5.9:1	278.25	229.14	1.2:1	Protein losing enteropathy/Loss of weight
403	52	M	213	701.46	156.43	4.5:1	257.33	196.37	1.3:1	Malabsorption
404	39	M	242	737.95	181.49	4.1:1	499.68	390.67	1.3:1	Malabsorption
405	57	M	265	1029.92	168.82	6.1:1	408.95	361.91	1.1:1	Malabsorption
406	64	M	322	782.12	193.95	4:0:1	285.28	261.72	1.1:1	Malabsorption

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S.No	AGE	SEX	HISTO NO	NORMAL VILLI	NORMAL CRYPT	V:C	DISEASED VILLI	DISEASED CRYPT	V:C	CLINICAL FEATURES
407	50	M	326	875.51	141.52	6.2:1	440.55	364.02	1.2:1	B12 deficiency
408	67	F	515	811.64	162.82	4.9:1	488.77	318.22	1.5:1	Anemia
409	27	F	530	804.59	209.9	3.8:1	282.62	211.61	1.3:1	Malabsorption
410	42	F	552	1102.55	202.46	5.4:1	272.85	202.78	1.3:1	B12 deficiency
411	23	F	571	820.18	160.38	5.1:1	131.56	106.93	1.2:1	Anemia for evaluation
412	29	M	685	531.46	144.28	3.7:1	284.7	166.24	1.7:1	Malabsorption
413	42	F	726	521.43	172.48	3:01	219.79	201.23	1.1:1	B12 deficiency/Anemia
414	43	F	749	1015.4	236.88	4.3:1	385.14	364.96	1.1:1	Severe Anemia/Splenomegaly
415	54	M	767	737.11	139.01	5.3:1	247.49	239.99	1:01	Megaloblastic anemia
416	60	M	795	826.99	237.27	3.5:1	286.83	272.32	1.1:1	Anemia for evaluation
417	49	M	893	900.65	160.67	5.6:1	234.24	223.96	1:01	Weight loss/Anorexia
418	40	F	921	890.05	189.09	4.7:1	220.09	198.01	1.1:1	Malabsorption
419	26	F	977	1030.41	181.49	5.7:1	276.67	218.99	1.3:1	Malabsorption
420	68	M	1028	1005.28	220.95	4.5:1	554.31	525.31	1.1:1	Anemia
421	57	M	1031	1023.45	188	5.4:1	245.75	227.18	1.1:1	Anemia/Bicytopenia/Tropical sprue
422	44	M	1058	1008.89	229.54	4.4:1	304.32	278.99	1.1:1	Lymphangectasia
423	37	M	1065	1216.41	213.47	5.7:1	295.89	253.97	1.2:1	B12 deficiency/Loose stools/Retroviral disease
424	56	M	1077	903.05	188.28	4.8:1	287.74	273.19	1.1:1	Anemia
425	40	M	1102	1140.29	183.71	6.2:1	306.35	293.72	1:01	Malabsorption
426	23	F	1118	648.38	167.15	3.9:1	312.54	310.83	1:01	Anemia
427	41	M	1153	670.82	141.24	4.7:1	242.25	228.14	1.1:1	Megaloblastic anemia
428	50	M	1213	1098.06	181.23	6:01	477.1	461.38	1:01	Tropical sprue
429	23	M	1215	749.88	217.65	3.4:1	271.61	184.07	1.5:1	B12 deficiency
430	56	M	1252	1174.97	196.23	5.9:1	295.06	218.21	1.4:1	Chronic diarrhea
431	31	M	1360	688.14	182.71	3.8:1	272.23	217.29	1.3:1	K/C/O/Megaloblastic anemia
432	49	M	1423	1133.22	181.23	6.3:1	296.53	251.25	1.2:1	B12 deficiency
433	40	M	1437	652.35	170.69	3.8:1	259.91	208.84	1.2:1	Abdominal discomfort
434	38	F	1454	1021.63	153.94	6.6:1	257.32	189.14	1.4:1	B12 deficiency/Anemia
435	44	M	1619	1065.51	182.7	5.8:1	138.78	193.46	0.7:1	Dyspeptic symptoms
436	59	M	1667	1067.26	188.83	5.7:1	234.04	210.8	1.1:1	Weight loss/Loss of appetite
437	45	F	1669	969.54	182.44	5.3:1	343.76	185.94	1.8:1	Malabsorption
438	66	F	1690	945.51	146.17	6.5:1	283.43	199.9	1.4:1	Malabsorption
439	55	F	1739	850.68	195.54	4.4:1	280.94	214.74	1.3:1	B12 deficiency
440	21	F	1741	1147.3	211.42	5.4:1	378.25	238.45	1.6:1	Malabsorption
441	35	F	1746	1043.7	207.37	5:01	236.91	222.05	1.1:1	Chronic diarrhea
442	77	M	1786	1098.59	243.39	4.5:1	260.76	189.97	1.4:1	Malabsorption
443	61	F	1793	749.48	131.18	5.7:1	319.71	223.36	1.4:1	B12 deficiency
444	24	F	1797	880.09	220.07	3.9:1	270.04	198.05	1.4:1	Malabsorption
445	32	M	1826	982.63	159.38	6.2:1	491.48	354.68	1.4:1	Malabsorption
446	66	M	1880	695.56	197.21	3.5:1	118.49	112.42	1.1:1	Malabsorption
447	68	M	2034	831.25	218.94	3.8:1	255.34	280.37	0.9:1	Malabsorption
448	56	F	2139	825.4	154.57	5.3:1	277.37	251.54	1.1:1	Anemia

