

**“A CLINICAL STUDY ON
SIDDHA STANDARDIZATION OF SIDDHA DIAGNOSTIC TOOLS AND
INCLUDING LINE OF TREATMENT AND DIETARY REGIMEN OF
PITHA THALAI NOKKADU (MAXILLARY SINUSITIS)”**

The dissertation Submitted by
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Under the Guidance of
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THE TAMILNADU DR. MGR MEDICAL UNIVERSITY

*In partial fulfilment of the requirements
For the award of the degree of*
**SIDDHA MARUTHUVA PERARIGNAR
DOCTOR OF MEDICINE (SIDDHA)
BRANCH V – NOI NAADAL**



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CHENNAI – 106
OCTOBER 2017**

DECLARATION BY THE CANDIDATE

I hereby declare that this dissertation entitled “**A CLINICAL STUDY ON SIDDHA STANDARDIZATION OF SIDDHA DIAGNOSTIC TOOLS AND INCLUDING LINE OF TREATMENT AND DIETARY REGIMEN OF PITHA THALAI NOKKADU (MAXILLARY SINUSITIS)**” is a bonafide and genuine research work carried out by me under the guidance of Associated Professor **Dr. S.K.SASI M.D(S)**, Post Graduate Department of Noi Naadal Dept , Govt. Siddha Medical College, Arumbakkam, Chennai - 600 106, and the dissertation has not formed the basis for the award of any Degree, Diploma, Fellowship or other similar title.

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CERTIFICATE BY THE GUIDE

This is to certify that the dissertation entitled “A CLINICAL STUDY ON SIDDHA STANDARDIZATION OF SIDDHA DIAGNOSTIC TOOLS AND INCLUDING LINE OF TREATMENT AND DIETARY REGIMEN OF PITHA THALAI NOKKADU (MAXILLARY SINUSITIS)”

is submitted to the Tamilnadu Dr.M.G.R.Medical University is partial fulfillment of the requirements for the award of degree of M.D. (Siddha) is the bonafide and genuine research work done by **Dr. T.SURESH** Under my supervision and guidance and the dissertation hasnot formed the basis for the award of any Degree, Diploma, Associateship, Fellowship or other similar title.

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ENDORSEMENT BY THE HOD, PRINCIPAL / HEAD OF THE INSTITUTION

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INTRODUCTION

1. INTRODUCTION

Siddha System of medicine is one of the traditional system and oldest system of medicine . The Siddha System based on Meigna Thathuvam. The Siddha System of medicine is not only used to cure to prevent disease and in turn.

To increase the life span of human being Siddha medicine also show how to lead healthy life by following basic Principals and eating healthy diets.

“அண்டத்தில்உள்ளதேபிண்டம்,

பிண்டத்தில்உள்ளதேஅண்டம்”

- என்பதுசட்டமுனிசித்தரின்வாக்கு

According to Siddha System of medicine, Thathuvam , is considered as a science that explain the function of the human body the cradle to the grave.

The five sense are taste slight , touch, sound and smell , may be deemed to have complicated the nature of the world.

According to this system the universe , originally consisted of atoms which contributed to the fire basic elements via Earth, water fire ,air and ether , which correspondent to fire senses of the human body .Our siddha medical science is based on Panchaboothic and mukkuthra theory. The imbalance of these three mukkutheras leads various disease.

In this system siddhars used thridosa, theory for diagnosing and training the disease . The Siddha System Given Envagi Theravu, Naadi , sparism, naa ,Niram, vizhi, malam, & moothrium and mukkutral iyal.Siddhars classified theDisease into different to places and accounted the total diseases for human body.

As 4448 diseases. The diseases PitthaThalainokkdu is classified under 86 types 07 Vatha. 134 millions of Indian Suffer From Maxillary Sinusitis 29.4 milliom12.37 affected in Indian for Maxillary Sinusitis.

**AIM
AND
OBJECTIVES**

