STUDY OF PERSONALITY TRAITS AND ITS ASSOCIATION WITH DRINKING MOTIVES IN ALCOHOL DEPENDENCE – A CROSS SECTIONAL STUDY

ABSTRACT

BACKGROUND

According to WHO alcoholism is the 3\textsuperscript{rd} important risk factor for early (premature) demise in many developing countries including India. The risk of becoming alcohol dependent in men during their life time is around 10\% and this is considered as a significant public health problem. Personality traits plays a reasonable role in forming a relationship between biological, social, environmental and psychological factors and future alcohol consumption. The patterns of drinking continue to be the same despite advertisement and campaigns exposing the alcohol related complications. The campaigns are proved to be futile in the presence of enhanced motivation for drinking. So it becomes mandatory to know about drinking motives.

AIMS AND OBJECTIVES

• To assess the socio demographic profile and to establish the personality traits and its association with drinking motives in alcohol dependence patients

METHODOLOGY

100 consecutive patients’ from op/ de addiction were selected fulfilling the ICD criteria for dependence. After obtaining the informed consent socio demographic profile was assessed by modified kuppuswamy scale. Personality traits and drinking motives were assessed using NEO five factor inventory and drinking motive questionnaire revised.
RESULTS AND DISCUSSION

Analysing the socio-demographic profile, it is evident that low education and unemployed is associated with problem drinking. Scores are significantly higher on neuroticism, extraversion and openness of experience domains and remarkably lower on agreeableness. Neuroticism domain is relatively more associated with coping than enhancement domain and openness to experience domain, coping and enhancement motives are more related with alcohol.

CONCLUSION

Alcohol dependent individuals score higher on neuroticism and coping motives is significantly associated with neuroticism.

KEY WORDS

Alcohol dependence, sociodemographic profile, personality traits, association, drinking motives