# MASTER CHART

S.No	AGE	SEX	HISTO NO	NORMAL VILLI	NORMAL CRYPT	V:C	DISEASED VILLI	DISEASED CRYPT	V:C	CLINICAL FEATURES
449	52	M	2265	839.27	206.79	4.1:1	334.34	175.98	1.9:1	Malabsorption
450	71	M	2299	1029.48	196.48	5.2:1	513.51	293.14	1.8:1	NSAID induced
451	65	M	2624	855.92	225.1	3.8:1	334.98	329.8	1:0:1	Chronic diarrhea
452	51	M	2761	990.09	229.01	4.3:1	250.02	197.02	1.3:1	Malabsorption
453	56	M	2807	866.65	177.11	4.9:1	307.36	239	1.3:1	Malabsorption
454	54	F	2820	1453.78	315.29	4.6:1	386.64	337.1	1.1:1	Malabsorption syndrome
455	59	M	2867	909.85	213.17	4.3:1	462.73	435.59	1.1:1	B12 deficiency/Altered bowel habits
456	72	F	2944	745.92	166.13	4.5:1	283.09	233.04	1.2:1	Malabsorption
457	48	M	2979	815.7	218.53	3.7:1	324.27	287.94	1.1:1	Malabsorption
458	34	M	2983	909.18	233.32	3.9:1	479.71	397.56	1.2:1	Malabsorption
459	27	M	2999	1074.51	249.5	4.3:1	388.02	324.2	1.2:1	Malabsorption
460	41	F	3146	1592.1	256.66	6.2:1	285.41	248.24	1.1:1	Malabsorption
461	30	M	3292	1118.73	189.38	5.9:1	459.67	359.07	1:0:1	Malabsorption
462	43	M	3364	1027.13	209.5	4.9:1	475.17	472.43	1:0:1	Dimorphic anemia
463	48	M	3398	1062.17	293.64	3.6:1	432.15	342.01	1.3:1	Malabsorption
464	45	F	3413	1050.26	172.1	6.1:1	477.02	460.51	1:0:1	Malabsorption
465	34	F	3540	878.62	159.67	5.5:1	370.43	273.5	1.4:1	Malabsorption
466	44	M	3600	578.15	129.01	4.5:1	253.52	182.22	1.4:1	Malabsorption
467	75	M	3656	847.74	149.68	5.7:1	458.96	448.4	1:0:1	Malabsorption
468	65	M	3675	957.54	184.23	5.2:1	227.84	213.52	1.1:1	Malabsorption
469	76	F	3701	706.16	185.71	3.8:1	252.26	242.26	1:0:1	AGE/H.pylori Gastritis
470	35	M	3774	889.06	197.01	4.5:1	229.01	196.02	1.2:1	B12 deficiency
471	54	F	3818	1004.16	171.32	5.9:1	317.77	306.23	1:0:1	Malabsorption
472	37	M	4293	994.53	196.42	5.1:1	220.19	216.44	1:0:1	Oral ulcer
473	32	M	4406	804.58	182.95	4.4:1	303.39	204.33	1.5:1	Malabsorption
474	43	M	4469	887.5	240.96	3.7:1	251.82	226.68	1.1:1	Malabsorption
475	48	F	4486	1059.63	173	6.1:1	293.58	202.62	1.5:1	K/C/O Retroviral disease/Loss of weight
476	18	F	4567	844.69	263.29	3.2:1	383.18	330.35	1.2:1	Malabsorption
477	39	M	4572	813.89	193.48	4.2:1	329.54	250.34	1.3:1	B12 deficiency
478	50	M	4616	971.66	176.63	5.5:1	293.58	286.96	1:0:1	Malabsorption
479	52	M	4670	1018.19	217.58	4.7:1	513.35	348.35	1.5:1	Malabsorption
480	80	M	4715	813.67	189.34	4.3:1	211.04	173.37	1.2:1	Megaloblastic anemia
481	48	M	4775	1079.52	193.1	5.6:1	302.62	300.51	1:0:1	Macrocytic anemia
482	48	F	5107	791.49	230.53	3.4:1	179.6	565.21	0.3:1	B12 deficiency
483	53	M	5158	823.04	212.06	3.9:1	96.7	418.32	0.2:1	Malabsorption
484	83	M	5310	872.03	222.05	3.9:1	220.01	198.09	1.1:1	Chronic diarrhea
485	21	F	5402	938.84	201.99	4.6:1	281.92	250.86	1.1:1	Chronic intermittent diarrhea
486	25	F	5541	981.69	201.75	4.9:1	320.26	131.75	2.4:1	Chronic diarrhea/Microscopic colitis
487	10	F	5551	1109.94	219.5	5.1:1	349.2	246.96	1.4:1	Recurrent abdominal pain
488	60	M	5580	877.98	156.91	5.6:1	319.11	231.23	1.3:1	Malabsorption
489	34	M	5836	1000.48	180.38	5.5:1	381.32	230.53	1.6:1	Malabsorption

## MASTER CHART

S.No	AGE	SEX	HISTO NO	NORMAL VILLI	NORMAL CRYPT	V:C	DISEASED VILLI	DISEASED CRYPT	V:C	CLINICAL FEATURES
490	58	F	5966	1048.83	180.77	5.8:1	301.1	211.04	1.4:1	B12 deficiency/Pancytopenia
491	78	M	6038	677.1	129.71	5.2:1	396.15	144.01	2.7:1	Malabsorption
492	48	F	6091	1260.99	211.15	5.9:1	296.76	268.88	1.1:1	Malabsorption
493	42	M	6134	903.57	151.62	5.9:1	459.27	166.27	2.8:1	Intermittent loose stools
494	53	F	6212	871.24	165.14	5.3:1	562.14	325.04	1.7:1	B12 deficiency
495	55	M	6331	1641.43	253.26	6.5:1	281.92	270.32	1:01	Increased stool frequency
496	59	M	6362	916.04	142.54	6.4:1	247.22	193.4	1.3:1	Malabsorption
497	46	M	6375	838.95	165.05	5.1:1	324.94	221.21	1.5:1	B12 deficiency/Pancytopenia
498	66	F	6379	852.09	169.99	5:01	385.53	263.87	1.5:1	Malabsorption
499	56	M	6636	1427.16	213.32	6.7:1	482.44	446.61	1:01	Malabsorption
500	43	M	6678	971.48	165.1	5.9:1	375.69	248.23	1.5:1	H.pylori



## ABBREVIATIONS

PI-IBS	-	Post infectious-Irritable bowel syndrome
TGase	-	Transglutaminase
APCs	-	Antigen presenting cells
EMA	-	Endomysial autoantibody
ESPGHAN	-	European society for Pediatric , Gastroenterology, Hepatology and Nutrition
H&E	-	Hematoxylin and Eosin
PDF	-	portable document format
V:C	-	villous crypt ratio
MRD	-	Medical Records Department